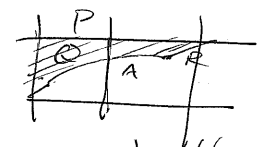



Last time: Simplicial chains, Lipschitz singular chains.

State: Thm (Federer-Fleming): Let X be a simplicial complex (or bilipequiv to a simplicial complex).

$\exists c > 0$ s.t. $\forall A \in C_n^{Lip}(X), \exists P(A) \in C_n^\Delta(X), Q(A) \in C_{n+1}^{Lip}(X), R(A) \in C_n^{Lip}(X)$ s.t.

- $A = P(A) + \partial Q(A) + R(A)$
- $\text{mass } P(A) \leq c \text{ mass}(A)$
- $\text{mass } Q(A) \leq c \text{ mass}(A)$
- $\text{mass } R(A) \leq c \text{ mass}(\partial A)$



and if $\partial A \in C_{n-1}^\Delta(X)$, we can take $R(A) = 0$. 

Sketch of proof: ~~We want to construct a homotopy from A to something cellular.~~

~~Proceed by induction on~~

Pf Suppose $\partial A \in C_{n-1}^\Delta(X)$. (General is not much harder).

Proceed by induction:

Lemma: If $A \in C_n^{Lip}(X)$ and $\partial A \in C_{n-1}^\Delta(X)$ then A is homologous to a cellular chain.

~~unique cellular chain.~~
i.e. the chain $P = \sum_{\sigma \in \mathcal{F}_n(X)} \text{deg}_\sigma(A) \sigma$.

where $\text{deg}_\sigma \sum a_i [\sigma_i] = \sum a_i \text{deg}_\sigma(\sigma)$ is well-defined for $a_i \in \mathbb{R}$.

(Prob state in terms (Prob state "is homologous to a simplicial chain P". i.e. $\exists P \in C_n^\Delta(X)$ s.t. $\partial P = A - P$). And since X is n -dim, $\partial P \in C_{n-1}^\Delta(X)$.)

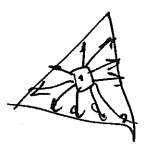
Let $A \in C_n^\Delta(X), A = \sum a_i [\sigma_i]$

Now, suppose $\dim(X) = m > n$. We want to show that A is homologous to $A \in C_n^\Delta(X)$ - we find a series of htps.

For every $\delta \in F^m(X), \exists x_\delta \in \delta$ s.t. $x_\delta \notin \text{supp}(A) = \cup \sigma_i(\Delta)$.

Let $\rho_\delta: \delta \rightarrow \delta - \{x_\delta\}$ be radial projection from x_δ . In fact, $\exists \varepsilon > 0$ s.t. $B(x_\delta, \varepsilon) \cap \text{supp}(A) = \emptyset$.

Repeat in every cell to get $\rho: X - \{x_\delta\} \rightarrow X^{(m-1)}$.



Then let $A_{m-1} = \rho_\#(A) \in C_n^{Lip}(X^{(m-1)})$.

Let h_δ be straight-line htpy from id to ρ .

Let $Q_{m-1} = h_{\delta\#}(A - A_{m-1}) \in C_{n+1}^{Lip}(X)$.

Let $A \in Q_{m-1} = (h_\delta)_\#(A \times [0, 1])$

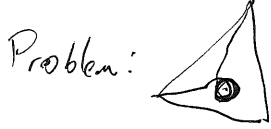
Then

Then $\partial Q_{m-1} = A - A_{m-1}$.

Repeat on A_{m-1} to get A_{m-2}, Q_{m-2} , etc.

Let's Then $A_n \in C_n^{Lip}(X^{(n)})$ By lemma, homolog to $P \in C_n^\Delta(X^{(n)})$.

And $\partial A = P = \partial(Q_{m+1} + Q_{m+2} + \dots + Q_n + \partial A)$.
~~by say say~~ $A_n - P = \partial Q$.



Problem:

You could choose x_δ really badly.

Lemma: If x_δ are chosen randomly, then $E[\text{mass } P] \leq \text{mass}(A)$ and $E[\text{mass } Q] \leq \text{mass } A$.

App 1

Applications: $\forall k < n, \exists \alpha$ st. $FV_n^{k+1}(V) \leq \alpha V^{k+1/k}$.

Pf (scale down, approx, fill, scale up):

Give \mathbb{R}^n the structure of a simplicial complex by subdividing the unit grid. Let m be the vol of the smallest k -simplex. Let c as in Fed-Flem. Let $A \in C_n^{Lip}(\mathbb{R}^n)$ be a cycle. ($\partial A = 0$), $\text{mass}(A) = V$. Let $s: \mathbb{R}^n \rightarrow \mathbb{R}^n$, $s(x) = \frac{1}{(2cV)^{1/k}} x$.

Let $\hat{A} = s_\#(A)$. Then $\text{mass}(P(\hat{A})) \leq \frac{1}{2} \text{mass}(\hat{A})$. But $P(\hat{A})$ is a simplicial chain — so each simplex has mass 1. — so $P(\hat{A}) = 0$.

Therefore, $\hat{A} = P(\hat{A}) + \partial Q(\hat{A}) + R(\hat{A})$

Let $B = (s^{-1})_\#(Q(\hat{A}))$. $\text{mass } Q(\hat{A}) \leq c \text{mass}(\hat{A}) = \frac{1}{2}$.
 $\text{mass}(B) \leq \frac{1}{2} \cdot \frac{1}{(2cV)^{1/k}} (2cV)^{k+1/k} \leq V^{k+1/k}$.

Now we're getting closer to where I wanted to go w/ this course: see the power of scaling. scalars, limits, discrete

— see the power of ~~see~~ how these all con

— see the power of scaling arguments. So plan:

- 1 - scaling in nilpotent groups. — many similarities to \mathbb{R}^4 , \mathbb{Z}^2 but also a lot of new spaces/phenomena to share.
- 2 - work of Gromov, work of Feder-Maurin on quantitative nonrigidity theory — ~~more get more into topology~~, e.g., suppose $S^n \rightarrow K$ is L -Lip — how does the map behave as L goes to ∞ ?

Nilpotent groups: The Heisenberg group: $H_2 = \left\{ \begin{pmatrix} 1 & x & z \\ & 1 & y \\ & & 1 \end{pmatrix} : x, y, z \in \mathbb{Z} \right\}$
 $H_{\mathbb{R}} = \left\{ \begin{pmatrix} 1 & x & z \\ & 1 & y \\ & & 1 \end{pmatrix} : x, y, z \in \mathbb{R} \right\}$ $[X, Y] = [Y, Z] = 1$

$$[X, Y, Z] = XYZ^{-1}Y^{-1}X^{-1}Z = 1$$

$$X \neq YX = XYZ^{-1} \quad (\text{and } Z \text{ commutes w/ } X, Y)$$

$$So: Y^n X^n = X^n Y^n Z^{n^2} \quad [X^n, Y^n] = Z^{n^2}$$

Want to show you two things, pass today, pass next week:

First: ~~Further~~ $[X, Z] = 1$, so $[X^n, [X^n, Y^n]] = 1$ - and the obvious reduction to 1 has area n^3 - in fact, $\delta_{\mathbb{H}^1}(1) \sim 1^3$ (we'll see this) How to show this?

OTOH, $\mathbb{H}_n = \langle X_1, \dots, X_n, Y_1, \dots, Y_n, Z \rangle$ $[X_i, Y_i] = Z$, Second: all other pairs commute. is v. similar: $[X_i^n, Y_i^n] = Z^{n^2}$ but $\delta_{\mathbb{H}_n}(1) \sim 1^2 \forall n \geq 2$ Why?

~~HH: Identity~~ Upper bound: Given a word $w(x, y, z) = \mathbb{H}Z$. $\mathbb{H} w / \mathbb{R}^3$ by $\begin{pmatrix} 1 & x & z \\ 0 & 1 & y \\ 0 & 0 & 1 \end{pmatrix} \mapsto (x, y, z)$

Then $(x, y, z)(x', y', z') = (x+x', y+y', z+z'+xy')$ shuffle 2's right.

$$(x, y, z)^{-1} = (-x, -y, -z + xy)$$

We give this the metric left-invariant metric

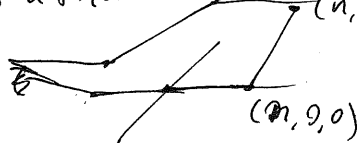
$$ds^2 = dx^2 + dy^2 + (dz - xdy)^2$$

so at (how to read: $(1, 0, 0), (0, 1, x), (0, 0, 1)$ cancel. is orthogonal basis at (x, y, z) . $\begin{matrix} \downarrow \\ X \\ \downarrow \\ Y \\ \downarrow \\ Z \end{matrix}$ 2's right. Move Y's right one at a time. After each, move 2's right.

(Show picture?)

$$Let \quad Consider \quad w_n = X^n Y^n X^{-ny} Z^{-2n} X^{-n} Y^n$$

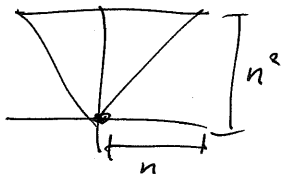
Now, here's a trick: (n, n, n^2) $\pi(x, y, z) = (y, z)$



Consider projection to yz -plane. This is area-preserving: $\pi_x(v_x) = 0$, so it suffices to consider orthog. comp. of v_k : $\pi_x(v_y) = (1, x) \approx$ $\pi_x(v_z) = (0, 1)$

So if D is a disc w/ $\partial D = v_n$, then $\partial \pi(D) = \partial \pi(w_n)$

And:



$$\Rightarrow \text{area}(\pi(D)) \geq n^3$$

$$\pi(w_n) \text{ has area } \sim n^3$$

$$\Rightarrow \text{area}(D) \geq n^3$$

But this is a little inelegant - relies on coords, doesn't work for $\pi: (x, y, z) \mapsto (x, z)$. What's really going on?

Better to use differential forms:

~~Recall: Differential forms: We work in \mathbb{R}^n — we don't need a metric, so $\mathbb{R}^n, \mathbb{R}^2$ are siml. Def: We won't need to use the metric at first, so we work in \mathbb{R}^n .~~

~~Def: Given a vector space V , define $\Lambda^k V^* = \{ \text{multilinear alternating} \}$
 Suppose $V = \mathbb{R}^n$. Then $V^* = \langle dx_1, \dots, dx_n \rangle$, $f: V^k \rightarrow \mathbb{R}$.
 This is a vector space with basis $= \Lambda^k V^*$.
 And $\Lambda^k V^*$ is a vector space w/ basis
 $\{ dx_{i_1} \wedge \dots \wedge dx_{i_k} \} : i_1 < \dots < i_k$.
 where $dx_{i_1} \wedge \dots \wedge dx_{i_k} = \text{appropriate minor of } (v_1, \dots, v_n)$ (and a similar formula for rank $\leq k$)
 $= \sum_{\sigma \in \text{Sym}(k)} \text{sgn}(\sigma) dx_{i_1}(v_{\sigma(1)}) \dots dx_{i_k}(v_{\sigma(k)})$. (determinant)~~

In particular, $\Lambda^k \mathbb{R}^k \cong \mathbb{R}$ generated by the ~~volume form w~~ ^{determinant}.
~~What's the And we calculate: signed volume by volume of a signed volume by of $f: \Delta^k \rightarrow \mathbb{R}^k$~~
 ~~$\int_{\Delta^k} w$ For a smooth mfd M , let $\Omega^k(M) = \Lambda^k(T^*M)$ is a vector bundle and we define $\Omega^k(M) = \{ \text{smooth sections of } \Lambda^k(T^*M) \}$
 We can integrate these on surfaces: if $K \subset M$ is a k -submfd, if $f: \Delta^k \rightarrow M$ is a Lipschitz map, then $w \in \Omega^k(M)$ generalizes a line integral, subdivision, etc. (pass w/ bdy)~~

Then $\int_{\Delta^k} w(\frac{\partial f}{\partial x_1}, \dots, \frac{\partial f}{\partial x_k}) dx$ is independent of parametrization, subdivision, etc. (pass w/ bdy)

In particular, if $K \subset M$ is an oriented submanifold, X a simplicial complex, $f: X \rightarrow M$ an oriented Lipschitz homeo, then $\int_X w$ is well-defined.

$\int_M w \stackrel{\text{def}}{=} \sum_{f: \Delta^k \rightarrow X} \int_{\Delta^k} w(\frac{\partial f \circ i_1}{\partial x_1}, \dots, \frac{\partial f \circ i_k}{\partial x_k})$ is well-defined.

And you've seen this in multivariable — line integral of a v. field on a curve, is indep of param, flux through a surface can be written as a integral of a form, integral of curl over a surface is a form, etc. (its a little tricky because ~~the~~ when you have a metric, there's an isomorphism between k -forms, $(n-k)$ -forms, so you tend to think of ~~st~~ grad and curl as v. fields, when they're really 1-forms and 2-forms. ~~Key fact:~~

Stokes' Theorem: Let M be an oriented k -manifold with boundary. Let $w \in \Omega^k(M)$. Then $\int_M dw = \int_{\partial M} w$.

Further, div, grad, curl are instances of the exterior derivative:

$$d: \Omega^k(M) \rightarrow \Omega^{k+1}(M)$$

In any chart, $df = \text{differential of } f = \left(\sum_{j=1}^n \frac{\partial f}{\partial x_j} dx_j \right)$.

Product rule: $d(f dx_{i_1} \wedge \dots \wedge dx_{i_k}) = df \wedge dx_{i_1} \wedge \dots \wedge dx_{i_k}$

Ex: 1-form in \mathbb{R}^2 $= \left(\sum_{j=1}^n \frac{\partial f}{\partial x_j} \cdot dx_j \right) \wedge dx_{i_1} \wedge \dots \wedge dx_{i_k}$

$$w = f dx + g dy + \dots$$

$$= \frac{\partial f}{\partial x} dx \wedge dx + \frac{\partial f}{\partial y} dy \wedge dx + \dots = df \wedge dx_{i_1} \wedge \dots \wedge dx_{i_k}$$

Stokes' Thm: Let $K \subset M$ be an oriented k -mfd w/ bdr.

Then $\int_K dw = \int_{\partial K} w$. Let $w \in \Omega^{k-1}(M)$. Then

$$\int_K dw = \int_{\partial K} w.$$

Concise version:

What we're really using here is differential forms, de Rham cohomology.

Recall: diff form $w \in \Omega^k(\mathbb{R}^n)$ assigns

Let $w = dy \wedge dz$ be area form on $y-z$ plane. Then w is closed $-dw = 0$. Which is how we can use it to define signed

area:

Stokes: if $M \subset \mathbb{R}^n$ is a k -mfd w/ bdr, $w \in \Omega^{k-1}(\mathbb{R}^n)$, then $\int_M dw = \int_{\partial M} w$. Or if $A \in C^{Lip}_k(\mathbb{R}^n)$, then $\int_A dw = \int_{\partial A} w$.

In particular,

So if $w = dy \wedge dz \in \Omega^2(\mathbb{R}^2)$, and $A \in C^{Lip}_2(\mathbb{R}^2)$, signed area $(A) = \int A$. If $B \in C^{Lip}_2(\mathbb{R}^2)$, $\partial A = \partial B$, then $w \wedge (A-B)$ is a cycle, $H_2(\mathbb{R}^2) = 0$, so $\exists C \in C^{Lip}_2(\mathbb{R}^2)$ s.t. $\partial C = A-B$, and

$$0 = \int_C dw = \int_{A-B} w = \text{signed area}(A) - \text{signed area}(B)$$

- signed area is independent of A depends only on ∂A .

- which is what we've seen already: signed area is the integral of the winding # of ∂A .

More generally, if $w \in \Omega^k(\mathbb{R}^n)$ is a closed form ($dw = 0$), then and $A, B \in C^{Lip}_k(\mathbb{R}^n)$, $\partial A = \partial B$, then $\exists C$ s.t. $\partial C = A-B$,

$$\int_C dw = \int_{A-B} w = 0 \Rightarrow \int_A w \text{ is determined by } \partial A.$$

In fact, \exists a primitive q s.t. $dq = w$ and thus $\int_A w = \int_A dq = \int_{\partial A} q$.

In this case, let $\mu \in \Omega^2(\mathbb{R}^3)$, $\pi(x,y,z) = (y,z) \in \mathbb{R}^2$

Then $\mu = \pi^*(dy \wedge dz) = dy \wedge dz$.

$\pi^*(\nu)(v_1, \dots, v_k) = \nu(\pi_*(v_1), \pi_*(v_2), \dots, \pi_*(v_k))$
 $d\mu = \pi^*(d(dy \wedge dz)) = 0$. So $d\mu$ is closed.

Let $\gamma = \gamma_{w_n}$ (~~$w_n = [x^n, y^n]$~~ , $w_n = x^n y^n x^{-n}$)

If $\partial A = \gamma$, then $\int_A \mu = \int_{\pi_*(A)} dy \wedge dz = \text{area}(\pi_*(A)) = n^3$

Furthermore, recall that our orthonormal basis was

$X_p = (1, 0, 0)$ ~~$\mu(X, Y) = 0$~~
 $Y_p = (0, 1, 0)$ ~~$\mu(X, Z) = 0$~~
 $Z_p = (0, 0, 1)$ ~~$\mu(Y, Z) = 1$~~

$\max_{\substack{v, w \in \mathbb{R}^3 \\ \|v\| = \|w\| = 1}} |\mu(v, w)| = 1 \Rightarrow \exists c$ (say 10) s.t.
 $|\mu(v, w)| \leq c \|v \times w\|$

Thus any filling of γ has $\int_A \mu \leq c \cdot \text{area}(A)$. (we say μ is a bounded form)

And this gives us the generality a general argument:
~~can we find closed forms to bounded closed~~
 given a curve γ , find a bounded closed form ω s.t. $\int_A \omega$ is large on any filling A s.t. $\partial A = \gamma$.

TBC.