

1 **The relationship between age of air and the diabatic circulation of the**
2 **stratosphere**

3 Marianna Linz*

4 *Massachusetts Institute of Technology–Woods Hole Oceanographic Institution Joint Program in*
5 *Physical Oceanography, Massachusetts Institute of Technology, Cambridge, MA*

6 R. Alan Plumb

7 *Department of Earth, Atmospheric and Planetary Sciences, Massachusetts Institute of*
8 *Technology, Cambridge, MA*

9 Edwin P. Gerber

10 *Courant Institute of Mathematical Sciences, New York University, New York, NY*

11 Aditi Sheshadri

12 *Department of Applied Physics and Applied Mathematics, Columbia University, New York, NY*

13 **Corresponding author address: Marianna Linz, 54-1615, Massachusetts Institute of Technology,*

14 **Cambridge, MA 02139**

15 **E-mail: mlinz@mit.edu**

ABSTRACT

16 The strength of the Brewer–Dobson circulation is difficult to estimate using
17 observations. Trends in the age of stratospheric air, deduced from observa-
18 tions of transient tracers, have been used to identify trends in the circulation,
19 but there are ambiguities in the relationship between age and the strength
20 of the circulation. This paper presents a steady–state theory and a time–
21 dependent extension to relate age of air directly to the diabatic circulation
22 of the stratosphere. In steady state, the difference between the age of up-
23 welling and downwelling air through an isentrope is a measure of the strength
24 of the diabatic circulation through that isentrope. For the time–varying case,
25 expressions for other terms that contribute to the age budget are derived. An
26 idealized atmospheric general circulation model with and without a seasonal
27 cycle is used to test the time–dependent theory and to find that these additional
28 terms are small upon annual averaging. The steady–state theory holds as well
29 for annual averages of a seasonally–varying model as for a perpetual solstice
30 model. These results suggest how age data could potentially be used to quan-
31 tify the strength of the diabatic circulation, provided global data coverage for
32 a sufficiently long time.

33 **1. Introduction**

34 The Brewer–Dobson circulation (BDC) is the slow meridional overturning circulation of the
35 stratosphere, consisting of upwelling through the tropical tropopause then poleward motion and
36 downwelling through the midlatitudes and at the poles. This circulation is critical for the vertical
37 transport of tracers such as ozone, volcanic aerosols, and CFCs; for the temperature of the tropical
38 tropopause and consequently the amount of water vapor in the stratosphere; and for stratosphere–
39 troposphere exchange (e.g. Butchart 2014, and references therein). Stratosphere–resolving climate
40 models show a positive trend in the BDC—an increase in the tropical upwelling at a fixed pressure
41 level—as a robust response to increasing greenhouse gases (Butchart et al. 2006; Hardiman et al.
42 2014). This increasing trend in the residual circulation, however, might better be described as a
43 “lifting” trend, associated with the upward expansion of the tropopause (and entire tropospheric
44 circulation) in response to global warming (Singh and O’Gorman 2012; Oberländer-Hayn et al.
45 2016). Reanalysis products are in qualitative agreement with the climate models, showing positive
46 trends over the period 1979–2012, but with differing spatial structures for each individual product
47 (Abalos et al. 2015). Satellite -derived temperature trends are also consistent with the model
48 predictions (Fu et al. 2015).

49 The mean age of air (Hall and Plumb, 1994; Waugh and Hall 2002) has been used as a metric
50 for models’ ability to reproduce the stratospheric circulation (e.g., Hall et al. 1999; Butchart et al.
51 2011). The apparent increase in the residual circulation has led to predictions that the mean age
52 of air should decrease. Attempts to identify trends of decreasing age of air from observations of
53 transient tracers in the stratosphere have found little evidence; in fact age appears to be mostly
54 increasing (Engel et al. 2009; Stiller et al. 2012; Haenel et al. 2015). However, for one thing,
55 available data records are short enough — global satellite coverage of age tracers is available for

56 less than a decade — that apparent trends could be indicative of interannual variability rather than
57 of long-term trends (cf. Garcia et al. 2011). Moreover, mean age is a statistical average over
58 many transport pathways (Hall and Plumb 1994), and at a given location it depends on mixing
59 processes and not just mean advection (Vaugh and Hall 2002; Garny et al. 2014; Ploeger et al.
60 2015a). Satellite observations of SF₆ have been used to identify spatially inhomogeneous trends
61 in age between 2002–2012 (Stiller et al. 2012; Haenel et al. 2015), and while these trends can be
62 compared to model output, for which the contributions of advection and mixing can be isolated
63 (Ploeger et al. 2015b), in reality they are difficult to disentangle (Ray et al. 2010).

64 There are certain aspects of the stratospheric age distribution that are dependent on the mean cir-
65 culation alone. Using a “leaky tropical pipe” model, Neu and Plumb (1999) showed that, in steady
66 state, the tropics–midlatitude age difference on an isentrope depends only on the overturning mass
67 flux and is independent of isentropic mixing, provided that diabatic mixing is negligible. This
68 result has been used to assess transport in chemistry–climate models (Strahan et al. 2011) Here we
69 present a generalization of this analysis. In Section 2(a) we show that the steady–state result of a
70 simple and direct relationship between age gradient and overturning diabatic mass flux holds even
71 in the absence of a “tropical pipe,” provided the isentropic age gradient is defined appropriately.
72 For the more realistic case of an unsteady circulation, we show in Section 2(b) that the result holds
73 for the time average; in Section 2(c), the fully transient case is discussed. The accuracy of the
74 theoretical predictions is demonstrated in Section 3 using results from a simple general circulation
75 model; the theory works well when applied to multi-year averages, though there are systematic
76 discrepancies which appear to indicate a role for large–scale diabatic diffusion. Applications and
77 limitations of the theory are discussed in Section 4.

78 **2. Age difference theory**

79 In the stratosphere, age satisfies an advection–diffusion equation with a source of 1 (year/year):

$$\frac{\partial \Gamma}{\partial t} + \mathcal{L}(\Gamma) = 1, \quad (1)$$

80 where Γ is the age and \mathcal{L} is the advection–diffusion operator, with a boundary condition of zero
 81 at the tropopause. In equilibrium, age determined from linearly growing tracers also satisfies this
 82 equation (Vaugh and Hall 2002). Rewriting the full advection–diffusion operator as the divergence
 83 of a flux, this becomes, in potential temperature (θ) coordinates,

$$\frac{\partial}{\partial t}(\sigma \Gamma) + \nabla \cdot \mathbf{F}^\Gamma = \sigma, \quad (2)$$

84 where $\sigma = -\frac{1}{g} \frac{\partial p}{\partial \theta}$ is the isentropic density and \mathbf{F}^Γ is the flux of age.

85 *a. Steady–state*

86 In a steady state, integrating (2) over the volume \mathcal{V} above any surface \mathcal{S} shows that

$$\int_{\mathcal{S}} \mathbf{n} \cdot \mathbf{F}^\Gamma dA = \int_{\mathcal{V}} \sigma dA d\theta = \int_{\mathcal{V}} \rho dV, \quad (3)$$

87 where \mathbf{n} is the downward unit normal to the surface \mathcal{S} . The net age flux through a surface is equal
 88 to the mass above that surface, so that, for example, the age flux through the tropopause is equal to
 89 the mass of the stratosphere and the rest of the atmosphere above (Volk et al. 1997; Plumb 2002).

90 Let us choose \mathcal{S} to be an isentropic surface. If the motions are strictly adiabatic, isentropic
 91 stirring will cause no flux through the surface. Assuming diabatic diffusion of age is negligible,
 92 the diabatic transport is entirely advective, and (3) gives

$$\int_{\theta} \sigma \theta \Gamma dA = -M(\theta), \quad (4)$$

93 where \int_{θ} is the integral over the θ surface and $M(\theta) = \int_{\gamma} \rho dV$ is the mass above the θ surface.

94 We define the mass–flux–weighted age of upwelling and downwelling air as

$$\Gamma_u(\theta) = \left[\int_{up} \sigma \dot{\theta} dA \right]^{-1} \int_{up} \sigma \dot{\theta} \Gamma dA, \quad (5)$$

95 and

$$\Gamma_d(\theta) = \left[\int_{down} \sigma \dot{\theta} dA \right]^{-1} \int_{down} \sigma \dot{\theta} \Gamma dA. \quad (6)$$

96 where \int_{up} and \int_{down} are integrals over the portion of the area of the isentropic surface through
 97 which air is upwelling and downwelling respectively as shown in Figure 1. Although this
 98 schematic is for a zonal mean, the regions are defined in two dimensions and not simply by the
 99 zonal mean turnaround latitudes.

100 In equilibrium, the mass flux through the upwelling and downwelling areas must be equal, and
 101 let this be called $\mathcal{M}(\theta)$:

$$\int_{up} \sigma \dot{\theta} dA = - \int_{down} \sigma \dot{\theta} dA = \mathcal{M}(\theta). \quad (7)$$

102 Then

$$\int_{up} \sigma \dot{\theta} \Gamma dA = \mathcal{M} \Gamma_u; \quad (8)$$

$$\int_{down} \sigma \dot{\theta} \Gamma dA = -\mathcal{M} \Gamma_d. \quad (9)$$

104 The global integral in (4) is the sum of (8) and (9):

$$\int_{\theta} \sigma \dot{\theta} \Gamma dA = \mathcal{M} (\Gamma_u - \Gamma_d) = -M(\theta), \quad (10)$$

105 which can be rewritten as

$$\Delta\Gamma(\theta) = \Gamma_d(\theta) - \Gamma_u(\theta) = \frac{M(\theta)}{\mathcal{M}(\theta)}. \quad (11)$$

106 Thus, the gross age difference, as defined by (11), (5), and (6), between downwelling and up-
 107 welling air is simply the ratio of the mass above the isentrope to the mass flux through it, i.e. the
 108 gross residence time of the air above the surface.

109 This relationship is essentially identical to that obtained by Neu and Plumb (1999) in their trop-
 110 ical pipe model, but the present approach avoids assumptions made in that model, other than
 111 steadiness and the neglect of diabatic diffusion (which will both be addressed in the following
 112 sections). As discussed by those authors (and by Plumb 2002 and Waugh and Hall 2002), (11) is
 113 remarkable and counter-intuitive in that the gross isentropic age gradient is independent of isen-
 114 tropic mixing (except insofar as the mixing of potential vorticity drives the diabatic circulation)
 115 and depends only on the overturning mass flux through the θ surface—it is independent of path in
 116 the diabatic circulation. For a given mass flux, the age gradient is the same whether the circulation
 117 is deep or shallow.

118 The potential power of (11) lies in the fact that, unlike age itself, $\Delta\Gamma$ is a measure of the age
 119 distribution that is directly dependent only on the overturning mass flux and hence provides a
 120 tracer-based means of quantifying the strength of the circulation. The one isentrope on which
 121 the age itself is relevant is that which skims the tropical tropopause; there $\Gamma_u \approx 0$ and so $\Gamma_d =$
 122 $\Delta\Gamma$. Below this isentrope (i.e. in the “lowermost stratosphere”), (11) is no longer applicable as
 123 the assumptions made (in particular, the neglect of diabatic diffusion) do not apply where the
 124 isentropes are below the tropopause.

125 *b. Time-average*

126 The atmosphere is not in steady state; the stratospheric circulation varies on synoptic, seasonal,
 127 and interannual timescales. We can instead consider the time-average age equation. The time
 128 derivative in (2) goes to zero for a long enough averaging period, provided the trends are small.
 129 Then (4) becomes

$$\overline{\int_{\theta} \sigma \dot{\theta} \Gamma dA}^t = -\overline{M(\theta)}^t, \quad (12)$$

130 where $\overline{\quad}^t$ is the time mean. We can define the time-average mass-flux-weighted age of upwelling
 131 and of downwelling air as:

$$\Gamma_{\bar{u}}(\theta) = \left[\overline{\int_{\bar{u}^t} \sigma \dot{\theta} dA} \right]^{-1} \overline{\int_{\bar{u}^t} \sigma \dot{\theta} \Gamma dA}, \quad (13)$$

132 and

$$\Gamma_{\bar{d}}(\theta) = \left[\overline{\int_{\bar{d}^t} \sigma \dot{\theta} dA} \right]^{-1} \overline{\int_{\bar{d}^t} \sigma \dot{\theta} \Gamma dA}, \quad (14)$$

133 where now the upwelling region is defined by where the time-average diabatic vertical velocity is
 134 positive ($\overline{\dot{\theta}}^t > 0$). When we equivalently define the mass flux

$$\overline{\int_{\bar{u}^t} \sigma \dot{\theta} dA} = - \overline{\int_{\bar{d}^t} \sigma \dot{\theta} dA} = \overline{\mathcal{M}(\theta)}^t, \quad (15)$$

135 this allows us to write (12) as

$$\overline{\int_{\theta} \sigma \dot{\theta} \Gamma dA} = \overline{\mathcal{M}(\theta)}^t (\Gamma_{\bar{u}} - \Gamma_{\bar{d}}) = -\overline{M(\theta)}^t, \quad (16)$$

136 or

$$(\Gamma_{\bar{d}} - \Gamma_{\bar{u}}) = \frac{\overline{M(\theta)}^t}{\overline{\mathcal{M}(\theta)}^t}. \quad (17)$$

137 With time-averaging, we thus recover the form of the result from the steady-state theory.

138 Although this derivation has been done for upwelling and downwelling regions, the time-
 139 average formulation does not require the two regions of the isentrope to be strictly upwelling
 140 or downwelling. As long as the isentrope is split into only two regions which together span the
 141 surface, any division will do. The overturning mass flux $\overline{\mathcal{M}(\theta)}^t$ will be the net mass flux up
 142 through one region and down through the other. For example, the “upwelling” could be defined as
 143 20°S–20°N and the “downwelling” the rest of the isentrope. The difference between the mass-
 144 flux-weighted age averaged over the area outside of 20°S–20°N and averaged over the area within
 145 20°S–20°N would give the total overturning mass flux through those regions. We emphasize that
 146 the “age difference” in all of these cases is based on the mass-flux-weighted average ages; hence

147 in principle, it is necessary to know the circulation in order to accurately calculate the age differ-
 148 ence as defined here.

149 *c. Time-varying*

150 Here we use a different approach that allows us to look at seasonal variability and fully account
 151 for time variations. The upwelling and downwelling mass fluxes are not necessarily equal, and the
 152 mass above the isentrope may be changing. The age at a given location can also change in time.
 153 Returning to the ideal age equation, (2), integrating over the volume above an isentropic surface,
 154 there is now an additional time-dependent term:

$$\int_{\theta} \sigma \dot{\theta} \Gamma dA = -M(\theta) + \frac{\partial}{\partial t} \left[\int \Gamma dM \right], \quad (18)$$

155 where

$$\int \Gamma dM = \int_{\mathcal{V}} \sigma \Gamma dA d\theta \quad (19)$$

156 is the mass-integrated age above the isentrope. This term accounts for fluctuations in the mass-
 157 weighted total age above the isentrope. If the mass above the isentrope is varying in time,

$$\mathcal{M}_d + \mathcal{M}_u = \frac{\partial M}{\partial t}. \quad (20)$$

158 The upwelling and downwelling regions can also be varying in time and must now be defined
 159 instantaneously. Define the total overturning circulation

$$\mathcal{M}(\theta) = (\mathcal{M}_u - \mathcal{M}_d) / 2, \quad (21)$$

160 recalling that $\mathcal{M}_u > 0$ and $\mathcal{M}_d < 0$ so that $\mathcal{M}(\theta)$ is always positive. From (20) and (21) we write

$$\mathcal{M}_u = \mathcal{M}(\theta) + \frac{1}{2} \frac{\partial M}{\partial t}, \quad (22)$$

161 and

$$\mathcal{M}_d = -\mathcal{M}(\theta) + \frac{1}{2} \frac{\partial M}{\partial t}. \quad (23)$$

162 Then we rewrite the flux equations, (8) and (9):

$$\int_{up} \sigma \dot{\theta} \Gamma dA = \mathcal{M}_u \Gamma_u = \Gamma_u \left[\mathcal{M}(\theta) + \frac{1}{2} \frac{\partial M}{\partial t} \right], \quad (24)$$

163 and

$$\int_{down} \sigma \dot{\theta} \Gamma dA = -\mathcal{M}_d \Gamma_d = -\Gamma_d \left[\mathcal{M}(\theta) - \frac{1}{2} \frac{\partial M}{\partial t} \right]. \quad (25)$$

164 As in the steady-state case, the net global flux is the sum of these two. Using (18), the time-
165 dependent version of (10) is

$$\mathcal{M} \Delta \Gamma - M = -(\mathcal{M} \Gamma_s)_t + \frac{1}{2} (\Gamma_u + \Gamma_d) \frac{\partial M}{\partial t}, \quad (26)$$

166 where $\Delta \Gamma = \Gamma_d - \Gamma_u$ as before, and

$$\Gamma_s(\theta) = \frac{1}{M} \int_{\theta} \Gamma dM \quad (27)$$

167 is the mean age of air above the isentrope. The two terms on the right side of (26) arise because
168 the time-derivatives are no longer zero. Throughout the rest of the paper, these two terms will be
169 collectively referred to as the “time-derivative terms.”

170 The balance expressed by (26) should hold true at any time. However, averaging over a year or
171 several years will make the trends smaller. Rearranging and taking the time average gives

$$\overline{\mathcal{M} \Delta \Gamma}^t = \overline{M}^t - \overline{(\mathcal{M} \Gamma_s)_t}^t + \frac{1}{2} \overline{M_t (\Gamma_u + \Gamma_d)}^t. \quad (28)$$

172 Separating the overturning, \mathcal{M} , and the age difference, $\Delta \Gamma$, into time mean components and devi-
173 ations therefrom ($\mathcal{M} = \overline{\mathcal{M}}^t + \mathcal{M}'$ and $\Delta \Gamma = \overline{\Delta \Gamma}^t + \Delta \Gamma'$) yields

$$\overline{\mathcal{M}}^t \overline{\Delta \Gamma}^t = \overline{M}^t - \overline{\mathcal{M}' \Delta \Gamma'}^t - \overline{(\mathcal{M} \Gamma_s)_t}^t + \frac{1}{2} \overline{M_t (\Gamma_u + \Gamma_d)}^t, \quad (29)$$

174 or

$$\overline{\Delta \Gamma}^t = \frac{\overline{M}^t}{\overline{\mathcal{M}}^t} - \frac{\overline{\mathcal{M}' \Delta \Gamma'}^t}{\overline{\mathcal{M}}^t} - \frac{\overline{(\mathcal{M} \Gamma_s)_t}^t}{\overline{\mathcal{M}}^t} + \frac{1}{2} \frac{\overline{M_t (\Gamma_u + \Gamma_d)}^t}{\overline{\mathcal{M}}^t}. \quad (30)$$

175 If the time-derivative terms and the term involving fluctuations, $\overline{\mathcal{M}'\Delta\Gamma'}$, are small, then we
176 arrive at the same result as in steady state and the age difference is the mean residence time in the
177 region above the isentrope.

178 Note that this differs from the time-average version of the theory, presented in Section 2b.
179 In the derivation of (30), the average of $\Delta\Gamma$ is taken after calculating the mass-flux-weighted
180 upwelling and downwelling ages instantaneously. The time-varying theory is sensitive to the
181 definition of region of upwelling/downwelling, in contrast to the time-average theory, because the
182 instantaneous mass flux averaged over either the upwelling or downwelling region could change
183 sign in time. If the flux were zero in one region and nonzero in the other, then because of the
184 mass-flux weighting, $\Delta\Gamma$ would be singular. In contrast, the time-average mass flux through a
185 region as defined in (11) will be well defined as long as the regions are defined to have nonzero
186 overturning mass flux. The time-varying theory is therefore only appropriate when the upwelling
187 and downwelling regions are defined instantaneously.

188 **3. Verification in a simple atmospheric GCM**

189 *a. Model setup*

190 To verify the theory, we evaluate the terms in (10), (17), and (26) in a simple atmospheric GCM
191 with and without a seasonal cycle. The model is a version of the dynamical core developed at
192 the Geophysical Fluid Dynamics Laboratory (GFDL). It is dry and hydrostatic, with radiation and
193 convection replaced with Newtonian relaxation to a zonally-symmetric equilibrium temperature
194 profile. We use 40 hybrid vertical levels that are terrain-following near the surface and transition
195 to pressure levels by 115 hPa. Unlike previous studies using similar idealized models (e.g. Polvani
196 and Kushner 2002, Kushner and Polvani 2006, Gerber and Polvani 2009, Gerber 2012, Sheshadri

197 et al. 2015), the model solver is not pseudospectral. It is the finite–volume dynamical core used in
198 the GFDL Atmospheric Model Version 3 (AM3; Donner et al. 2011), the atmospheric component
199 of GFDL’s CMIP5 coupled climate model. The model utilizes a cubed–sphere grid (Putnam and
200 Lin 2007) with “C48” resolution, where there is a 48×48 grid on each side of the cube, and so
201 roughly equivalent to a $2^\circ \times 2^\circ$ resolution. Before analysis, all fields are interpolated to a regular
202 latitude–longitude grid using code provided by GFDL.

203 In the troposphere, the equilibrium temperature profile is constant in time and similar to Held
204 and Suarez (1994) with the addition of a hemispheric asymmetry in the equilibrium temperature
205 gradient that creates a colder Northern Hemisphere (identical to Polvani and Kushner 2002). In the
206 polar region (50° – 90° N/S), the equilibrium temperature profile decreases linearly with height with
207 a fixed lapse rate of γ , which sets the strength of the stratospheric polar vortex. The stratospheric
208 thermal relaxation timescale is 40 days. As an analog for the planetary scale waves generated by
209 land–sea contrast, flow over topography, and nonlinear interactions of synoptic scale eddies, wave–
210 2 topography is included in the Northern Hemisphere at the surface centered at 45° N as in Gerber
211 and Polvani (2009). The Southern Hemisphere has no topography. As in Gerber (2012), a “clock”
212 tracer is specified to increase linearly with time at all levels within the effective boundary layer
213 of the Held and Suarez (1994) forcing (model levels where $p/p_s=0.7$) and is conserved otherwise,
214 providing an age of air tracer.

215 The seasonally–varying run has a seasonal cycle in the stratospheric equilibrium temperature
216 profile following Kushner and Polvani (2006), with a 360 day year consisting of a constant summer
217 polar temperature and sinusoidal variation of the winter polar temperature, so that equilibrium
218 temperature in the polar vortex is minimized at winter solstice. The lapse rate is $\gamma = 4$ K/km, and
219 the topography is 4 km high. With a lower stratosphere–troposphere transition, this topographic
220 forcing and lapse rate were found by Sheshadri et al. (2015) to create the most realistic Northern

221 and Southern Hemisphere–like seasonal behavior. The model is run until the age has equilibrated
222 (27 years) and then for another 50 years, which provide the statistics for these results.

223 For the perpetual–solstice runs, the model is run in a variety of configurations as described
224 in Table 1. These four simulations correspond to those highlighted in detail in Figs. 1–3 of
225 Gerber (2012), capturing two cases with an “older” stratosphere and two cases with a “younger”
226 stratosphere. Note however, that Gerber (2012) used a pseudo–spectral model and the age is
227 sensitive to model numerics. All are run to equilibrium, at least 10000 days, and the final 2000
228 days are averaged for the results presented here.

229 *b. Model seasonality*

230 Panel a) of Figure 2 shows a 20 year climatology of the residual vertical velocity at 53 hPa for
231 the seasonally–varying model run. Because of artifacts from the interpolation from the cubed–
232 sphere grid and the high frequency of temporal variability, the field has been smoothed in time and
233 latitude using a binomial filter of two weeks and 10° . The edge of the cube is nevertheless still
234 visible at around 40° . The seasonal cycle is barely evident; there is stronger polar downwelling in
235 Northern Hemisphere winter/spring and weaker tropical upwelling during Southern Hemisphere
236 winter. Panel b) of Figure 2 shows the climatology of the zonal mean diabatic velocity, $\dot{\theta}/\bar{\theta}_z$,
237 on the 500 K surface for the same model run. The 500 K surface is, in the annual mean, near
238 the 53 hPa surface. The diabatic vertical velocity is similar to the residual vertical velocity in
239 the annual mean, but differs at the equinoxes and has a much stronger seasonal cycle in high
240 latitudes. These differences are primarily a result of the motion of the isentropes over the course
241 of the year; in spring, the isentropes descend as the polar region warms, and hence the air moves
242 upward relative to the isentropes. This strong seasonal variability in the diabatic vertical velocity,
243 the relevant vertical velocity for the age difference theory, suggests the importance of the time–

244 derivative terms in (26) and (30). Panel c) of Figure 2 shows the climatology of age on the 500K
 245 isentrope for the same run. The ages for this model tend to be older than observed ages, which can
 246 be attributed partially to the age being zero at 700 hPa rather than at the tropopause and partially
 247 to the strength of the circulation in the model. Nevertheless, the pattern of age is as expected given
 248 the circulation; the air is younger in the tropics and older at the poles, with little variability in the
 249 tropics and the oldest air in the vortices in late winter. As in observations (Stiller et al. 2012), the
 250 Northern Hemisphere air is generally younger than the Southern Hemisphere air. The seasonal
 251 variability in age difference, dominated by variability in polar age of air, is also large compared
 252 to the variability in the residual vertical velocity. Meanwhile, the total mass above the isentropic
 253 surfaces changes very little over the course of the year.

254 *c. Time–average results*

255 We examine the time–average theory as described in Section 2(b). We calculate the terms in
 256 (17) for annual averages of 50 years of the seasonally–varying model run and for the average over
 257 the last 2000 days of the perpetual–solstice run with the same lapse rate and topography (runs
 258 1 and 3 in Table 1). In order to demonstrate the flexibility of the definition of “upwelling” and
 259 “downwelling” regions, we have calculated $(\Gamma_{\bar{d}} - \Gamma_{\bar{u}})$ and $\overline{M(\theta)^t} / \overline{M^t}$ for several regions, and
 260 these are shown in Figure 3. The different “upwelling” regions are defined as follows: the “true”
 261 upwelling based on the time–averaged location of positive diabatic vertical velocity (this is not
 262 uniform in longitude); between 20°S and 20°N; between 30°S and 30°N; and between 40°S and
 263 40°N. For each case, the “downwelling” region is the rest of the globe. The average age in each
 264 region ($\Gamma_{\bar{u}}$ or $\Gamma_{\bar{d}}$) is the mass–flux weighted age through each of these regions as defined in (13)
 265 and (14). Three different levels are shown, and error bars are one standard deviation of the annual
 266 averages for the seasonally–varying model run. The maximum overturning mass flux is for the

267 “true” regions, as expected. Because it is most different from the true region, the 20° overturning
268 is the weakest, indicated by the largest age differences. All of the different regions have similar
269 agreement with the theory in both the seasonally-varying model (red and gray points) and in the
270 perpetual-solstice model (blue and teal points). Although the flexibility of the theory is clear from
271 this plot, the 20° tropics does not capture all the upwelling in the model, as can be seen in panel
272 b) of Figure 2. Thus although this method can determine the overturning through two regions, to
273 determine the overturning mass flux through the stratosphere, the “true” regions must be used.

274 All of the points fall above the one-to-one line, a discrepancy consistent with the neglect of
275 diabatic diffusion in the theory. The points on the 800 K isentrope are closest to the theory line,
276 which is also consistent with diabatic diffusion as will be discussed in Section 3(e). The re-
277 sults from the seasonally-varying model agree as well with the theory as do the results from the
278 perpetual-solstice run, demonstrating the success of the time-average theory in recovering the
279 steady result.

280 *d. Time-varying results*

281 Next we move on to the time-varying theory; consider Figure 4. Panel a) shows three years of
282 the total mass divided by the mass flux and panel b) shows the age difference for the same three
283 years of the seasonally-varying model run. If the steady-state theory held instantaneously, these
284 would be equal at all times. They are obviously not equal; in fact, their seasonal cycles are out of
285 phase, with even negative values of age difference when there is polar diabatic upwelling of very
286 old air associated with the final warming event each Southern Hemisphere spring.

287 We evaluate the time-derivative terms in (26), $(M\Gamma_s)_t$ and $(\Gamma_u + \Gamma_d)M_t/2$. To calculate $(M\Gamma_s)_t$,
288 the mass-weighted average age above each pressure surface is calculated and then interpolated to
289 the isentropes—the integration is performed in pressure coordinates for improved accuracy. The

290 product of the age and the total mass has substantial high-frequency variability. If the model were
 291 not run to steady state, long-term changes in the average age of air in the stratosphere would
 292 also appear in this term. For example, a relatively dramatic mean age change of 0.5 yr/decade
 293 would make this term about 5% of the size of the total mass above the isentrope. The other term,
 294 $(\Gamma_u + \Gamma_d)M_t/2$, has much less short-term variability.

295 The average seasonal cycle over twenty years of the model run for each of the terms in (26)
 296 is shown for three different levels in Figure 5. At 400 K, shown in panel a), in the very low
 297 stratosphere, there is very little effect of the seasonal cycle. The product of the overturning strength
 298 and the age difference, $\mathcal{M}\Delta\Gamma$, is at all times less than the total mass, M . This discrepancy will be
 299 addressed in Section 3(e). The time-derivative terms are small. At 600 K, shown in panel b), the
 300 seasonal cycle is much more pronounced, and here the difference between $\mathcal{M}\Delta\Gamma$ and the total mass
 301 above the isentrope has a stronger variation in time. The time-derivative terms are approximately
 302 the same magnitude, but the variability in $(M\Gamma_s)_t$ is much greater—it has been smoothed with a
 303 binomial filter before contributing to the sum. The sum of $\mathcal{M}\Delta\Gamma + (M\Gamma_s)_t + -(\Gamma_u + \Gamma_d)M_t/2$ is
 304 closer to the total mass above the isentrope $M(\theta)$, and by including the time-dependent terms, the
 305 seasonal variation is decreased. Significant discrepancies remain, however. At 800K, shown in
 306 panel c), the balance holds even more closely, as the sum is quite close to the total mass for most
 307 of the year.

308 Because of the strong temporal variability, it is clear that the steady-state theory cannot be
 309 applied instantaneously. The contributions of the time-derivative terms are smaller upon long-
 310 term averaging, however. The magnitude of the annual average of these terms is shown as a
 311 percentage of the total mass above each isentrope in the solid lines in Figure 6, and the standard
 312 deviation is shown in the shading. As we already observed from Figure 5, the variability of $(M\Gamma_s)_t$,
 313 is much greater than of $(\Gamma_u + \Gamma_d)M_t/2$, up to 10% of $M(\theta)$. The long-term averages of both terms

314 are small. In Figure 7, we compare the annual average of M/\mathcal{M} and $\Delta\Gamma$. The mean of 50 years
 315 from the seasonally-varying model run are in the red points, with the error bars showing the
 316 standard deviation of the annual means. The blue and green points are from the variety of model
 317 runs in perpetual-solstice scenarios, as enumerated in Table 1. These steady-state runs represent
 318 a wide range of climates, with the mass flux across the 600 K surface varying by a factor of about
 319 2. As the total mass above each surface does not change much between the simulations, this
 320 results in factor of 2 in the age difference as well. Examining the blue and green points shows
 321 that the theory holds across the whole range of climates simulated here. The annual averages from
 322 the seasonally-varying model run result in as good agreement with the steady-state theory as the
 323 perpetual-solstice model runs, and so we conclude that the annual average overturning strength
 324 can be determined by the annual average of the age difference and of the mass above the isentrope.

325 *e. The role of diabatic diffusion*

326 As in Figure 3, the points in Figure 7 all fall above the one-to-one line, implying that the actual
 327 age difference is less than that predicted by the theory by up to about 15%. In the time-average
 328 case there is nothing to account for this discrepancy, and in Figure 7, the discrepancy is too great
 329 to be explained by the time average of the transient terms. This must arise from terms missing
 330 from the theory. Diabatic mixing was neglected at the outset. If we revisit that assumption and
 331 include a diffusion of age in (4), we obtain

$$\int_{\theta} \sigma \dot{\theta} \Gamma dA - \int_{\theta} \sigma K_{\theta\theta} \frac{\partial \Gamma}{\partial \theta} dA = -M, \tag{31}$$

332 or

$$\mathcal{M} \Delta \Gamma + \int_{\theta} \sigma K_{\theta\theta} \frac{\partial \Gamma}{\partial \theta} dA = M, \tag{32}$$

333 where $K_{\theta\theta}$ is the diffusivity. Age increases with increasing θ , and $K_{\theta\theta}$ is positive, so the diffusion
 334 is a positive term on the left side. In panel a) of Figure 5 we noted that the product of the over-
 335 turning mass flux and the age difference was always less than the total mass above 400K. Now
 336 we see that this difference is consistent with the neglect of diffusion. Similarly, the contribution
 337 from the diffusive term would account for age differences lower than the theory predicts in both
 338 Figures 3 and 7. To determine whether the diffusivity, $K_{\theta\theta}$, necessary to close the age budget is
 339 reasonable, we assume constant diffusivity and find that at 450 K, $K_{\theta\theta} \approx 1.7 \times 10^{-5} \text{K}^2 \text{s}^{-1}$. Given
 340 the background stratification in the model, this corresponds to about $K_{zz} \simeq 0.1 \text{m}^2 \text{s}^{-1}$, a value that
 341 is consistent with observational studies (Sparling et al. 1997; Legras et al. 2003).

342 In the real world, small-scale diffusion will provide a diabatic component of the age flux, but
 343 the model has no representation of such processes and so they cannot be a factor here. However,
 344 the large-scale motions are not, as was assumed in the derivation, strictly adiabatic but will exhibit
 345 “diabatic dispersion” (Sparling et al. 1997; Plumb 2007). We can estimate the diffusivity based on
 346 Plumb (2007),

$$K_{\theta\theta} \sim |\dot{\theta}'|^2 \tau_{mixing}, \quad (33)$$

347 where τ_{mixing} is the time scale for isentropic mixing across the surf zone. For the purposes of
 348 this estimate, we use the deviation of $\dot{\theta}$ from the zonal mean as an approximation for $\dot{\theta}'$ and use
 349 $\tau_{mixing} \approx 30$ days. Using an average value for $|\dot{\theta}'|^2$ in Northern Hemisphere midlatitudes at 450
 350 K from the seasonally-varying model run gives $K_{\theta\theta} \approx 1 \times 10^{-5} \text{K}^2 \text{s}^{-1}$. The diabatic dispersion is
 351 thus close to the diffusivity necessary to close the age budget in this simple model. Now revisiting
 352 the observation that the points on the 800 K isentrope seem to have better agreement with the
 353 theory line in Figure 3, we can understand this as the effect of the reduced age gradient higher
 354 up in the stratosphere. The same diabatic diffusivity will therefore result in less diffusion of age
 355 because of the smaller gradient and the calculated age difference will better match the theory.

356 **4. Summary and Conclusions**

357 The theoretical developments in this paper have focused on extension of the simple relationship
358 between the gross latitudinal age gradient on isentropes and the diabatic circulation, obtained by
359 Neu and Plumb (1999) for the “leaky tropical pipe” model. Under their assumptions of steady
360 state and no diabatic mixing, but without any “tropical pipe” construct, an essentially identical
361 result follows. We then show that the result survives intact when applied to time-averages of an
362 unsteady situation, but does not apply locally in time. The predicted age gradient is independent
363 of isentropic mixing, and of the structure of the circulation above the level in question.

364 Analysis of results from a simplified global model, in both perpetual solstice and fully seasonal
365 configurations, shows that the time-averaged result holds quite well, although the predicted age
366 difference overestimates the actual value by up to 15 percent, a fact that we ascribe to the neglect
367 of large-scale diabatic mixing in the theory. Indeed, estimates of diabatic dispersion in the model
368 are sufficient to account for the discrepancy.

369 The theory is, of necessity, formulated in entropy (potential temperature) coordinates and con-
370 sequently it is the diabatic circulation (rather than, say, the residual circulation) that is related to
371 the latitudinal structure of age. While these two measures of the circulation can, at times (es-
372 pecially around the equinoxes), be very different, in the long-term average to which this theory
373 applies they are essentially identical. The relationship between age gradient and the circulation is
374 straightforward, but in order to use age data to deduce the circulation there are some subtleties:
375 in order to quantify the mean age difference, in principle one needs to know the geometry of
376 the mean upwelling and downwelling regions, and the spatial structure of the circulation (since,
377 strictly, it is the mass-flux-weighted mean that is required). The theoretical result is unchanged
378 if simpler regions (such as equatorward and poleward of, say, 30°) are used instead of those of

379 upwelling/downwelling, but of course the mass flux involved is that within each chosen region,
380 rather than the total overturning mass flux.

381 Despite these caveats, these results offer an avenue for identifying trends in the circulation by
382 seeking trends in age data, as done by Haenel et al. (2015); Ploeger et al. (2015b). For one thing,
383 they make it clear that it is the gross isentropic age difference, and not the age itself, that is related
384 to the strength of the circulation. For another, one needs good data coverage in space and time in
385 order to determine the gross gradient and to eliminate short-term variability for which the theory
386 is not applicable. Using age data in this way, and separating long-term trends from short-term
387 variability, will require the accumulation of a longer time series than is currently available.

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474 **LIST OF TABLES**

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476 sonal cycle as described in the text and the others are perpetual–solstice with
477 varying stratospheric lapse rates (γ , in K/km) and wavenumber–2 topographic
478 forcing (h in km) in the one hemisphere only. The winter hemisphere in these
479 perpetual–solstice runs is the same as the hemisphere with topography. 26

	configuration	γ (K/km)	h (km)
1	seasonally-varying	4	4
2	perpetual-solstice	1.5	3
3	perpetual-solstice	4	4
4	perpetual-solstice	4	0
5	perpetual-solstice	5	3

480 TABLE 1. Summary of setup for the five runs used in this study. One run has a seasonal cycle as de-
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496 average located near the 53 hPa surface. c) The age on the 500 K isentrope. Contour levels
497 are 1.2×10^{-4} m/s and 0.5 years. 29

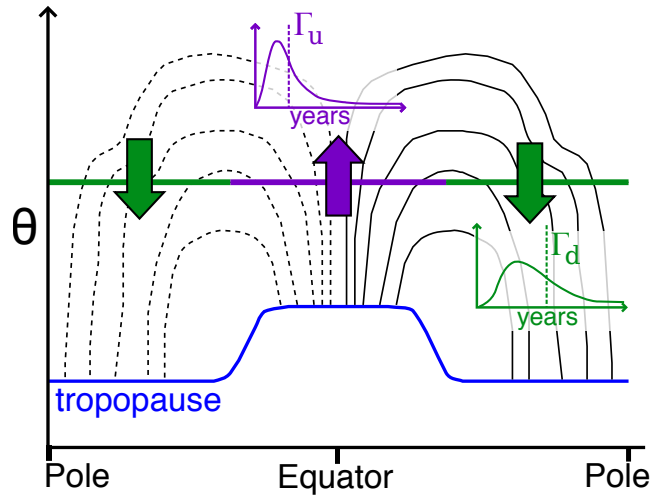
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499 between age of air in different regions on the isentrope. The red and gray points are based on
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502 calculated using the time average “true” upwelling and downwelling regions. The gray and
503 teal points are calculated with the “upwelling” region as the band between 20°S and 20°N ,
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507 black line is the one–to–one relationship predicted by the theory, and the different symbols
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511 varying model run. Contour levels are 0.5 years. 31

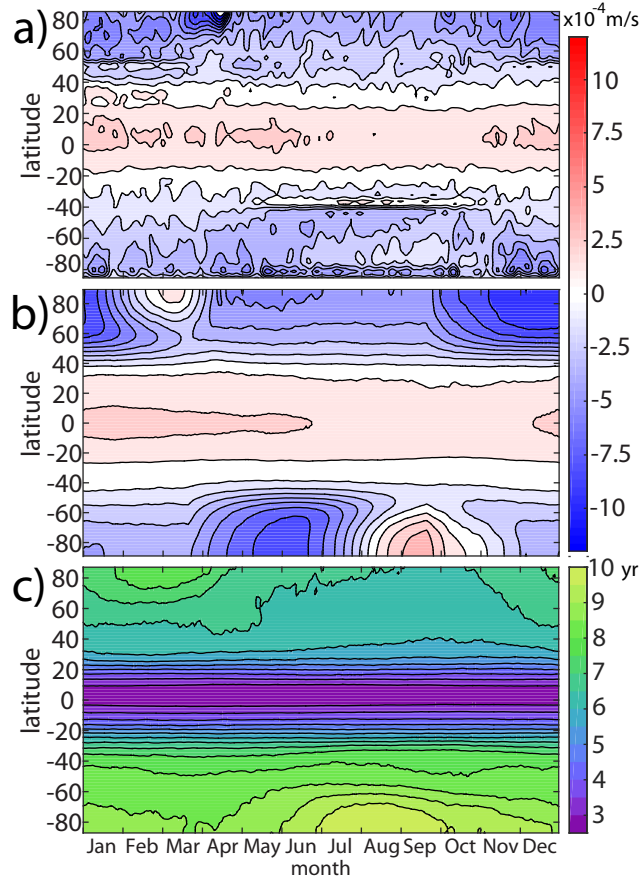
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514 $-(\Gamma_u + \Gamma_d)M_t/2$. Each panel shows the individual terms and the right hand side at a differ-
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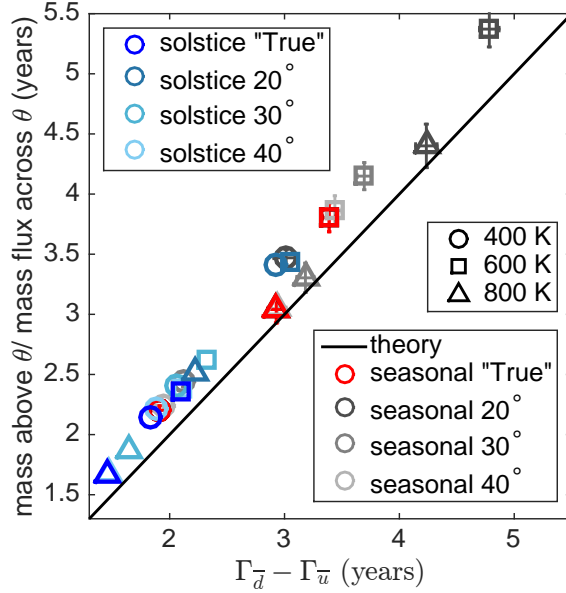
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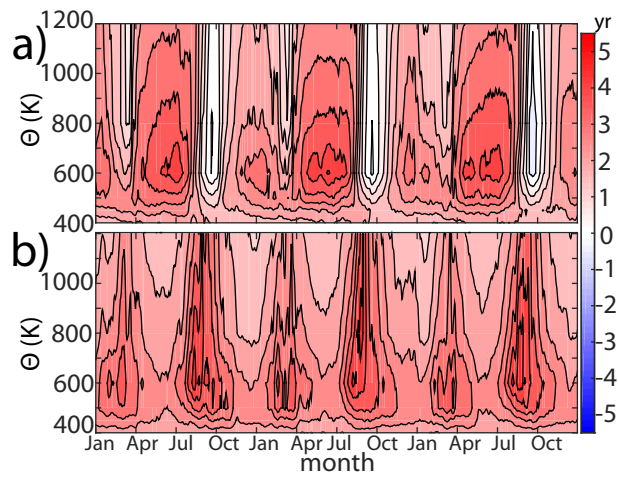
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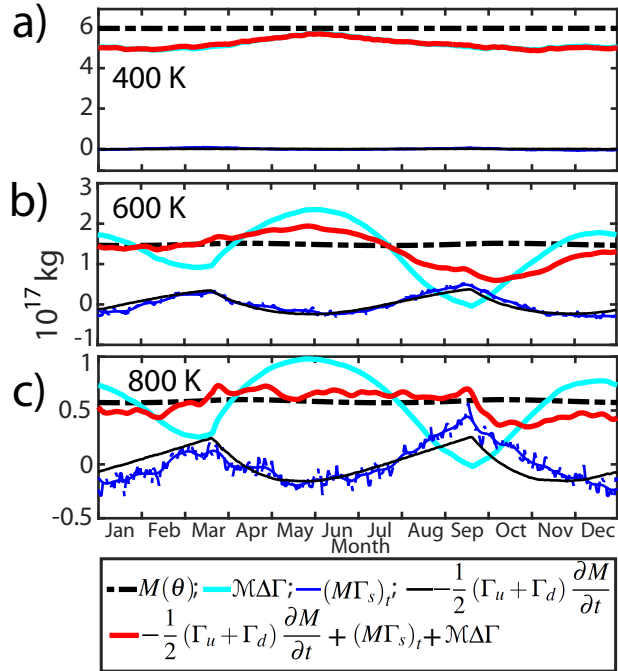
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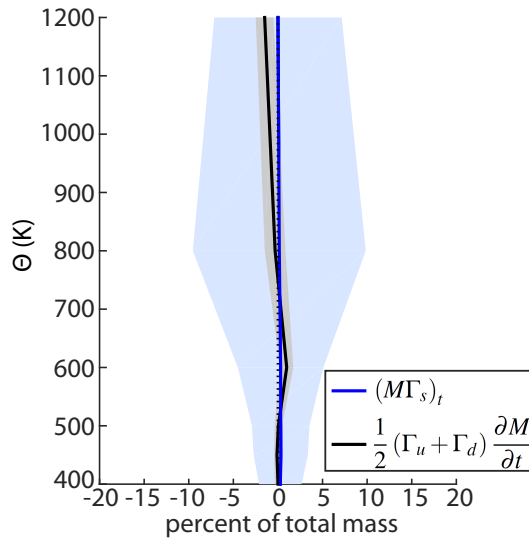
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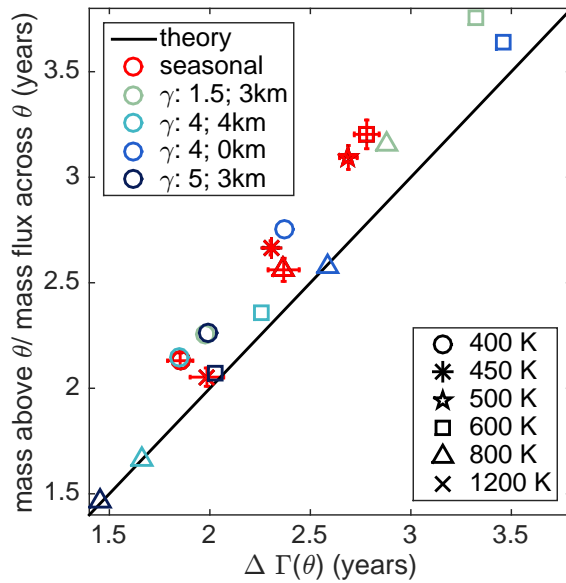
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