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Corresponding Author:	Olivier Pauluis, Ph.D. New York University New York, NY UNITED STATES
Corresponding Author's Institution:	New York University
First Author:	Olivier Pauluis, Ph.D.
Order of Authors:	Olivier Pauluis, Ph.D. Agnieszka A. Mrowiec
Abstract:	<p>In this paper the convective mass transport is analyzed by sorting air parcels in terms of their entropy and an isentropic streamfunction for convective motions is introduced.</p> <p>By averaging the upward mass flux at constant value of the equivalent potential temperature, one can compute an isentropic mass transport which filters out reversible oscillatory motions such as gravity waves. This novel approach emphasizes the fact that the upward energy and entropy transports by convection are due to the combination of ascending air parcels with high energy and entropy and subsiding air parcels with lower energy and entropy.</p> <p>The use of conditional averaging is extended to other dynamic and thermodynamic variables such as vertical velocity, temperature or relative humidity to obtain a comprehensive description of convective motions.</p> <p>It is also shown how this approach can be used to determine the mean diabatic tendencies from the three dimensional dynamic and thermodynamic fields.</p> <p>A two-stream approximation that partitions the isentropic circulation into a mean updraft and mean downdraft is also introduced. This offers a straightforward way to identify the mean properties of rising and subsiding air parcels. The results from the two-stream approximation are compared with two other definitions of the cloud mass flux.</p> <p>It is argued that the isentropic analysis offers a robust definition of the convective mass transport that is not tainted by either the choice of an arbitrary threshold for vertical velocity or condensate content, and that separates the irreversible convective overturning from oscillations associated with gravity waves.</p>
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Isentropic analysis of convective motions

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OLIVIER M. PAULUIS *

Center for Atmosphere Ocean Science Courant Institute of Mathematical Sciences New York University

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AGNIESZKA A. MROWIEC

Columbia University / NASA Goddard Institute for Space Studies

* *Corresponding author E-mail:* pauluis@cims.nyu.edu

ABSTRACT

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18 the mean properties of rising and subsiding air parcels. The results from the two-stream
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22 densate content, and that separates the irreversible convective overturning from oscillations
23 associated with gravity waves.

1. Introduction

Atmospheric convection transports energy and water from the Earth's surface to the free troposphere. The ascent of warm, moist air in saturated turbulent plumes is balanced by subsidence of dryer and colder air that takes place in the environment or in convective or mesoscale downdrafts. Convective systems however rarely occur as simple overturning motions; rather they are associated with a variety of turbulent motions over a wide range of scales. Any analysis of such flow is complex as individual air parcels undergo multiple dynamical and thermodynamical transformations. For example, one may want to separate of irreversible ascent and mixing of air parcels from the gravity waves. However, such separation is not straightforward as convective plumes originating from the boundary layer and gravity waves are often spatially and temporally collocated. The main purpose of this paper is to introduce a new technique to diagnose the convective overturning in numerical models.

The proposed approach takes advantage of the quasi-conservation of entropy to isolate convective motions from oscillatory motions. In practice, this amounts to averaging various aspects of the flow in isentropic coordinates. Isentropic analyses have been widely used to study the large-scale atmospheric and oceanic circulation (Dutton 1976; Johnson 1989; Held and Schneider 1999; Pauluis et al. 2008, 2010), but have not yet been applied to study convective motions. As the entropy of an air parcel is conserved for reversible adiabatic motions, it is expected remain almost constant for time significantly longer than the convective drafts, even as air parcels may experience large changes in pressure or temperature. Therefore, by averaging the circulation on isentropic surfaces the same set of parcels may be followed, and thus a better approximation of the Lagrangian trajectories of the air parcels may be obtained. While this argument has traditionally been applied to separate the large-scale planetary circulation from synoptic scale eddies, it is shown here that it offers a straightforward way to separate irreversible overturning by convective motions from reversible oscillations by gravity

49 waves.

50 Section 2 introduces the isentropic averaging for the convective mass transport and de-
51 fines the convective streamfunction. An isentropic upward mass transport is obtained by
52 sorting the upward mass transport at each level in terms of its equivalent potential tem-
53 perature. This mass transport can then be integrated to obtain the stream function, which
54 offers a simpler representation of the convective circulation. This methodology is used to
55 analyze radiative convective equilibrium simulations with the System for Atmospheric Mod-
56 eling (SAM, Khairoutdinov and Randall 2003). In Section 3, the isentropic averaging is
57 generalized to assess the thermodynamic and dynamical properties of the air parcels. It can
58 be used to define the probability of occurrence, mean vertical velocity, and mean thermo-
59 dynamic properties such as water content and buoyancy of air parcels in terms of of heigh
60 and equivalent potential temperature. Thus it is possible, for example, to isolate a popu-
61 lation of intense, almost undiluted updrafts associated with peak vertical velocities of bout
62 40 ms^{-1} in numerical simulations. Section 4 shows application of the isentropic analysis to
63 determine the mean diabatic tendency from the convective stream function. Furthermore,
64 an empirical entrainment and an entrainment scale height can be determined as functions of
65 equivalent potential temperature and height. Section 5 introduces a two-stream decomposi-
66 tion of the convective motions based on the isentropic analysis. The convective circulation
67 is partitioned between mean upward and mean downward flows of equal mass transport but
68 different thermodynamic properties. These results are contrasted with two other definitions
69 of the convective mass transport. It is shown here, that the isentropic analysis leads to sig-
70 nificantly lower value of the convective mass transport particularly in the upper troposphere.

2. Isentropic streamfunction

The isentropic averaging technique discussed below will be applied to analyze a simulation of radiative-convective equilibrium performed with the System for Atmospheric Modeling (SAM), a Cloud Resolving Model developed by Khairoutdinov and Randall (2003). The model was integrated on 216 km x 216 km x 28 km domain at 500 m horizontal resolution and stretched vertical grid with 64 gridpoints, with periodic boundary conditions in the horizontal directions. The lower boundary is an ocean surface at constant temperature of 301 K, while a sponge layer is applied in the upper 8 km to prevent the reflection of gravity waves. The model uses a 5 species single-moment microphysics, an explicit radiative transfer, and was integrated for 100 days, with the last 60 days used for the time averaging.

We introduce the time and horizontal mean isentropic value of a given variable f as:

$$\langle f \rangle (z, \theta_{e0}) = \frac{1}{PL_xL_y} \int_0^P \int_0^{L_y} \int_0^{L_x} f(x, y, z, t) \delta(\theta_{e0} - \theta_e(x, y, z, t)) dx dy dt. \quad (1)$$

Here, ρ is the mass per unit volume, θ_e is the equivalent potential temperature, P is the time period over which the averaging is performed, and L_x and L_y are the horizontal extent of the domain. The integral in eqn. 1 involves a Dirac delta function $\delta(\theta_{e0} - \theta_e(x, y, z, t))$, which is approximated here by a function that is equal to $1/\Delta\theta_e$ between $\theta_e - 0.5\Delta\theta_e$ and $\theta_e + 0.5\Delta\theta_e$, and 0 elsewhere. In practice, this amounts to sorting the air parcels in terms of the equivalent potential temperature and to summing the quantity f at each level in finite θ_e bins. The mean isentropic value, as defined here, is therefore a function of height, time and equivalent potential temperature. In addition, for simplicity of notation, the dependency on (z, θ_e) will not be explicitly indicated from now on, but it should be understood that all the mean isentropic values $\langle \cdot \rangle$ are function of both z and θ_e .

The isentropic mean distribution of $\langle \rho w \rangle$ in the radiative-convective equilibrium simulation is shown in Figure 1a. The solid black line shows the horizontal mean profile of equivalent potential temperature $\bar{\theta}_e(z)$. The quantity $\langle \rho w \rangle$ is referred to as the isentropic

95 upward mass flux distribution, in units of ($\text{kg m}^{-2} \text{s}^{-1} \text{K}^{-1}$), corresponding to an upward
 96 mass flux per unit of equivalent potential temperature. The quantity $\langle \rho w \rangle \delta \theta_e$ corresponds to
 97 the net upward mass flux of air parcels at level z with an equivalent potential temperature
 98 between θ_e and $\theta_e + \delta \theta_e$. The mass flux distribution can be used to define an isentropic
 99 streamfunction as:

$$\Psi(z, \theta_e) = \int_{-\infty}^{\theta_e} \langle \rho w \rangle (z, \theta'_e) d\theta'_e. \quad (2)$$

100 The isentropic streamfunction is shown in Figure 1b. The streamfunction is negative through
 101 most of the atmosphere, corresponding to an upward entropy transport. The absolute mini-
 102 mum of the streamfunction is located near the surface and is associated with mixing within
 103 the sub-cloud layer. The magnitude of the streamfunction decreases sharply above 1km.
 104 Ascending air parcels originating from the lowest atmospheric layer have high values of θ_e ,
 105 up to 355 K. The equivalent potential temperature drops rapidly with height indicating
 106 entrainment of dryer air in the updrafts. Above 4–5 km the streamlines become almost
 107 vertical, indicating that the role of entrainment is limited above the freezing level, and that
 108 air parcels approximately conserve their equivalent potential temperature as they rise. As
 109 adiabatic freezing or sublimation can lead to an increase in the equivalent potential temper-
 110 ature, the apparent conservation of θ_e along the streamlines above the freezing level might
 111 actually be the results of the compensation between freezing and entrainment. Most of the
 112 detrainment occurs below 11km. The streamfunction changes sign at about 12 km, indicating
 113 presence of convective overshoots associated with the net weak downward entropy transport
 114 as low entropy air rises and mixes with higher entropy air from above before subsiding.

115 In the upper troposphere, the equivalent potential temperature of subsiding air decreases
 116 as the parcels move downward because of radiative cooling. The bulk of the downward motion
 117 is centered around the mean atmospheric state (see Figure 1). At a height of approximately
 118 4.5 km, there is a sharp drop in the θ_e of the downward flow, associated with the melting
 119 of precipitation (melting of ice reduces the θ_e in the air parcel). The minimum θ_e value

120 of about 320 K occurs at this level and is associated with an increase in the downward
 121 mass flux. Below the freezing level, the equivalent potential temperature of subsiding air
 122 parcels gradually increases as they approach the surface. While radiative cooling is still
 123 active in these regions, the increase of θ_e is directly tied to the mixing between subsiding
 124 environmental air and detraining cloudy air with a higher value of θ_e .

125 3. Isentropic averaging of convective motions

126 The isentropic averaging (1) is not limited to upward motion. The same formalism can be
 127 applied to any variable of interest to obtain a more detailed analysis of the typical properties
 128 of the air parcels involved in convective motions. The probability density function for a
 129 parcel with equivalent potential temperature θ_e at level z can be estimated as

$$PDF(z, \theta_e) = \frac{\langle \rho \rangle (z, \theta_e, t)}{\bar{\rho}(z)} \quad (3)$$

130 where $\bar{\rho}(z)$ is the horizontal mean density. The logarithm of the frequency of occurrence is
 131 shown on the left panel of Figure 2. The maximum probability is centered around the mean
 132 profile in the mid troposphere, corresponding to subsiding air parcels already noted in Figure
 133 1. Interestingly, the upper end of the frequency distribution follows closely a line of constant
 134 value of θ_e , which indicates that undiluted air parcels from the boundary layer can be found
 135 through the entire troposphere, although they are very scarce (with a probability density less
 136 10^{-4} K^{-1}) and do not contribute significantly to the total upward mass transport. Similarly,
 137 the presence of low θ_e air parcels that extends from the mid tropospheric θ_e minimum at
 138 5 km down to the top of the mixed layer can be observed. The presence of a fair number of
 139 parcels with θ_e of 330K or less, which is significantly less than the mean profile minimum
 140 value of about 331K , should also be pointed out. Near the surface, the low tail of the
 141 equivalent potential temperature distribution is limited to relatively high value of θ_e . The

142 probability of finding a parcel with θ_e less than 338 K in the boundary layer is approximately
 143 0.0004, while the mean profile reaches the same potential temperature at a height of 1000m.
 144 This indicates that the downdrafts that reach the surface originate mostly from within the
 145 planetary boundary layer the boundary layer, and not from the mid-tropospheric minimum
 146 of θ_e .

147 The mean mass flux $\langle \rho w \rangle$ and the mean isentropic density $\langle \rho \rangle$ can be combined to define
 148 the mean vertical velocity for a parcel at a given value of θ_e at level z :

$$\tilde{w}(z, \theta_e) = \frac{\langle \rho w \rangle (z, \theta_e)}{\langle \rho \rangle (z, \theta_e)} \quad (4)$$

149 The mean vertical velocity, shown on the right-hand (Figure 2b), exhibits a significant asym-
 150 metry between fast upward ascent at high θ_e and very slow subsidence at value of θ_e corre-
 151 sponding to the horizontal mean value, and is in good agreement with the conceptual model
 152 of Bjerkness (1938). The high values of \tilde{w} (up to 40 m s⁻¹) observed in the upper tropo-
 153 sphere at high θ_e correspond to a very strong, rare, weakly diluted or undiluted updrafts.
 154 The abrupt decrease of high \tilde{w} at 12km does not necessarily means that these strong up-
 155 drafts are blocked at that level. Rather, due to the density averaging in the definition of \tilde{w}
 156 (equation 4), the value of \tilde{w} decreases near the mean profile as fast rising parcels have the
 157 same potential temperature as a much larger number of slow moving parcels in the environ-
 158 ment. Analysis of higher moments of the distribution could be used to further investigate
 159 the overshoot of these strong updrafts above their level of neutral buoyancy. Interestingly,
 160 while the isentropic analysis did detect strong updraft associated with high value of θ_e , there
 161 is little indication of strong downward motion at low value of θ_e that would correspond to
 162 strong convective downdrafts.

163 The averaging procedure used to define the mean vertical velocity of air parcel at a given
 164 height and equivalent potential temperature can be applied to any variable. We define the

165 mass weighted isentropic average for f as

$$\tilde{f}(z, \theta_e) = \frac{\langle \rho f \rangle}{\langle \rho \rangle}. \quad (5)$$

166 This formulation allows us to define the thermodynamic properties of the air parcels as they
167 rise or descent in the atmosphere. Figure 3 shows the mean value of the temperature \tilde{T}
168 (a), specific humidity \tilde{q} (b), condensed water content $\tilde{q}_l + \tilde{q}_i$ (c) and buoyancy \tilde{B} (d). The
169 temperature decreases with height until its minimum near the tropopause at about 16 km.
170 The coldest temperature can be associated with overshoots from the deep convective towers
171 at around 15 km. There is a weak inflection line visible in the temperature distribution in
172 the angle made by the isotherms (Figure 3a). A similar inflection line is also present in the
173 humidity distribution for the same value of z and θ_e . The inflection marks the separation
174 between unsaturated parcels to the left of the line and saturated parcels to the right. In
175 fact, as discussed in Stevens (2005); Pauluis et al. (2008), the saturation of air parcels is
176 characterized by a discontinuity in the equation of state. This means, for example, that the
177 partial derivative

$$\left(\frac{\partial T}{\partial \theta_e} \right)_{p, q_T}$$

178 has a different value depending on whether a parcel is saturated or not. This is confirmed by
179 the distribution of $\tilde{q}_l + \tilde{q}_i$ (Figure 3c), which shows that the inflection lines in the distributions
180 of \tilde{T} and \tilde{q} indeed correspond to appearance of condensate.¹

¹The quantities \tilde{T} and \tilde{q}_v are obtained by averaging over both saturated and unsaturated parcels. Therefore, they need not to exhibit a strict discontinuity in their partial derivative. The fact that one is apparent in Figure 3 indicates that saturated and unsaturated air parcels can be fairly well separated by their value of θ_e at a given level.

181 4. Diabatic tendency

182 For a system in statistical equilibrium, the continuity equation can be written as

$$\frac{\partial}{\partial z} \langle \rho w \rangle + \frac{\partial}{\partial \theta_e} \langle \rho \dot{\theta}_e \rangle = 0. \quad (6)$$

183 The second term on the left-hand side corresponds to mass weighted average of the diabatic
 184 tendency $\dot{\theta}_e$. Equation 6 combined with the definition 2 makes it possible to express the
 185 diabatic tendency in terms of the vertical derivative of the stream function:

$$\langle \rho \dot{\theta}_e \rangle = -\frac{\partial \Psi}{\partial z}. \quad (7)$$

186 The mass weighted diabatic heating $\langle \rho \dot{\theta}_e \rangle$ is shown in Figure 4. Large heating rates are
 187 found near the surface corresponding to the surface latent and sensible heat fluxes. In the
 188 lower troposphere, a dipole of positive tendency at lower θ_e and negative tendency at higher
 189 θ_e is a result of diffusion of water vapor from moist updrafts to the dryer environment. The
 190 upper troposphere is dominated by the negative tendencies associated with radiative cooling.
 191 Parcels along the θ_e profile (solid black line) experience a net cooling due to radiation in the
 192 upper troposphere, but by a net heating in the lower troposphere as unsaturated air parcels
 193 in the environment gain more energy from diffusion of water vapor than they lose from the
 194 emission of infrared radiation.

195 Alternatively, the isentropic mean diabatic tendency can also be expressed as

$$\tilde{\theta}_e = \frac{\langle \rho \dot{\theta}_e \rangle}{\langle \rho \rangle},$$

196 and is shown in Figure 4b. Large negative values of the diabatic tendency (on the order
 197 of 1000 K day^{-1} , are associated with the diffusion of water vapor out of cloudy air parcels.
 198 This contrasts with a much slower rate of increase in θ_e associated with the moistening of
 199 dry air, as the water vapor flux is diffused into a much larger mass of environmental air.

200 The equivalent potential temperature in updrafts increases between 4 and 8 km due to the
 201 freezing of liquid water and condensation of water vapor on ice crystals.

202 The distribution of diabatic heating can be used in a simple model to determine the
 203 entrainment rate in ascending air parcels. Neglecting the effects of radiative cooling, allows
 204 to approximate the potential temperature tendency in the updrafts by:

$$\frac{d\theta_e}{dt} = \frac{\bar{\theta}_e - \theta_e}{\tau_e}, \quad (8)$$

205 where τ_e corresponds to the time it takes to entrain environmental air into an updraft. This
 206 time-scale can be estimated based on the isentropic analysis as:

$$\tau_e(z, \theta_e) = \frac{\bar{\theta}_e - \theta_e}{\tilde{\theta}_e}. \quad (9)$$

207 The product of the entrainment time-scale and the vertical velocity can then be expressed
 208 in terms of an entrainment scale-height λ_e ,

$$\lambda_e(z, \theta_e) = \frac{\tilde{w}(\bar{\theta}_e - \theta_e)}{\tilde{\theta}_e}. \quad (10)$$

209 The entrainment rate and scale-height for the radiative-convective equilibrium simulations
 210 are shown in Figure 4c and 4d.

211 Kuang and Bretherton (2006) similarly use equation (8) to assess the effect of entrain-
 212 ment. However, in their approach, one must first assume a given value of the entrainment
 213 rate to determine the value of the equivalent potential temperature following an air parcel
 214 at various height. In contrast, here we use the results from the isentropic analysis to deter-
 215 mine the mean rate of change of the equivalent potential temperature, which is then used
 216 to determine effective entrainment rate associated with various parcels. From a geometric
 217 point of view, the quantity

$$\frac{\tilde{w}}{\tilde{\theta}_e} = \frac{\langle \rho w \rangle}{\langle \rho \dot{\theta}_e \rangle} = \frac{\frac{\partial \Psi}{\partial \theta_e}}{\frac{\partial \Psi}{\partial z}}.$$

218 is the slope of a streamline determined from the isentropic analysis in Figure 1b. The
 219 entrainment scale height is obtained by normalizing this slope by the distance to the mean

220 profile $\overline{\theta}_e(z)$. When the streamlines are almost vertical, the entrainment scale height is large,
221 and there is little or no entrainment. Conversely, when the streamlines are close to horizontal,
222 the entrainment scale height is small, corresponding to strongly entraining plumes. It should
223 also be stressed that equation 8 does not account for the effect of freezing, which can lead
224 to an increase in the equivalent potential temperature, and the definition of the entrainment
225 time-scale and scale-height should not be applied below the freezing point of water.

226 These diagnostics for the entrainment shown in Figure 4c and 4d reveal a very large
227 amount of mixing within the sub-cloud layer, which is associated with a large number of
228 the shallow overturning eddies that do not rise above 1km. The mixing height there can
229 be on the order of 500m or less, which corresponds to the model resolution. In contrast, in
230 the free troposphere, the distribution of mixing scale height varies from relative short, one
231 km or less for parcels founds near the mean profile to value of several kilometers at large
232 value of θ_e typical of the sub-cloud layer. This indicates that updrafts with high values of
233 θ_e indeed correspond to almost undiluted air parcels but are quite scarce, while the bulk of
234 the ascending air is associated with weaker but more strongly entraining updrafts.

235 **5. Mass flux and entrainment from two-stream approx-** 236 **imation**

The isentropic analysis discussed in previous section offers an efficient way to characterize the thermodynamic properties of convective updrafts and downdrafts. A two stream approximation is introduced here to synthesize this information more succinctly. The convective overturning is divided into a mean updraft and a mean downdraft based on the convective

stream function. First, we define the upward and downward mass transports M^+ and M^- :

$$M^+(z) = \int_{-\infty}^{\infty} \langle \rho w \rangle H(\langle \rho w \rangle) d\theta_e \quad (11)$$

$$M^-(z) = \int_{-\infty}^{\infty} \langle \rho w \rangle H(-\langle \rho w \rangle) d\theta_e, \quad (12)$$

237 where H is a Heaviside step function. Note that if the net mass transport vanishes, mass
 238 transports in the mean updraft and downdraft cancel each other out in the absence of mean
 239 vertical motion: $M^+ + M^- = 0$. Therefore, the updraft mass transport is given by the
 240 amplitude of the streamfunction, i.e.

$$M^+(z) = \max_{\theta_e}(\Psi) - \min_{\theta_e}(\Psi). \quad (13)$$

It is common to analyze the convective circulation in terms of the upward mass transport
 in cloudy air columns M_{cld} and in convective cores M_{cor} , which are defined respectively as:

$$M_{\text{cld}}(z) = \frac{1}{PL_xL_y} \int_0^P \int_0^{L_y} \int_0^{L_x} w(x, y, z, t) H(q_c - \epsilon) dx dy dt \quad (14a)$$

$$M_{\text{cor}}(z) = \frac{1}{PL_xL_y} \int_0^P \int_0^{L_y} \int_0^{L_x} w(x, y, z, t) H(q_c - \epsilon) H(w - 1) dx dy dt, \quad (14b)$$

241 where q_c is a mass mixing ratio of cloud water, $\epsilon = 10^{-10}$ (g kg⁻¹) is a small threshold used
 242 for determining the presence of cloud water, and cores are defined with a threshold on
 243 vertical velocity: $|w| \geq 1$ m s⁻¹. The vertical profile for the mass flux M^+ from the two-
 244 stream approximation is contrasted with M_{cld} and M_{cor} in Figure (5)a. The mass flux M^+
 245 associated with the shallow unsaturated overturning is the largest in the sub-cloud layer.
 246 The cloud base acts as a lid that reduces the net convective mass flux by more than one half.
 247 Above the cloud base, the mass flux gradually weakens all the way to a level of approximately
 248 14km.

249 A major difference between the mass fluxes in clouds, convective cores, and that obtained
 250 from the isentropic analysis lies in the presence of a secondary maximum in the upward mass
 251 fluxes M_{cor} and M_{cld} in the upper troposphere (at about 12km), while the isentropic mass

252 flux shows a monotonic decrease of the mass transport in this region. The difference is
253 likely due to the way that the different computation of the mass transport handle oscillatory
254 motions associated with gravity waves. The conditional averaging on vertical velocity used
255 in the definition of the core mass flux is such that any sufficiently strong gravity wave
256 propagating through an anvil clouds will result in a net contribution to M_{cor} . Similarly,
257 if a saturated air parcel overshoots its level of neutral buoyancy and then falls down after
258 having lost its condensed water through either re-evaporation or precipitation, it will lead
259 to a net contribution to M_{cld} . In contrast, such oscillatory motions are not associated with
260 any net upward isentropic transport ². The presence of the upper tropospheric maximum in
261 both M_{cld} and M_{cor} but not in M^+ is a result of a rapid vertical oscillations, on time-scales
262 corresponding either to the Brunt-Vaisala frequency, or the time-scale of cloud ice conversion
263 into falling snow, neither of which is not directly tied with a net energy or entropy transport.

Additional information on the nature of the overturning circulation can be extracted by
determining the various thermodynamic properties of the flow. For a given variable f , we
define its value in the mean updraft f^+ and in the mean downdraft f^- as

$$f^+(z) = \frac{1}{M^+} \int_{-\infty}^{\infty} \langle \rho w f \rangle H(\langle \rho w \rangle) d\theta'_e, \quad (15a)$$

$$f^-(z) = \frac{1}{M^-} \int_{-\infty}^{\infty} \langle \rho w f \rangle H(-\langle \rho w \rangle) d\theta'_e. \quad (15b)$$

The transport of a quantity f by the mean updraft F_f^+ and by the mean downdraft F_f^- can
then be written as:

$$F_f^+ = M^+(f^+(z) - \bar{f}(z)) \quad (16a)$$

$$F_f^- = M^-(f^-(z) - \bar{f}(z)) \quad (16b)$$

264 Note that in this definition, it is assumed that the upward or downward mass fluxes are
265 compensated by a equal but opposite flux occurring at the horizontal mean value \bar{f} .

²The vertical velocity field of a gravity wave is out of phase with the equivalent potential temperature
perturbation.

266 We first apply these definition to the moist static energy:

$$H_m = C_p T + gZ + L_v q - L_f q_i, \quad (17)$$

267 with C_p being heat capacity at constant pressure, T is air temperature, L_v and L_f are,
268 respectively, the latent heat of vaporization and fusion, and q and q_i are mass mixing ratios
269 of water vapor and ice content respectively. The mean updraft H_m^+ , the mean downdraft
270 H_m^- , and its horizontal mean value $\overline{H_m}$ are shown in Figure 5b.

271 While below 10 km, the mean updraft has a higher moist static energy than the mean
272 downdraft, corresponding to an upward energy transport, above 10 km, the moist static
273 energy of the rising air H_m^+ is less than that of the subsiding air H_m^- . Convection transports
274 energy downwards in this region, acting as a reverse heat engine and consuming kinetic
275 energy to transport dense, cold air upward and light, warm air downward. This can be
276 verified by looking at the mean updraft B^+ and mean downdraft B^- buoyancies, as shown
277 in Figure 5c. The buoyancy in the mean updraft is larger than the buoyancy in the mean
278 downdraft between the surface and 10 km, which corresponds to a net generation of kinetic
279 energy by the convective motions. The opposite happens above 14 km, where energy is being
280 consumed. The definition of moist static energy (equation 17) includes latent heat of fusion,
281 thus the presence of falling snow and ice causes a net upward energy flux, which may balance
282 in part the downward convective energy transport in the upper troposphere.

283 The moist static energy in the mean downdraft is always very close to the horizontal
284 mean, which is consistent with the fact that the mean downdraft is in large part associated
285 with subsiding air in the unsaturated environment. However, a closer examination indicates
286 that the moist static energy in the mean downdraft is slightly higher than the horizontal
287 mean value everywhere except near the surface. This can be explained by the fact that a
288 mixture between environmental and cloudy air of the same density is more dense than either
289 air masses but has a higher moist static energy than the environment (Emanuel 1994). Thus

290 one would expect such mixture to experience stronger downward motion, resulting in H_m^-
 291 to be slightly larger than the horizontal mean moist static energy. While the effect here
 292 is small (with $H_m^- - \overline{H_m} < 0.5 \text{ kJ kg}^{-1}$), such behavior indicates that the convective energy
 293 transport cannot be accurately represented by a simple gaussian distribution around a mean
 294 atmospheric state.

The two-stream approximation can be used to determine the bulk entrainment and de-
 trainment rate associated with the mean updraft. It is assumed that the mass flux in the
 mean updraft increases or decreases with height depending on the balance between entrain-
 ment and detrainment. At the same time the moist static energy in the updraft is diluted by
 the entrainment of environmental air. This means that the mass flux M^+ and moist static
 energy H_m^+ in the mean updraft are governed by the following equations:

$$\frac{dM^+}{dz} = (E - D)M^+ \quad (18)$$

$$\frac{d(M^+ H_m^+)}{dz} = EM^+ \overline{H_m} - DM^+ H_m^+ + L_f P_{\text{ice}}, \quad (19)$$

where E and D are the fractional entrainment and detrainment rates (per meter) respectively,
 L_f is the latent heat of fusion, and P_{ice} is the rate at which ice is removed by precipitation.
 If the vertical profiles of M^+ and H_m^+ are known, the above equations can be solved for
 entrainment and detrainment rates:

$$E = \frac{\frac{dH_m^+}{dz}}{\overline{H_m} - H_m^+} - \frac{L_f P_{\text{ice}}}{M^+} \quad (20)$$

$$D = E - \frac{1}{M^+} \frac{dM^+}{dz} \quad (21)$$

295 Note that equation 20 may yield negative value for the entrainment rate if the moist static en-
 296 ergy in the mean updraft increases with height, which can happen in the upper troposphere.
 297 This is a limitation of the simplified model (equations 18 and 19) which considers a single
 298 rising plume to account for all convective motions. As can be seen in Figure 1, the detrain-
 299 ment in the upper troposphere is associated preferentially with air parcels that have lower

300 values of θ_e than the mean updraft (and hence a lower moist static energy). Nevertheless,
301 the results from this simple model appear reasonable in the lower 8-10km of the atmosphere
302 and are shown in Figure 5d. The detrainment rate peaks at the cloud base, decreases with
303 height, and is always higher than the entrainment rate, consistent with the mean updraft
304 mass flux decreasing with height. The entrainment rate varies from $6 \times 10^{-4} \text{ m}^{-1}$ right above
305 the cloud base about $2 \times 10^{-4} \text{ m}^{-1}$ at 8km. This indicates that while there is a vigorous
306 entrainment in the lower troposphere, the updrafts become gradually less entraining as they
307 rise.

308 6. Discussion

309 In this paper, a new method of analysis for convective motions in high resolution sim-
310 ulations has been proposed. This approach relies on conditional averaging of the various
311 properties of air parcels in terms of both the height and the equivalent potential tempera-
312 ture. This averaging procedure reduces a four dimensional datasets into a two-dimensional
313 distribution, and offers a practical way to analyze convective overturning. A conditional
314 averaging based on equivalent potential temperature has the advantage of preserving the
315 separation between the ascent of warm, moist air and subsidence of colder, dryer air that is
316 a fundamental aspect of moist convection. Furthermore, as equivalent potential temperature
317 is an adiabatic invariant of the flow, and the conditional averaging can be viewed as filtering
318 out fast oscillatory motions such as gravity waves.

319 The conditional averaging has been first used here to extract a vertical mass flux, and
320 to compute an isentropic stream function. Analysis of the streamfunction identifies the
321 convective overturning as a combination of ascents of high energy air parcels and descent
322 of air with much lower energy, shows the role of entrainment in reducing the equivalent
323 potential temperature of the rising air parcels in the lower troposphere, and indicates the

324 presence of convective overshoot in the tropopause region. There is a strong asymmetry
325 between updrafts and downdrafts, with the former occupying a small area but occurring at
326 fairly large vertical velocity, and the latter which are associated with slow subsidence over the
327 large portion domain (Houze 1993). Very strong updrafts, with vertical velocities reaching
328 30 m s^{-1} corresponding to a rare occurrence of almost undiluted air parcels ascending from
329 the boundary layer, were also observed. The scarcity of undulate updraft is in agreement with
330 the recent findings of Romps and Kuang (2010). Other important properties of rising and
331 subsiding parcels, such as temperature, humidity and buoyancy, can also be systematically
332 recovered with the isentropic averaging approach.

333 Diabatic tendencies can be computed using the average value for the rate of change of
334 the equivalent potential temperature from the continuity equation expressed in the $z - \theta_e$
335 coordinates. This makes it possible to retrieve diabatic tendencies from complex numerical
336 simulations without the need for complex diagnostics within a model. When applied to the
337 radiative-convective equilibrium simulations, our analysis shows that entrainment reduces
338 the equivalent potential temperature in the updrafts (especially in the lower troposphere),
339 while detrainment increases the equivalent potential temperature in subsiding air parcels.
340 Near the freezing level a slight increase in the equivalent potential temperature of the updrafts
341 was also found. This effect can be explained by the freezing of condensed water. Empirical
342 entrainment rate can also be determined as a function of both height and the equivalent
343 potential temperature. This analysis confirm the presence of significant entrainment in the
344 lower troposphere, while the rare occurrence of updrafts with high values of θ_e correspond
345 to air parcels that have experienced little to no entrainment.

346 While one of the main motivations for the isentropic averaging is to obtain a statisti-
347 cal description of convective motions by separating air parcels in terms of their equivalent
348 potential temperature, it is also possible to further synthesize the information in terms of
349 a two-stream approximation. This method defines a mean updraft and a mean downdraft

350 based on the isentropic stream function. In doing so, one can describe a convective mass
351 transport as well as the mean updrafts and downdrafts properties. Results from the two-
352 stream approximation have been compared with standard definitions of the mass transport
353 inside clouds and inside convective cores. It is shown that the isentropic analysis leads to
354 systematically lower values for the mass transport due to the fact that the isentropic analysis
355 filters out gravity waves (as long as these correspond to reversible oscillations of air parcels
356 around their level neutral buoyancy), while other averaging techniques tend to include all
357 the vertical motions.

358 The technique proposed here can be regarded as an equivalent of the analysis of the merid-
359 ional circulation in isentropic coordinates (Dutton 1976; Johnson 1989; Held and Schneider
360 1999; Pauluis et al. 2008, 2010) applied to the vertical transport by convection. As con-
361 vective motions act to continuously stretch and fold isentropic surfaces, their geometry is
362 very complex in the convection. The use of the isentropic averaging can be viewed as a use-
363 ful mathematical tool to disentangle this complex geometry. The isentropic averaging also
364 serves as a quasi-Lagrangian coordinate system that filters out fast reversible oscillations and
365 captures the core convective processes associated with high entropy updrafts balanced by
366 slow subsidence of low entropy air. The approach presented here is well suited for analysis
367 of simulated convection. In addition to reduction of complex four dimensional datasets into
368 more manageable two dimensional distributions, the isentropic analysis offers the possibility
369 of recovering the diabatic tendencies without requiring detailed knowledge of the numer-
370 ical models. This can be advantageous as one tries to diagnose the convective transport
371 in increasingly complex numerical models in which the diabatic tendencies result from an
372 array of physical parameterizations, including turbulent closure, microphysics, and radiative
373 transfer. In addition, while direct computation of the isentropic stream function requires a
374 significant amount of data, it might be possible to approximate it accurately on the basis
375 of some statistical approximation, similarly as it can be done using the Statistical Trans-

376 formed Eulerian-Mean circulation to reconstruct the global isentropic circulation (Pauluis
377 et al. 2011). Hence, the isentropic stream function could potentially be used as an interme-
378 diary diagnostic for comparison between high resolution cloud resolving models and single
379 column models.

380 Finally, a potential application of the isentropic averaging lies in the reconstruction of
381 the transformations that various air parcels undergo as they are being transported within
382 the convective systems. In fact, the isentropic averaging can recover not only the convective
383 mass transport, but also the various thermodynamic properties. It is thus possible to use
384 this information to at least approximate the thermodynamic evolution of air parcels. We
385 plan to investigate such technique in an upcoming paper.

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417 643.

418 List of Figures

- 419 1 Left panel: Upward mass flux distribution $\langle \rho w \rangle$ in the radiative-convective
 420 equilibrium. Right panel: Isentropic stream function $\Psi(z, \theta_e)$. The solid line
 421 shows the mean profile of equivalent potential temperature $\bar{\theta}_e(z)$. 23
- 422 2 Left panel: Logarithm of the probability density function for air parcels $f =$
 423 $\langle \rho \rangle / \bar{\rho}(z)$. Right panel: First moment of the vertical velocity $w_1 = \langle \rho w \rangle / \langle \rho \rangle$. 24
- 424 3 Upper left panel: First moment of temperature distribution T_1 . Upper right
 425 panel: First moment of the water vapor distribution q_1 . Lower left panel:
 426 First moment of the condensed water distribution q_{l1} . Lower right panel: first
 427 moment of the buoyancy distribution B_1 . See text for definitions. 25
- 428 4 Upper left panel: Mass weighted diabatic heating $\langle \rho \dot{\theta}_e \rangle$. Upper right panel:
 429 diabatic heating tendency $\tilde{\theta}_e$. Lower left panel: Entrainment time-scale from
 430 eq. 10. Lower right panel: entrainment scale height from eq. 9 26
- 431 5 Results from the two-stream diagnostic for the convection. Upper left panel:
 432 upward convective mass flux M^+ from the two stream approximation (solid
 433 red line), cloud mass flux ((solid blue line) and mass flux within the convective
 434 core (solid black line). Upper right panel: moist static energy in the updraft
 435 H_m^+ , in the downdraft H_m^- and horizontal mean value \overline{MSE} . Lower left panel:
 436 buoyancy in the updraft B^+ and in the downdraft B^- . Lower right panel:
 437 Entrainment and detrainment rate based on equations (20-21). 27

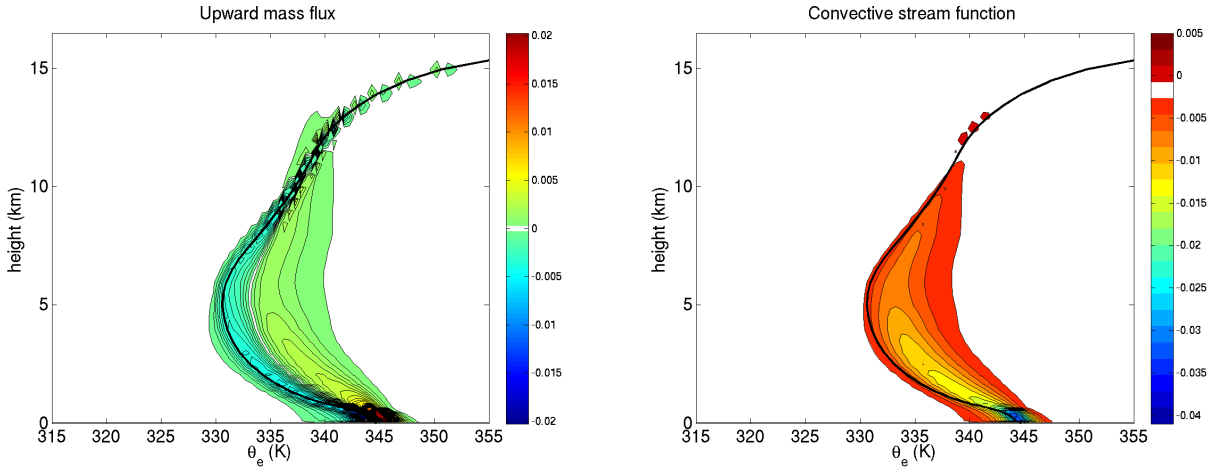


FIG. 1. Left panel: Upward mass flux distribution $\langle \rho w \rangle$ in the radiative-convective equilibrium. Right panel: Isentropic stream function $\Psi(z, \theta_e)$. The solid line shows the mean profile of equivalent potential temperature $\bar{\theta}_e(z)$.

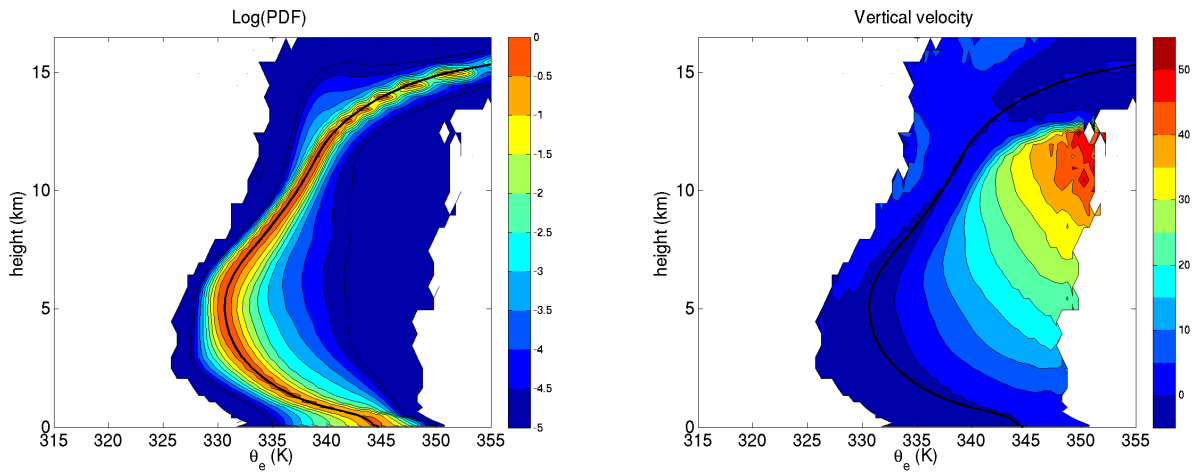


FIG. 2. Left panel: Logarithm of the probability density function for air parcels $f = \langle \rho \rangle / \bar{\rho}(z)$. Right panel: First moment of the vertical velocity $w_1 = \langle \rho w \rangle / \langle \rho \rangle$.

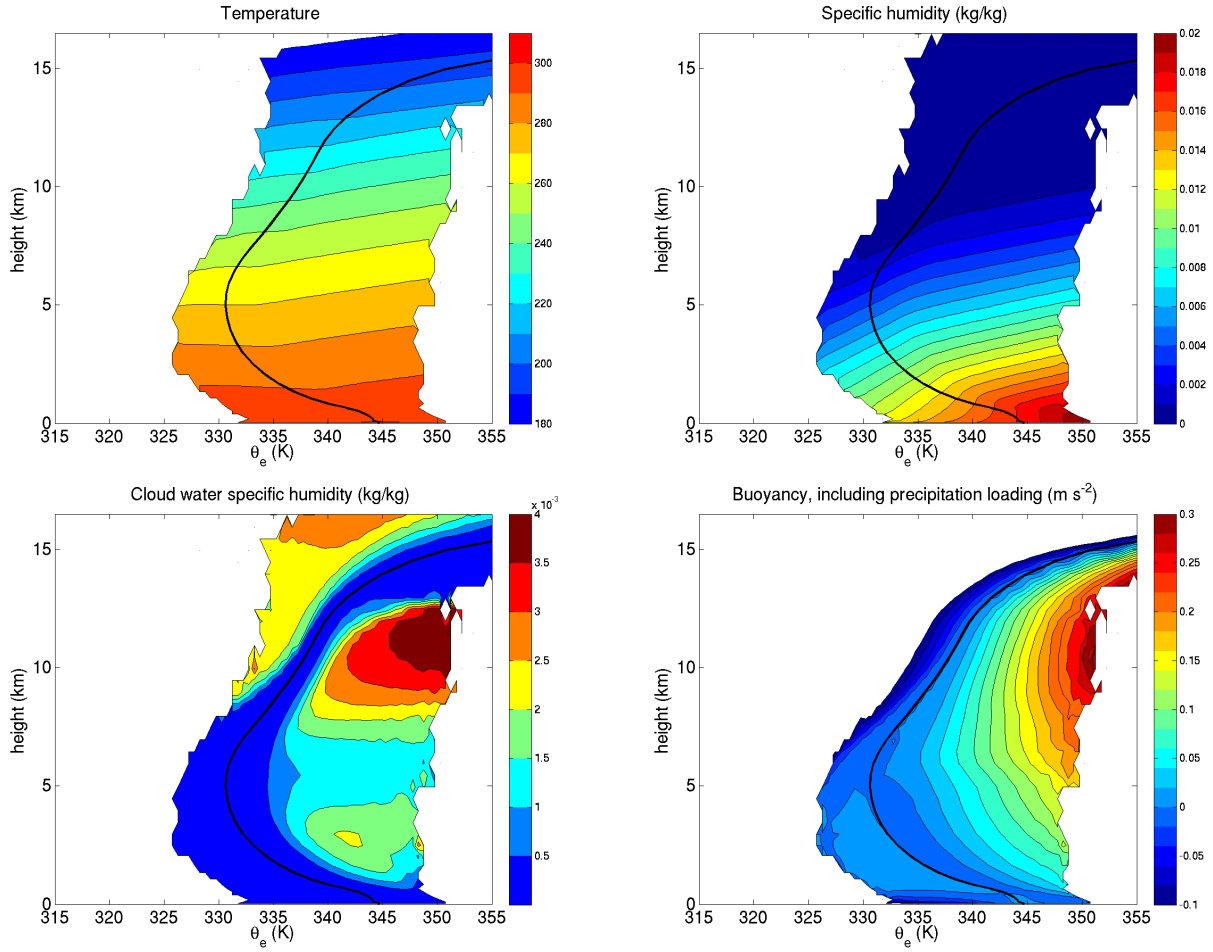


FIG. 3. Upper left panel: First moment of temperature distribution T_1 . Upper right panel: First moment of the water vapor distribution q_1 . Lower left panel: First moment of the condensed water distribution q_{l1} . Lower right panel: first moment of the buoyancy distribution B_1 . See text for definitions.

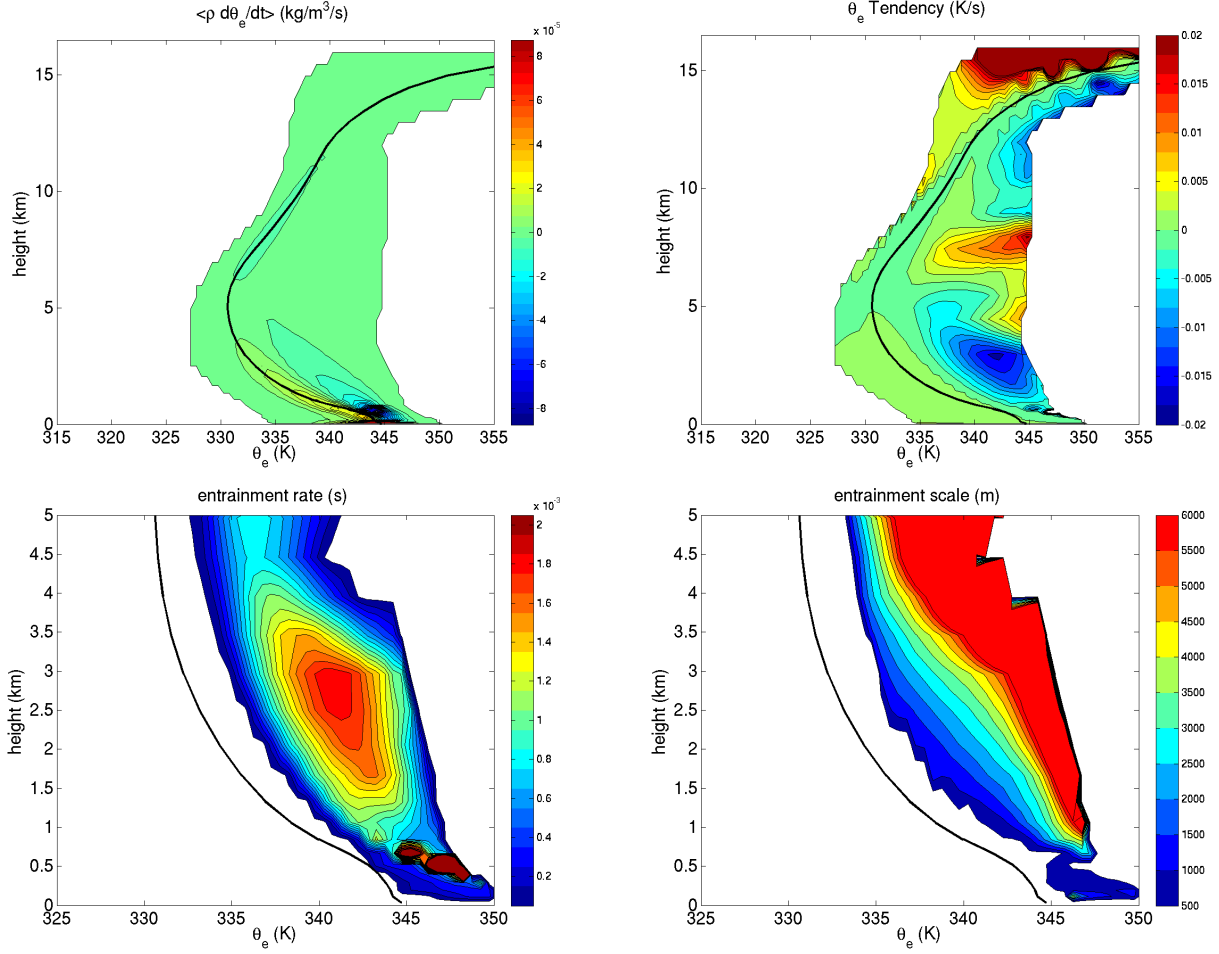


FIG. 4. Upper left panel: Mass weighted diabatic heating $\langle \rho \dot{\theta}_e \rangle$. Upper right panel: diabatic heating tendency $\tilde{\theta}_e$. Lower left panel: Entrainment time-scale from eq. 10. Lower right panel: entrainment scale height from eq. 9

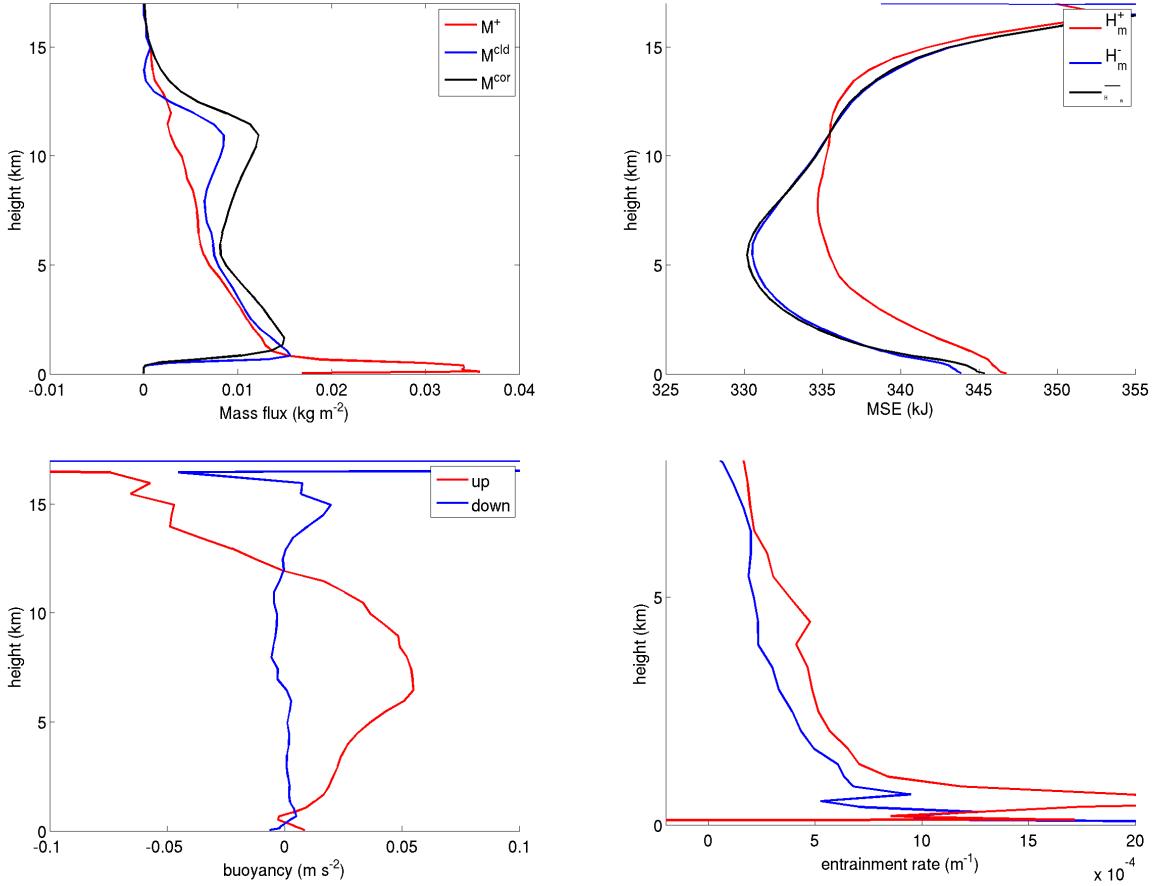


FIG. 5. Results from the two-stream diagnostic for the convection. Upper left panel: upward convective mass flux M^+ from the two stream approximation (solid red line), cloud mass flux (M^{clid} , solid blue line) and mass flux within the convective core (M^{cor} , solid black line). Upper right panel: moist static energy in the updraft H_m^+ , in the downdraft H_m^- and horizontal mean value \overline{MSE} . Lower left panel: buoyancy in the updraft B^+ and in the downdraft B^- . Lower right panel: Entrainment and detrainment rate based on equations (20-21).