## Composing and decomposing functions and

 surfaces
cims.nyu.edu/~ryoung/slides/slidesICM.pdf
R.Y. was supported by NSF grant DMS 2005609

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Q: What's the most complex surface in $\mathbb{R}^{n}$ ?
A: You can always add more complexity: $-\infty$
Q: What's the most complex surface in $\mathbb{R}^{n}$ of a given area?

## Plan

- Warm-up: Lipschitz functions
- Measuring nonorientability
- Applications to metric geometry


## Warm-up: Lipschitz functions

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What's the most complex 1-Lipschitz function?
Maybe something like this:


## Warm-up: Lipschitz functions

Let $\epsilon>0$, let

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1 \gg r_{1} \gg r_{2} \gg \cdots \gg r_{k} .
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Let $f=\sum_{i=1}^{k} \beta_{i}$, where $\beta_{i}$ is a wave with wavelength $r_{i}$ and amplitude $a_{i}=\epsilon r_{i}$.

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As long as $k \epsilon^{2} \ll \frac{1}{10}, f$ is mostly 1 -Lipschitz. So there's a 1 -Lipschitz function which is $\epsilon$-bumpy at $\approx \epsilon^{-2}$ different scales.

## How do you decompose a Lipschitz function?

Let $f$ be 1 -Lipschitz on $[0,1]$. For each $i$, let $f_{i}$ be the piecewise-linear approximation of $f$ such that $f_{i}\left(k 2^{-i}\right)=f\left(k 2^{-i}\right)$ for all $k$.

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In this case,

pseudo-orientation
$\operatorname{area}(P)=\operatorname{area}(K)+$ area of two discs.

## Quantitative nonorientability for cellular cycles

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- $\mathrm{NO}(A+B) \leq \mathrm{NO}(A)+\mathrm{NO}(B)$ for any $A, B$.


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What's the most nonorientable surface? How large can $\frac{\mathrm{NO}(A)}{\operatorname{area}(A)}$ be?

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But

$$
\operatorname{area}(M) \approx R^{2}+\sum_{i=1}^{k} r_{i}^{2} \frac{R^{2}}{r_{i}^{2}} \approx(k+1) R^{2}
$$

so $\frac{\mathrm{NO}(M)}{\operatorname{area}(M)}$ stays bounded!

## Nonorientability is bounded by area

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## Corollary (Y.)

If $D$ is an area-minimizing surface with boundary $T$, then there is an $\epsilon>0$ such that any area-minimizing surface $E$ with boundary $2 T$ satisfies

$$
\operatorname{area}(E) \geq \epsilon \operatorname{area}(D)
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## Proof: Decomposing surfaces in $\mathbb{R}^{n}$

Let $M \in Z_{d}\left(\tau ; \mathbb{Z}_{2}\right)$, let $M_{1}=M$.

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$-\operatorname{area}(M) \approx \sum_{i} \operatorname{area}\left(A_{i}\right)$.

- $M_{i}$ is a quasiminimizer on any set smaller than $B_{i}$.


## Proof: Uniform rectifiability

Theorem (David-Semmes)
A quasiminimizer in $\mathbb{R}^{n}$ is uniformly rectifiable.
Definition (David-Semmes)
A set $E \subset \mathbb{R}^{k}$ is uniformly rectifiable if and only if there is a "small" collection of Lipschitz graphs that approximate $E$ on most balls (a corona decomposition).

## Proof: Conclusion

Therefore:

## Proposition

Any mod-2 d-cycle $M$ in $\mathbb{R}^{n}$ can be written as a sum $M=\sum_{i} A_{i}$ of mod-2 $d$-cycles $A_{i}$ with uniformly rectifiable support such that $\sum$ area $A_{i} \lesssim$ area $M$.

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So $\mathrm{NO}(M) \leq \sum_{i} \mathrm{NO}\left(A_{i}\right) \lesssim \sum_{i} \operatorname{area}\left(A_{i}\right) \lesssim \operatorname{area}(M)$.

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A surface of area $A$ can be decomposed into uniformly rectifiable surfaces of total area $\approx A$, which can be described by Lipschitz graphs of total area $\approx A$.

## The Heisenberg group

Let $\mathbb{H}^{2 k+1} \subset M_{k+2}$ be the $(2 k+1)$-dimensional nilpotent group

$$
\mathbb{H}^{2 k+1}=\left\{\left.\left(\begin{array}{ccccc}
1 & x_{1} & \cdots & x_{k} & z \\
0 & 1 & 0 & 0 & y_{1} \\
0 & 0 & \ddots & 0 & \vdots \\
0 & 0 & 0 & 1 & y_{k} \\
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This contains a lattice

$$
\begin{aligned}
\mathbb{H}_{\mathbb{Z}}^{2 k+1}= & \left\langle X_{1}, \ldots, X_{k}, Y_{1}, \ldots, Y_{k}, Z\right. \\
& \left.\mid\left[X_{i}, Y_{i}\right]=Z, \text { all other pairs commute }\right\rangle
\end{aligned}
$$

The Heisenberg group $\mathbb{H}_{\mathbb{Z}}^{3}$


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## Nonembeddability of the Heisenberg group

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Theorem (Cheeger-Kleiner)
There is no bilipschitz embedding from $\mathbb{H}$ to $L_{1}$.
Cheeger and Kleiner's proof is based on approximating the level sets of functions $\mathbb{H} \rightarrow \mathbb{R}$ by planes. Our methods let us decompose these sets into Lipschitz graphs, leading to:
Theorem (Naor-Y.)
Sharp quantitative bounds on Lipschitz maps from $\mathbb{H}$ to $L_{1}$.

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- The ball of radius $r$ in the three-dimensional Heisenberg group $\mathbb{H}_{\mathbb{Z}}^{3}$ embeds into $L_{1}$ with distortion $\sqrt[4]{\log r}$, while the same ball in the higher-dimensional Heisenberg groups $\mathbb{H}_{\mathbb{Z}}^{5}, \mathbb{H}_{\mathbb{Z}}^{7}, \ldots$ has distortion $\sqrt{\log r}$.


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- There is a metric space $M$ that has a bilipschitz embedding into $L_{1}$ and $L_{4}$, but not $L_{p}$ for $1<p<4$.


## Surfaces in $\mathbb{H}$



Some of the most complex Lipschitz graphs in $\mathbb{H}^{3}$.

