

1 **The Circulation Response to Volcanic Eruptions: The Key Roles of**
2 **Stratospheric Warming and Eddy Interactions**

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ABSTRACT

10 Proxy data and observations suggest that large tropical volcanic eruptions in-
11 duce a poleward shift of the North Atlantic jet stream in boreal winter. How-
12 ever, there is far from universal agreement in models on this effect and its
13 mechanism, and the possibilities of a corresponding jet shift in the Southern
14 Hemisphere or the summer season have received little attention. Using a hi-
15 erarchy of simplified atmospheric models, this study examines the impact of
16 stratospheric aerosol on the extratropical circulation over the annual cycle. In
17 particular, the models allow the separation of the dominant shortwave (surface
18 cooling) and longwave (stratospheric warming) impacts of volcanic aerosol.
19 It is found that stratospheric warming shifts the jet poleward in both summer
20 and winter hemispheres. The experiments cannot definitively rule out the role
21 of surface cooling, but provide no evidence that it shifts the jet poleward.

22 Further study with simplified models demonstrates that the response to
23 stratospheric warming is remarkably generic and does not depend critically
24 on the boundary conditions (e.g., the planetary wave forcing) or the atmo-
25 spheric physics (e.g., the treatment of radiative transfer and moist processes).
26 It does, however, fundamentally involve both zonal-mean and eddy circula-
27 tion feedbacks. The timescales, seasonality, and structure of the response
28 provide further insight into the mechanism, as well as its connection to modes
29 of intrinsic natural variability. These findings have implications for the inter-
30 pretation of comprehensive model studies and for post-volcanic prediction.

31 **1. Introduction**

32 Volcanic aerosol primarily impacts Earth's climate by scattering incoming shortwave radiation
33 and absorbing and emitting longwave radiation. While aerosol in the troposphere is generally
34 washed out by the hydrological cycle within a few weeks, sufficiently large eruptions can inject
35 material into the stratosphere. In particular, the most influential eruptions on global climate are
36 large tropical eruptions (e.g., Robock and Mao 1995; Robock 2000). Volcanoes emit both ash and
37 sulfuric compounds that oxidize and form sulfuric acid aerosol droplets; it is thought that the latter
38 is most important in the stratosphere (Robock 2000). Following large tropical eruptions, like that
39 of Mt. Pinatubo in 1991, the Brewer–Dobson circulation, or meridional overturning circulation of
40 the stratosphere, lifts and meridionally spreads these droplets (Trepte et al. 1993; Hitchman et al.
41 1994), allowing them to persist in the middle atmosphere with an e-folding lifetime of approx-
42 imately one year (Barnes and Hofmann 1997). The shortwave effect causes globally-averaged
43 surface cooling, while the longwave effect causes localized warming of the tropical stratosphere
44 (Robock 2000). The cooling effect of volcanoes has been appreciated for centuries (e.g., Franklin
45 1784), but paradoxically, temperature reconstructions from proxy data also indicate that much of
46 Northern Eurasia warms during the first winters after a large volcanic eruption, even after account-
47 ing for El Niño–Southern Oscillation (ENSO) variability (Robock and Mao 1995; Fischer et al.
48 2007).

49 Reconstructions of Northern Hemisphere (NH) temperature changes following past eruptions
50 show spatial patterns reminiscent of a positive anomaly of the Northern Annular Mode (e.g.,
51 Robock 2000; Christiansen 2008). A positive annular mode is characterized by a poleward shift
52 of the extratropical jet, a stronger stratospheric vortex, and surface warming in subpolar latitudes,
53 especially over land (Thompson and Wallace 2000). Indeed, numerous studies with comprehen-

54 sive models have reproduced a poleward jet shift in response to volcanic forcing (e.g., Graf et al.
55 1993; Kirchner et al. 1999; Barnes et al. 2016). However, other studies have found a tepid or even
56 opposite response in the NH winter (e.g., Ramachandran et al. 2000; Robock et al. 2007; Driscoll
57 et al. 2012; Marshall et al. 2009). Furthermore, fewer studies have addressed the Southern Hemi-
58 sphere (SH) response, where proxy data is scarce. Some studies have found a poleward shift of
59 the SH winter jet (e.g., Karpechko et al. 2010; McGraw et al. 2016) while again others have found
60 little or opposite response (e.g., Robock et al. 2007; Roscoe and Haigh 2007).

61 In the context of a large tropical eruption, a poleward jet shift has been attributed to two general
62 mechanisms: surface darkening (the shortwave effect) and stratospheric warming (the longwave
63 effect). A first possible mechanism (Graf 1992; Stenchikov et al. 2002) observes that aerosol scat-
64 tering of shortwave radiation dims and cools the surface, reducing the tropospheric meridional
65 temperature gradient. Assuming this reduces midlatitude baroclinicity, it is possible that upward
66 wave flux is reduced so as to stimulate a stronger stratospheric vortex, which in turn drives a pole-
67 ward shift of the jet, as observed after a sudden stratospheric warming (Baldwin and Dunkerton
68 2001).

69 A second possible mechanism (Robock and Mao 1995) observes that aerosol absorption of long-
70 wave radiation warms the tropical stratosphere, steepening the stratospheric meridional tempera-
71 ture gradient. At small Rossby number, this balances a westerly acceleration of the zonal winds.
72 Assuming this acceleration occurs in the midlatitudes, the vortex acceleration feeds back with a
73 poleward shift of the jet via the stratosphere–troposphere coupling reflected in the annular mode. A
74 majority of previous studies have favored this hypothesis; however, as has been noted (Stenchikov
75 et al. 2002; Toohey et al. 2014; Bittner et al. 2016), the meridional temperature gradient may
76 not be in direct balance with a strengthened vortex. We will constructively demonstrate that the
77 qualitative nature of this hypothesis is quite sensitive to its quantitative details.

78 Given the wide variety of results obtained with comprehensive models and the inconsistent con-
79 clusions regarding mechanisms, Zanchettin et al. (2016) proposed a volcanic model intercom-
80 parison project (VolMIP) to study this issue within the Coupled Model Intercomparison Project,
81 Version 6 (CMIP6). VolMIP details several experiments, including differentiation of forcings
82 (stratospheric warming and surface darkening). The unified protocol will reduce methodological
83 uncertainty in our understanding of the response and afford the opportunity for a more complete
84 study of the atmospheric and oceanic response to volcanic forcing than has been previously under-
85 taken. However, comprehensive models have many degrees of freedom, including several sources
86 of jet variability which may mask the signal of volcanic forcing or obscure its mechanism: for
87 instance, ENSO (McGraw et al. 2016; Lehner et al. 2016), the Quasi-Biennial Oscillation (QBO)
88 (Garfinkel et al. 2012), and ozone recovery (Son et al. 2010). The latter will not be a concern for
89 VolMIP experiments with prescribed ozone, but all of these may come into play when comparing
90 previous model studies with one another.

91 We seek to address this challenge by examining volcanic forcing comparable to a large tropical
92 eruption in a hierarchy of idealized models, sequentially studying how each level of complexity
93 relates to the response. The resultant simplicity aids understanding of the dynamical mechanism of
94 volcanic forcing, although as we will see, causality is not always clear in the nonlinear atmosphere.

95 We first investigate the equilibrium responses to the two aerosol impacts in an idealized moist
96 atmospheric model, which includes a representation of zonal asymmetries in the surface condi-
97 tions. We find that the model's circulation response is driven by tropical stratospheric warming,
98 not surface cooling. Next, we simplify our model in order to understand the mechanistic roles
99 played by planetary-scale waves, radiative transfer and moist physics, synoptic eddy feedbacks,
100 and the zonal-mean circulation. Additional insight into the mechanism is provided by the temporal

101 evolution in response to instantaneous forcing. Finally, we will relate the forced response of these
102 models to their internal modes of variability.

103 **2. An Idealized Atmospheric Model**

104 We start with the equilibrium response to surface darkening and stratospheric warming in a
105 recently developed moist atmospheric model, MiMA, a Model of an idealized Moist Atmosphere,
106 which is described in detail by Jucker and Gerber (2017). MiMA is an extension of GRAM (Gray
107 Radiation Aquaplanet Moist general circulation model; Frierson et al. 2006), a pseudo-spectral
108 dynamical core coupled to a slab ocean with a simplified treatment of air-surface interactions and
109 the hydrological cycle. MiMA differs from GRAM by replacing the single-stream “gray” radiative
110 transfer scheme with a full radiation package, RRTM (Rapid Radiative Transfer Module, Mlawer
111 et al. 1997; Iacono et al. 2000), which permits simulation of the diurnal and annual variations in
112 insolation. A key simplification of MiMA relative to comprehensive models is to neglect the effect
113 of clouds: any condensed moisture (convective and resolved) falls out immediately, eliminating
114 the role of microphysics in the hydrological cycle and radiative transfer. Clouds have a net cooling
115 effect on the climate, and the global mean surface temperature of MiMA was corrected by tuning
116 the surface albedo, to a globally uniform 0.27, the default established by Jucker and Gerber (2017).
117 Consequently, MiMA is among the simplest models able to simulate both shortwave and longwave
118 perturbations. As configured, its radiatively active gases are water vapor (a prognostic variable),
119 carbon dioxide fixed at 300 ppm, and stratospheric ozone fixed at 1990-averaged values. Fixing
120 the ozone concentration precludes any ozone-aerosol feedback, or coupling between ozone and
121 the circulation.

122 The model is the same as used by Jucker and Gerber (2017), but modified as follows to in-
123 clude zonal asymmetries in the surface conditions and a representation of gravity wave momentum

124 transport. Land-sea contrast is approximated by incorporating observed topography and varying
125 the heat capacity of the surface mixed layer, which is set to 100 m in grid cells over ocean and
126 2 m in grid cells over land. The mixed layer includes a fixed meridional heat flux in the tropics
127 to approximate ocean heat transport, first developed by Merlis et al. (2013), their equation (2). In
128 addition, a tropical warm pool is forced by a fixed zonal transport of heat within the tropics, speci-
129 fied by equation (3) in Jucker and Gerber (2017), with maximum divergence of the prescribed heat
130 flux at 110° E. Zonal asymmetries of downsampled topography are included to excite stationary
131 waves, which play a dominant role in the stratospheric circulation and variability. To quantify the
132 effectiveness of these perturbations, Table 1 compares the stationary wave amplitude in MiMA to
133 to ERA–Interim reanalysis at several heights. The waves heights are nearly identical in the lower
134 stratosphere, but MiMA exhibits slightly weaker waves in the upper stratosphere.

135 The Alexander and Dunkerton (1999) gravity wave parameterization was included, to improve
136 representation of the polar vortices. The scheme considers a spectrum of gravity waves to represent
137 both orographic and non-orographic sources. The parameterization was tuned to spontaneously
138 generate a QBO-like oscillation of periodicity roughly 36 months. More important for our study,
139 the stationary and gravity wave parameterization allows us to capture the asymmetry in strength
140 and variability of the polar vortices in the austral and boreal hemispheres. The configuration
141 also manifests NH sudden stratospheric warmings) at a frequency of 3.4 per decade, slightly less
142 frequent, but comparable, to observed values. (Here, we have defined SSWs as the reversal of
143 zonal-mean zonal winds at 60° and 10 hPa during DJF, with events separated by at least 30 d of
144 consecutive westerlies.) MiMA is publicly available through GitHub, and the version used in this
145 paper with all namelists and input files is archived at <https://zenodo.org/record/1401407>.
146 For reference, Table 2 list all the experiments shown in this study.

147 MiMA is a pseudo-spectral model implemented at triangular truncation at wavenumber 42
 148 (roughly equivalent to 2.8° grid resolution) with 40 vertical levels up to 0.01 hPa. Integrations
 149 were spun up for 30 years before sampling data to ensure no residual effects from the initial condi-
 150 tion persist. Runs tested with higher vertical and horizontal resolutions yield very similar results.

151 **3. The circulation response to surface darkening versus stratospheric warming**

152 Our setup is designed to mimic the surface darkening and stratospheric warming that occurred
 153 after the eruption of Mt. Pinatubo in 1991. We apply these forcings separately to focus on the dy-
 154 namics of each. Additional testing found that the response to both simultaneously is approximately
 155 the superposition of the individual responses.

156 For the darkening experiment (e.g., integration 2 of Table 2), we reduce the solar constant by
 157 0.5 %, modifying downward top-of-atmosphere shortwave flux by -1.7 W m^{-2} , comparable to the
 158 radiative cooling by Mt. Pinatubo, which averaged -2.7 W m^{-2} the second and third months after
 159 erupting (Minnis et al. 1993). This prescribed forcing also produces surface cooling similar to the
 160 observed peak global surface cooling of 0.4 K (Thompson et al. 2009). A more realistic setup in
 161 which the darkening varied for each latitude is not possible in MiMA’s current configuration.

162 For stratospheric warming experiments, we directly apply a steady, zonally uniform temperature
 163 tendency in lower stratosphere, $\dot{Q}(\phi, z)$, where ϕ and z are latitude and height, respectively. The
 164 tendency is an analytic approximation of the aerosol induced heating rate computed in simula-
 165 tions of the Mt. Pinatubo eruption by the comprehensive Earth system model MPI-ESM (Toohey
 166 et al. 2014), shown in Figure 1a. Explicitly, the tendency is

$$\dot{Q}(\phi, z) = \sum_{i=1}^3 a_i \exp\left(-\frac{(\phi - \tilde{\phi}_i)^2}{2\sigma_i^2} - \frac{(z - \tilde{z}_i)^2}{2\zeta_i^2}\right), \quad (1)$$

167 with the parameters defined and specified in Table 3, and is plotted in Figure 1b. The residual
168 reveals a small vertical offset (Figure 1c), but importantly the idealization allows us to test the
169 wide parameter space of forcing profiles. The results appear fairly linear at this magnitude of
170 forcing, and modifying the width or height of the forcing, or increasing the accuracy of the analytic
171 idealization, seems to have little quantitative effect. This is convenient as recent work indicates that
172 the heating profiles produced by models using the SAGE-4 λ aerosol data may be overestimated
173 (Revell et al. 2017), such that our forcing may be stronger than the actual post-Pinatubo heating.

174 We focus first on the equilibrium response to surface darkening and stratospheric warming in
175 Fig. 2, based on three 100-year simulations: integration 2 with the reduced solar constant, inte-
176 gration 4, with the tropical stratospheric heating as specified in (3), and the unperturbed control,
177 integration 1. For darkening (Fig. 2a,c), the entire troposphere cools, with globally-averaged sur-
178 face temperatures reduced by 0.9 K. This magnitude is greater than the ENSO-adjusted response
179 to the eruption of Mt. Pinatubo (Thompson et al. 2009), but note that this is the equilibrated re-
180 sponse, where the the entire mixed layer has come into balance. We found that this is within
181 the linear regime of our model response, based on additional testing. By way of comparison, the
182 model’s climate sensitivity to doubled carbon dioxide levels is 2.0 K, on the low end of the 2.1 K
183 to 4.7 K observed in CMIP5 coupled atmosphere–ocean models (Andrews et al. 2012), which in-
184 clude cloud, albedo, and other feedbacks. In the stratosphere, MiMA’s temperature response is
185 weak, except for cooling in the upper stratosphere over the winter pole.

186 In the zonal wind field (Fig. 2b,d), the only significant response to darkening is a slight deceler-
187 ation of both subtropical jets, as would be expected with a lowering of the tropopause in response
188 to tropospheric cooling. If anything, the SH surface westerlies tend to shift equatorward in austral
189 winter, opposite (and therefore consistent with) the projected poleward shift associated with global

190 warming (Yin 2005). Given the large sample size (100 winters), the lack of a clear jet shift leads
191 us to conclude that uniform surface darkening has little effect on lower tropospheric winds.

192 It is possible that the meridional dependence of the insolation change is essential to the mech-
193 anism. However, the darkening response includes a net decrease in equator-to-pole temperature
194 difference of 0.2 K and a net decrease in 30° to 60° temperature difference of 0.3 K (both mass-
195 weighted and vertically-integrated). This is because a uniform reduction in insolation has a larger
196 net impact on the total insolation of the tropics than on higher latitudes in the winter hemisphere.
197 In addition, gradients in cooling at the surface are amplified in the upper troposphere by the lapse
198 rate effect. While we cannot adjust the insolation as a function of latitude, we can partially com-
199 pensate by reducing the surface albedo at higher latitudes. Additional integrations (not shown)
200 indicate that a reduction of high latitude albedo shifted the jets equatorward. This is consistent
201 with an equatorward shift in the jets in response to a reduction in the meridional temperature gra-
202 dient driven by sea-ice loss (e.g., Magnusdottir et al. 2004; Strong et al. 2009) or associated with
203 Arctic amplification (e.g., Butler et al. 2010).

204 MiMA's response to surface darkening contrasts the response found by Stenchikov et al. (2002).
205 They simulated a latitudinally-dependent tropospheric cooling in a comprehensive general circu-
206 lation model also with realistic zonal asymmetries, but with only 4 ensemble members, obtaining
207 also a weakening of the 30° to 60° tropospheric temperature difference. Their surface darkening
208 reduced midlatitude Eliassen–Palm flux by one standard deviation, stimulating a stronger vortex
209 and poleward jet shift in the winter hemisphere. Given that the effect is not reproduced in our
210 simpler model and a paucity of other studies have addressed darkening, care is necessary when
211 performing intermodel comparisons such as VolMIP aims to do.

212 In contrast to surface darkening, stratospheric warming (Fig. 2f,h) accelerates the stratospheric
213 vortex and shifts the tropospheric jet polewards in both winter hemispheres. This is consistent

214 with the statistically significant poleward shift of the winter jet inferred from proxy data. In the
215 stratosphere, the winter vortex strengthens, while the quiescent summer stratosphere also exhibits
216 a westerly anomaly. In the troposphere, the jets move poleward in both winter hemispheres, with
217 some separation of the subtropical and eddy-driven components. The SH jet also shifts poleward
218 during summer, but the weaker NH summer jet remains roughly the same. As we will discuss,
219 the wind response projects strongly onto existing modes of variability in the troposphere and in
220 some cases the stratosphere. Lastly, we remark that the model’s QBO-like oscillation shuts down
221 in response to the prescribed stratospheric warming. This is not unheard of for models (Niemeier
222 and Schmidt 2017), but should not necessarily be interpreted as the expected response in the real
223 world.

224 The temperature response (Fig. 2e,g) is consistent with other modeling studies (e.g., Toohey
225 et al. 2014; Revell et al. 2017). It reveals the direct warming applied in the tropical stratosphere
226 as well as indirect heating of the high winter stratosphere over the poles, indicating an overall
227 strengthening of the meridional circulation there, as in Toohey et al. (2014). Equatorial changes
228 above 20 hPa are associated with the QBO shutdown and are not essential to the mechanism, as
229 we will see for a simplified configuration of MiMA.

230 To summarize, MiMA responds to stratospheric warming with a strengthened vortex and a pole-
231 ward shift of the winter and SH summer jets, while the darkening response is a tepid weakening
232 of the subtropical jets, as might be anticipated from global cooling. While there may be other
233 processes in the atmosphere that could induce a poleward shift of the jet in response to darken-
234 ing, stratospheric warming appears qualitatively—moreover quantitatively—sufficient to capture
235 the jet shift. Hence, for the remainder of this study we focus on the warming experiments and
236 examine the mechanism behind these anomalies with a hierarchy of simpler models.

237 4. Insufficiency of the “thermal wind balance” hypothesis

238 Previous discussions of the mechanism (e.g., Robock and Mao 1995; Stenchikov et al. 2002)
239 focus on the meridional temperature gradient in the lower stratosphere. We state the hypothesis
240 as follows. Aerosol warming of the tropical stratosphere steepens the equator-to-pole temperature
241 gradient. As the stratosphere remains balanced, this is associated with an acceleration of the
242 wintertime vortex. To impact the troposphere, eddy feedbacks connect the vortex acceleration
243 with a poleward shift of the tropospheric jet, as with the response to SH ozone loss (Son et al.
244 2010) or natural variability (Baldwin and Dunkerton 2001).

245 A key assumption of this hypothesis is that the stratospheric temperature response balances an
246 acceleration of the winter vortex. Although the temperature and zonal wind fields in the extratrop-
247 ical stratosphere are well-balanced a posteriori as a consequence of small Rossby number, there is
248 no a priori guarantee that the warming response will accelerate the vortex region. The stratosphere
249 may also actively respond with zonal-mean circulation adjustments. Additionally, the hypothesis
250 focuses on the effect in the winter hemisphere without addressing whether similar reasoning might
251 apply in the summer stratosphere where the winds are quiescent.

252 To explore the limitations of this mechanism, we start with a “straw man” argument, examining
253 the impact of aerosol-induced stratospheric warming in the limit of fixed dynamical heating. To
254 first order in Rossby number, the atmosphere is in thermal wind balance and the zonal-mean
255 response is given by

$$\Delta\bar{u}(\phi, p) = -\frac{1}{f(\phi)} \int_{\text{surface}}^p \frac{R}{ap'} \frac{\partial}{\partial\phi} \Delta\bar{T}(\phi, p') dp' \quad (2)$$

256 where Δ indicates perturbation minus control, \bar{u} is the zonal-mean zonal wind, ϕ is latitude, p is
257 pressure, f the Coriolis parameter, R the specific gas constant of air, a the radius of the earth, and

258 \bar{T} the zonal-mean temperature. The key to making a prediction with this mechanism is to obtain
259 an a priori prediction of $\Delta\bar{T}$.

260 As shown in the following section, the circulation response can be recovered in a simple Held
261 and Suarez (1994) type model where radiation is replaced by Newtonian relaxation towards an
262 equilibrium temperature T_{eq} as $\frac{\partial T}{\partial t} = \dots - \tau^{-1}(T - \bar{T}_{\text{eq}})$, where $\tau(\phi, p)$ is a radiative relaxation
263 timescale. Assuming there are no circulation feedbacks, the temperature response $\Delta\bar{T}(\phi, p)$ in this
264 simple context is just $F(\phi, p)\tau(\phi, p)$, where F is our prescribed warming. We scale F to obtain
265 the same amplitude of temperature response as in MiMA, although this change is immaterial since
266 the balanced response is linear. We use the semi-empirical τ of Jucker et al. (2014), which was
267 optimized to provide an ideal approximation to real radiative transfer, although the uniform strato-
268 spheric $\tau = 40$ days to which the Held and Suarez (1994) model defaults gives qualitatively similar
269 results. To compute $\Delta\bar{u}(\phi, p)$, we assume no change in surface winds and integrate vertically to
270 the top of the atmosphere.

271 Fig. 3a,b shows the response in temperature and wind, respectively. We see that the temperature
272 anomaly qualitatively resembles the results obtained in the previous section (Fig. 2e,g), but its
273 gradient balances a strong acceleration of merely the stratospheric winds equatorward of 45° rather
274 than of the desired polar vortex acceleration. As Bittner et al. (2016) emphasized, the stratospheric
275 response evidently involves circulation feedbacks. To investigate them, we examine a series of
276 simplifications bridging the gap between MiMA and fixed dynamical heating.

277 **5. The processes linking stratospheric warming to tropospheric jet shifts**

278 The response to stratospheric warming alone in our aquaplanet model MiMA broadly agrees
279 with observations and many comprehensive model studies. In the stratosphere, the polar vortex is
280 enhanced well beyond a naïve thermal wind response, and in the troposphere, the winter and sum-

281 mer jets expand poleward. To identify the relevant processes driving these effects, we apply three
282 successive simplifications to the model, producing 100-year steady-state control and perturbation
283 integrations as before.

284 *a. Zonally symmetric lower boundary*

285 Do planetary waves play an essential role in the response? Some previous studies (e.g., Perl-
286 witz and Graf 1995) have suggested an affirmative answer, pointing to their role in stratosphere–
287 troposphere coupling. To address this, we replace the realistic topography and land-sea contrast
288 with an aquaplanet uniform lower boundary condition, and replace the gravity wave parameteri-
289 zation with a simple Rayleigh damping layer near the model top. (The gravity wave scheme was
290 omitted largely because it must be re-tuned considerably when planetary waves are omitted, but
291 as will be found, this change suggests that the details of the gravity wave driving are not essen-
292 tial to the response.) The model still simulates the annual cycle in insolation, and spontaneously
293 generates planetary waves as energy scatters up from baroclinic instability, but the overall plane-
294 tary wave activity is greatly diminished. As a result, the stratospheric polar vortices become very
295 strong and steady in the winter hemisphere; in particular, sudden stratospheric warmings in the
296 zonally asymmetric configuration are no longer observed.

297 Fig. 3c,d shows the temperature and zonal wind responses in this configuration. Both are qual-
298 itatively similar to the zonally asymmetric configuration (Fig. 2e–h); with this hemispherically
299 symmetric version of the model, austral winter is simply a reflection of boreal winter. Quantita-
300 tively, the response is stronger with the reduction of wave forcing, in agreement with the findings
301 of Toohey et al. (2014) that wave forcing acts as a negative feedback to the heating anomalies.
302 In the zonal wind field, the response also aligns well with the model’s existing modes of vari-
303 ability in the troposphere and winter stratosphere: a poleward jet shift in both hemispheres and

304 a strengthened winter stratospheric vortex. This configuration of the model does not produce a
305 QBO-like oscillation, primarily due to the lack of realistic gravity wave driving, so the response of
306 the tropical winds is vaguely reminiscent of a “frozen” QBO. We conclude that neither the details
307 of the climatology nor topographically-forced stratosphere–troposphere coupling is essential for
308 the circulation response to stratospheric warming.

309 *b. Simplified physics and no annual cycle*

310 If the details of the planetary waves (or gravity wave drag) are not necessary, what about moist
311 and radiative processes? To investigate, we turn to the Held and Suarez (1994) dry dynamical core.
312 It shares the same primitive equation dynamics, pseudo-spectral numerical implementation, flat
313 lower boundary, and Rayleigh damping at the model top as the previous configuration of MiMA.
314 All diabatic physics, however, are replaced by Newtonian relaxation of the temperature field to an
315 equilibrium DJF profile specified by Polvani and Kushner (2002), and discussed previously in the
316 context of the fixed dynamical heating argument. The equilibrium temperature profile is fixed in
317 time, so that this model simulates a perpetual boreal winter climate.

318 Applying stratospheric warming to this highly idealized atmospheric model, we see qualitatively
319 the same response as in MiMA (Fig. 3e,f). The temperature response in the stratosphere is slightly
320 narrower, which corresponds with an equatorward movement of the stratospheric wind anomalies,
321 but in the troposphere, we see the characteristic poleward shift of the tropospheric jets, although
322 the magnitude is smaller. This demonstrates that the details of radiative and moist processes are
323 not essential to the circulation response to stratospheric warming, but suggests that diabatic effects
324 could amplify the response. Numerous studies have documented that feedback between eddies and
325 the mean flow in the extratropics is sensitive to the climatological state. For example, Eichelberger
326 and Hartmann (2007) stress the importance of the relative position between the subtropical and

327 extratropical jets, and Kidston et al. (2010), Barnes and Hartmann (2011), and Garfinkel et al.
328 (2013), focus on links between the strength of eddy feedback and the jet position. Thus, the role
329 of diabatic processes on eddy feedback may be indirect, through their role in setting the basic state
330 of the extratropical atmosphere.

331 To focus on the mechanism, however, we emphasize the remarkably similar qualitative re-
332 sponse, despite the large differences in climatology. As in MiMA, the circulation response projects
333 strongly onto the model’s existing modes of variability; this can explain much of the quantitative
334 differences in the troposphere and will be discussed in Section 7. Lastly, we note that like the
335 zonally symmetric configuration of MiMA, this model does not have a QBO-like oscillation, and
336 it has a comparable response of the tropical stratosphere.

337 *c. The role of eddies*

338 Given that highly simplified physics suffices to produce a vortex acceleration and a poleward
339 jet shift, but thermal wind balance is not sufficient, what circulation feedbacks are involved?
340 Specifically, is the circulation response fundamentally three-dimensional (i.e., involving eddies),
341 or could an axisymmetric theory suffice, as for example with the Hadley cell theory of Held and
342 Hou (1980)? We address this by axisymmetrizing the previous configuration of the dry dynami-
343 cal core. We follow the procedure of Kushner and Polvani (2004), which allows us to apply the
344 heating about a configuration with the same zonal-mean circulation as the full three-dimensional
345 model. Briefly, one initializes the model with the desired zonal-mean state, and then runs it for
346 one time step to compute the zonally-asymmetric tendency of the model to leave this state. Then
347 this tendency is subtracted at each and every timestep; the result is a steady model (excepting a
348 few small high frequency vibrations) that shares a nearly identical climatological zonal-mean with

349 the three-dimensional configuration. However, any forcing response (in our case, to stratospheric
350 warming) will only affect the zonal-mean circulation: by construction there is no eddy response.

351 The response to stratospheric warming (Fig. 3g,h) in this model exhibits a decidedly more nar-
352 row temperature anomaly compared to the full three-dimensional model. A Hadley cell-like ax-
353 isymmetric circulation does extend the warming poleward beyond that found in the limit of fixed
354 dynamical heating (compare to Fig. 3a), leading to a profound change in the zonal wind field (com-
355 pare to Fig. 3b), but does not project well onto the vortex in comparison to the three-dimensional
356 model (Fig. 3f). Evidently eddy feedbacks act to meridionally widen the temperature response,
357 and the slight alteration of the temperature response caused by inhibiting eddy feedbacks induces a
358 large qualitative change in the zonal wind response. Furthermore, the tropics do not respond with
359 a QBO-like anomaly as they do for the three-dimensional models, as the relevant eddy feedbacks
360 are suppressed.

361 The axisymmetric response in the troposphere is extremely small; in particular the lower tropo-
362 sphere has no significant response. Hence eddy feedbacks are necessary to couple the stratospheric
363 response to the troposphere, but also to achieve the stratospheric response alone, supporting the
364 conclusions of Bittner et al. (2016). We examine the timescales of this coupling, and its relation
365 to internal modes of variability, in the subsequent sections.

366 *d. Interpretation*

367 Considering these results hierarchically, we find that the details of the stationary waves or strato-
368 spheric variability are not essential to capturing the response to warming, nor are the details of
369 moist and radiative processes. These factors clearly influence the quantitative structure of the
370 response, and we will return to these differences in Section 7, where we find that much can be
371 explained by differences in the natural variability across the integrations. Eddies, however, are

372 essential not only for coupling the stratospheric response to the troposphere, but for obtaining the
373 stratospheric response as well.

374 To better quantify the impact of eddy feedbacks, we plot in Fig. 4 the response of the meridional
375 circulation in the full and axisymmetrized configurations of the dynamical core. In the three-
376 dimensional case, this is the difference, denoted by Δ , in residual streamfunction ψ^* . In the
377 axisymmetric configuration, the eddy term in the residual streamfunction is fixed, so $\Delta\psi^* = \Delta\psi$
378 where ψ is the Eulerian streamfunction.

379 In the tropical stratosphere of both models, the overturning circulation increases, acting to
380 broaden the temperature anomaly in the meridional plane (similar to a Hadley cell), but eddy
381 feedbacks enhance the poleward extension of the anomaly. The anomalous overturning is much
382 more confined in the axisymmetric configuration, where the circulation can only bend angular mo-
383 mentum surfaces in the tropics and subtropics to redistribute the warming. As the eddy forcing is
384 fixed in this model, the circulation cannot cross angular momentum surfaces into the extratropics.

385 The stratospheric response in the three-dimensional model is more complicated above and pole-
386 ward of the heating region due to changes in wave breaking around the NH winter vortex. In
387 particular, the overturning circulation over the pole weakens between 10 hPa to 100 hPa, consis-
388 tent with an equatorward shift in wave driving that helps increase the circulation in the tropics.

389 Recalling that the troposphere responds little in the axisymmetric configuration because of the
390 fixed eddies, the tropospheric responses are informative but should not be directly compared. The
391 response in the three-dimensional model bears the signature of the jet shift: the overturning weak-
392 ens in the tropics, but positive anomalies show up in the extratropics, associated with a poleward
393 shift of the jet and Ferrel cell.

394 We have tried different widths of the stratospheric heating profile and found qualitatively similar
395 results, but there does not appear to be a simple analytical relation between the shape of the heating

396 and the shape or strength of the circulation response. For example, a straightforward application of
397 the Held and Hou (1980) theory applied to the circulation responses is not successful, even in the
398 zonally symmetric model. The tropospheric response does, however, scale fairly linearly with the
399 strength of the warming. Fig. 5 highlights the linearity of the tropospheric response in the zonally
400 symmetric configuration of MiMA, and shows that our control warming amplitude falls within
401 the linear regime of the forcing. In fact, the response saturates only slightly when the forcing is
402 doubled, more so in the winter hemisphere than the summer hemisphere, even though the response
403 is already significantly smaller in the winter hemisphere.

404 **6. Timescale of the circulation response to stratospheric warming**

405 The previous section establishes that the stratospheric response to warming can be captured with
406 highly simplified physics, but that it does require eddy feedbacks. Given that volcanic forcing (at
407 least as prescribed in atmospheric models) evolves on timescales of months to about a year, while
408 eddies turn over on a timescales of 3–5 days (even in the stratosphere), causality in the atmosphere
409 is difficult to assess. One approach is to examine the adjustment time for different regions of the
410 atmosphere after an eruption. We investigate this temporal evolution of the warming response
411 by running a series of switch-on experiments. For both MiMA (using the original configuration
412 with topography) and the dry dynamical core, we create a 100-member ensemble of 2-year runs
413 branching off from the control run with an abrupt application of warming that is then held constant.
414 This is somewhat analogous to a real eruption, but simplifies the temporal development by treating
415 aerosol forcing as a step function in time. For the MiMA ensemble, which has an annual cycle,
416 forcing is applied beginning on January 1; start dates of April 1, July 1, or October 1 yield similar
417 convergence to their respective points in the seasonal cycle.

418 *a. The fast extratropical response*

419 Fig. 6 shows the evolution of the zonal wind responses in two models at 35 hPa, through the
420 core of the warming, and 850 hPa, an ideal level to track the extratropical eddy-driven jets. In
421 MiMA (the configuration with the more realistic lower boundary conditions is shown), we see a
422 relatively quick convergence of the extratropical stratosphere to the equilibrium, seasonally evol-
423 ving response over a period of 2–3 months. The associated signal in the troposphere lags that of
424 the stratosphere (very slightly in the NH but much more in the SH), however quantifying the lag is
425 complicated by the presence of the annual cycle. It does appear well-converged within one year.
426 These results imply that the extratropical atmosphere reaches the equilibrium state within the life-
427 time of the aerosol forcing (1–3 years), although slow ocean feedbacks may play a role on longer
428 timescales in the real atmosphere.

429 The dynamical core simulations are easier to interpret, as they are run in perpetual boreal winter
430 with no seasonal cycle. The lag of the tropospheric winds behind the extratropical stratospheric
431 winds is readily apparent, particularly in the winter (Northern) hemisphere. The simplified bound-
432 ary conditions (and hence less internal variability, particularly in the stratosphere) may also play
433 a role in amplifying the tropospheric lag; results in the MiMA configuration without topography
434 (not shown) appear to show a greater tropospheric lag in comparison with the zonally asymmetric
435 configuration. We speculate that stationary waves tighten the dynamical coupling between the tro-
436 posphere and stratosphere. They also impact the tropospheric variability directly, however, which
437 could affect their sensitivity and response time.

438 To quantify these results more precisely in the dynamical core integrations, we project the tran-
439 sient zonal wind response as a function of time onto the equilibrium response (Fig. 7). Interpre-
440 tation of the adjustment time is simpler for the dynamical core since it runs in perpetual winter;

441 applying the same metric in MiMA suffers from a lower signal-to-noise ratio and the complication
442 of the annual cycle. We see that the stratosphere immediately begins adjustment towards equilib-
443 rium on a timescale of 1–2 months, but the tropospheric jets have little response for approximately
444 2 weeks and then converge on a slower timescale of 4–10 months. In both the stratosphere and the
445 troposphere, the winter response is evidently slower than the summer response by roughly a factor
446 of 2, despite winter and summer responses having similar magnitude. This is qualitatively oppo-
447 site to the response in MiMA, emphasizing the role of stationary waves in setting the adjustment
448 timescale.

449 We conclude that warming of the tropical stratosphere drives a rapid response in the extratropical
450 stratosphere, while the tropospheric response converges on a longer timescale. This is consistent
451 with a top-down mechanism, where the polar vortex modifies the eddy-driven jet as found with
452 the annular mode response to sudden stratospheric warmings (e.g., Baldwin and Dunkerton 2001)
453 and the response to ozone loss and recovery (e.g., Polvani et al. 2011). The large response of
454 the stratospheric vortex at height, however, may be a red herring. Rather, the similar response
455 of the summer jets suggests that it is the more subtle change in winds in the lower stratosphere
456 that matter. This is the region of the stratosphere in direct contact with synoptic variability. The
457 lifecycle experiments of Wittman et al. (2004) show that tropospheric wave breaking (which in turn
458 controls the momentum fluxes) is sensitive to winds in the upper troposphere/lower stratosphere
459 region. This points to a mechanism that can operate in all seasons, and indeed, the response to
460 ozone loss and recovery in the SH peaks in late spring to summer.

461 *b. The slow tropical response*

462 Fig. 7 hints at a possible “over-response” of the tropospheric circulation in the second year,
463 where the overall projection exceeds the final climatological response. All curves will eventu-

464 ally asymptote to 1 by construction. Even with 100 ensemble members, however, there is still
465 considerable internal variability, so we investigate this more closely. Fig. 8b indicates that the
466 second-year response in the winter hemisphere is larger than the equilibrium response, albeit with
467 only marginal statistical confidence.

468 While the extratropical response of the circulation is largely on the timescale of weeks to months,
469 Fig. 7 shows that the tropical stratosphere in the dynamical core requires a much longer timescale
470 to adjust. The winds here ultimately require about a decade to fully converge. The slow evolu-
471 tion from tropical stratospheric easterlies to westerlies, shown in Fig. 8a and c, is associated with
472 the adjustment time of the balanced response, which scales inversely with the Coriolis parameter
473 (Holton et al. 1995). A decade is quite extreme—as noted below in the context of MiMA, the pres-
474 ence of an annual cycle limits the slow adjustment—but this is the region of the atmosphere that
475 supports the QBO, which evolves on timescales orders of magnitude longer than the extratropical
476 stratosphere.

477 Although the second year and steady-state responses at the equator are small and nearly equal
478 at 35 hPa, they are large and of opposite sign at 10 hPa (Fig. 8a,c). The QBO-like difference in
479 the stratosphere and small difference in the jet is in rough quantitative agreement with the find-
480 ing of Garfinkel et al. (2012), who suggest that the QBO modifies the surface winds through the
481 meridional circulation in the subtropics. In support of this mechanism, the extratropical strato-
482 spheric vortex is fairly well-converged after one year, suggesting that it is not simply a Holton
483 and Tan (1980)-type impact through the extratropical stratospheric vortex. Rather, the long-term
484 evolution of the tropical stratosphere is associated with a slight decrease of the initial extratropical
485 tropospheric response.

486 The tropical stratosphere also adjusts slowly in the configuration of MiMA without topography
487 (not shown), although the addition of the annual cycle accelerates the process to some degree. The

488 topographic configuration exhibits a faster tropical adjustment of a few years (Fig. 6), consistent
489 with the timescale of the QBO. It is possible that volcanic eruptions may alter the QBO by mod-
490 ifying the dynamics of tropical wave activity, which can in turn impact the surface. This would
491 still be possible within the 1–3 year lifetime of stratospheric aerosol, and further investigation may
492 be possible with proposed model intercomparison projects with comprehensive models that can
493 capture the QBO in a forced warming state.

494 *c. Seasonality of the response*

495 The lag in the tropospheric response, 1–3 months, is sufficiently long that the circulation may not
496 reach an equilibrium at any point in the annual cycle. We consider in Fig. 9 the seasonality of the
497 response using MiMA, which shows the composited transient response of zonal wind for the first
498 twelve months after a January 1 “eruption” (i.e., an abrupt initiation of heating rate anomalies) in
499 the flat configuration. Interpretation is easier with this configuration of the model; as the response
500 has essentially converged by the second half of the year, we can use June–December to observe
501 the full response over a solstitial and equinoctial season, since the lower boundary is flat in both
502 hemispheres.

503 The first few months show the initial response of the stratosphere; while a small tropospheric
504 signal is present during this time, the contour intervals were chosen to emphasize magnitudes
505 larger than than 1 ms^{-2} . The stratospheric response is initially more hemispherically symmetric
506 (January), while in just a few months (March), the presence of the winter vortex leads to amplified
507 anomalies at height in the winter (boreal) hemisphere. The response at 100 hPa—which is most
508 critical for stratosphere–troposphere coupling—is remarkably similar in both hemispheres at all
509 times of the year, and so appears to be connected with the essential response to warming in the
510 lower stratosphere.

511 The response of the winds at height, which tend to dominate the picture, are largely dictated by
512 the annual cycle of the vortices, which act as valves to planetary wave propagation into the mid
513 and upper stratosphere. At all times, the winds accelerate on the equatorward flank of the vortex,
514 peaking in amplitude at the very end of its lifecycle in late spring, as it shrinks towards the pole
515 before vanishing (the vortex is long-lived in this configuration, given the lack of planetary wave
516 forcing). This structure is associated with a concomitant equatorward shift in the wave breaking
517 and critical lines, which form along the edge of the vortex. While it is tempting to fall back on the
518 thermal wind argument (where tropical warming increases the temperature gradient, accelerating
519 the winds and bending waves equatorward), we stress that it is only valid a posteriori, requiring the
520 nonlinear dynamics of the the three-dimensional models. The end result is consistent with wave
521 refraction and wave driving arguments, but not easy to predict a priori.

522 The tropospheric response tends to maximize in solstitial seasons, weakening most notably in
523 spring. For the solstitial seasons, the 1–3 month lag is sufficiently short for the circulation to fully
524 spin up before the annual cycle changes the basic state. As seen in Fig. 2f and h, we note that the
525 situation is more complicated in the more realistic configuration of MiMA, and a boreal summer
526 tropospheric response is notably absent, consistent with findings from comprehensive models (e.g.,
527 Barnes et al. 2016). The stratospheric evolution is similar in the more realistic configuration
528 model, although the enhanced planetary wave activity shortens the lifetime of the polar vortices in
529 the spring, further localizing the middle and upper stratospheric wind anomalies to the solstitial
530 seasons (not shown). The shutdown of the QBO-like oscillation in this configuration admittedly
531 complicates the analysis (essentially, reducing our effective sample size), but the early evolution
532 of the extratropical response appears to be insensitive to the initial phase of the QBO.

533 **7. Linking the response to volcanic forcing with the internal variability of the atmosphere**

534 A number of studies have highlighted connections between the response to volcanic eruptions
535 and the annular modes of variability (e.g., Perlwitz and Graf 1995; Bittner et al. 2016; Barnes et al.
536 2016; McGraw et al. 2016). The annular modes dominate variability in the extratropical atmo-
537 sphere in both hemispheres (Thompson and Wallace 2000), and have been linked to the response to
538 external forcings, including greenhouse gases (e.g., Kushner et al. 2001) and stratospheric ozone
539 (e.g., Son et al. 2010). Ring and Plumb (2007) highlight the fact that the atmosphere often re-
540 sponds modally to external forcings, and Garfinkel et al. (2013) suggest that the annular modes
541 can be used to quantify the strength and structure of eddy-vortex-jet interactions, which we have
542 shown to be critical in understanding the circulation response to stratospheric warming.

543 As we have focused thus far on the response of the polar vortices and tropospheric jets, we
544 examine the relation to natural variability by constructing the annular modes from the zonal wind
545 fields. A similar picture emerges if we use geopotential height, which is more commonly used to
546 characterize the annular modes. We define the annular mode index on each individual pressure
547 level to be the leading principal component of 10-day lowpass-filtered daily zonal-mean zonal
548 wind anomalies poleward of 30° , latitude-weighted to account for sphericity. These anomalies are
549 taken with respect to the control climatology, which evolves seasonally in the MiMA runs. The
550 index is defined separately for the JJA and DJF seasons, allowing us to compare directly with pre-
551 existing variability in that season. After normalizing the annular mode index to have unit variance,
552 we obtain the annular mode patterns by regressing the original (unweighted) zonal-mean zonal
553 winds onto the index. With this convention, the annular mode pattern has physical units of m s^{-1}
554 and amplitude corresponding to one standard deviation of variability.

555 We compare the structure and amplitude of the circulation response to stratospheric warming in
556 both MiMA and the dynamical core in Table 4. For the runs without topography, by symmetry
557 we need only consider one solstice season (DJF). We report one stratospheric level: 35 hPa, which
558 captures the variability and response of the polar vortex, and one tropospheric level: 850 hPa,
559 which best captures the variability and response of the eddy driven flow of the troposphere. The
560 results are qualitatively similar for other levels within the stratosphere/troposphere, respectively.
561 The Variance columns of Table 4 tabulate the fraction of variance captured by the annular mode in
562 the control run. We see that the annular mode dominates the natural variability of the zonal-mean
563 zonal wind in all seasons at both levels. We now examine the pattern correlation ρ between these
564 modes and the warming responses in the forced experiments, as well as the response amplitude A
565 in units of one standard deviation of natural variability.

566 The first two rows of Table 4 compare the circulation response to stratospheric warming with
567 the natural variability in boreal winter in our more realistic configuration of MiMA. In the NH, the
568 response nearly perfectly aligns with the annular mode structure, with a pattern correlation close
569 to unity at both 35 hPa and 850 hPa. Relative to the natural variability, however the NH response
570 is comparatively weak: equivalent to 0.47σ in the stratosphere, and even smaller ($A_{850} = 0.23\sigma$)
571 in the troposphere. This weak signal is consistent with the difficulty of isolating the response in
572 comprehensive models.

573 Under a difference of means test, the number of independent samples required to reject the null
574 hypothesis at 95 % for a signal of this strength is 81. The annular mode in the lower troposphere
575 tends to decay on a time scale of order 10–15 days, so one could expect 6–10 effective samples
576 per season, hence requiring on the order of 10 volcanic and non-volcanic winters to unambigu-
577 ously detect the signal. This is in good agreement with the result of Bittner et al. (2016) using
578 a comprehensive model. 10 winters is well within the sample size of our study, but larger than

579 that afforded by most comprehensive model studies. In the observational record, the climatology
580 of non-volcanic winters is well-sampled, so the required sample size of post-eruption winters to
581 detect a signal of this magnitude is halved. However, our forcing is strong relative to observations
582 of Pinatubo, so 5 samples may be an optimistic estimate.

583 In the SH, the tropospheric response also aligns almost perfectly with the natural variability
584 ($\rho_{850} = 0.99$), and compared to natural variability is three times as strong as in the NH. In the
585 stratosphere, however, the response does not overlap very well with the structure of natural vari-
586 ability. In the austral winter, the SH response is remarkably similar: near-perfect alignment in the
587 troposphere (albeit weaker relative to natural variability), with a poorer overlap in the stratosphere.
588 In the NH, the tropospheric response is less like the annular mode, consistent with the findings of
589 Barnes et al. (2016) who investigated more complex models.

590 The more idealized models are remarkably consistent with the results of MiMA's realistic config-
591 uration: (i) the tropospheric response generally aligns very well with the annular mode variability,
592 more so than the stratospheric response; (ii) the response is weaker relative to the amplitude of nat-
593 ural variability in the troposphere than the stratosphere; and (iii) the winter response is generally
594 smaller relative to natural variability than the summer response. We interpret these observations
595 as follows:

- 596 i. The stratospheric response is influenced by the structure of the warming perturbation and
597 residual circulation response thereto (Toohey et al. 2014)—and so deviates from the structure
598 of natural variability—while the tropospheric response (at least in our models) is exclusively
599 driven by the eddy coupling characterized by the annular mode.
- 600 ii. The relative strength of the response in the stratosphere is also consistent with the fact that
601 the residual circulation there is directly forced. The weaker tropospheric response matches

602 the reduced amplitude of the tropospheric response to natural variability, such as sudden
603 stratospheric warmings (e.g., Baldwin and Dunkerton 2001).

604 iii. The relative increase of the signal-to-noise ratio of the response in summer compared to win-
605 ter is consistent with the relative lack of variability in the summer hemisphere. The stronger
606 amplitude (in an absolute sense, see Fig. 2f,h) also lines up with the enhanced temporal vari-
607 ability of the annular mode (Garfinkel et al. 2013).

608 By calling the consistency across models “remarkable,” we emphasize that the variability (and
609 response) change dramatically across these integrations. The degree of consistency suggests a
610 generic relationship between the response and variability. To illustrate this point, Fig. 10 shows
611 two examples comparing a two-dimensional annular mode with the circulation response. Here, the
612 annular mode overlays the NH DJF warming response in MiMA for both configurations previously
613 described.

614 As shown in Fig. 7 of Gerber and Polvani (2009), the annular mode structure changes dramati-
615 cally with the lower boundary conditions, shifting from a troposphere-dominated mode (Fig. 10b)
616 to a stratosphere–troposphere coupled mode (Fig. 10a) with the addition of planetary wave forc-
617 ings. This mirrors the difference between the observed Northern and Southern annular modes
618 (e.g., Thompson and Wallace 2000, Fig. 1). The response to warming (Fig. 10) shares this quali-
619 tative difference, extending more strongly into the troposphere in the flat configuration than in the
620 configuration with topography. It also shifts in latitude, corresponding with the latitudinal shift in
621 natural variability between the integrations.

622 **8. Conclusions**

623 We have investigated the shortwave and longwave effects of idealized forcings associated with
624 volcanic aerosol on the atmospheric circulation using a hierarchy of idealized models. Global
625 darkening—a surrogate for the shortwave scattering effect of volcanic aerosol—does not produce
626 significant changes to the stratospheric vortex, and the jet if anything shifts equatorward, broadly
627 the opposite circulation response expected from global warming. In contrast, warming of the trop-
628 ical lower stratosphere resulting from aerosol absorption of long-wave radiation strengthens the
629 vortex and shifts the jets poleward in both winter hemispheres and the SH summer. This response
630 is found to be remarkably generic, robust to large perturbations of both the boundary conditions
631 and atmospheric physics. Given that stratospheric warming alone appears both qualitatively and
632 quantitatively sufficient to explain the expected circulation response (Robock and Mao 1995; Fis-
633 cher et al. 2007), we argue that it is the primary driver.

634 Analysis of our model hierarchy indicates that the mechanism involves eddies at a fundamental
635 level in both the stratosphere and troposphere. A naïve argument that the stratospheric warming
636 increases the equator-to-pole temperature gradient (and so strengthening the polar vortex) cannot
637 qualitatively predict the response, and is unhelpful in explaining the surprisingly similar circulation
638 response of the summer hemisphere where there is no vortex mediating stratosphere–troposphere
639 interactions. This supports the conclusions of Bittner et al. (2016), who found that eddies play
640 a critical role in the response of the stratosphere to volcanic eruptions, and the growing body of
641 literature that shows tropospheric eddies are key to mediating the response of the jet stream to the
642 stratosphere (see Kidston et al. 2015, and references therein).

643 A focus on the influence of stratospheric warming on the polar vortices tends to over-emphasize
644 the response in the mid-to-upper stratosphere, which is stronger in the winter hemisphere and more

645 strongly driven by planetary wave forcing (Fig. 10). In contrast, the more subtle increase in winds
646 in the lower stratosphere is much more symmetric and independent of season, and thus appears to
647 be more critical in coupling the response to the surface, without requiring strong planetary wave
648 generation.

649 The information provided by the equilibrium and switch-on experiments support two pathways
650 for the stratosphere to influence the tropospheric jet streams. The dominant route appears to be
651 through the extratropics, where the stratospheric response leads the troposphere. This pathway is
652 similar to the response to sudden stratospheric warmings and ozone loss. A potential secondary
653 pathway relates to the tropical circulation, where stratospheric warming can disrupt the QBO and
654 thereby influence the troposphere directly through residual circulation in the subtropics (Garfinkel
655 et al. 2012). This secondary pathway, however, is substantially weaker, and may not play a mean-
656 ingful role in the observed response, given that the residence time of stratospheric aerosols is of
657 the same order or less as the period of the QBO.

658 Our models suggest that the tropospheric response to stratospheric warming correlates highly
659 with natural variability. Differences of these modes in response to changes in the boundary condi-
660 tions and model physics can thus be used to explain the qualitative differences in the tropospheric
661 response with model configuration, and to a lesser extent, the quantitative differences. The over-
662 lap with natural variability, however leads to a sampling problem, as the surface response is small
663 relative to natural variability, particularly in the NH during winter, where a posteriori we found the
664 weak signal required 81 samples. It is therefore not surprising that other modeling studies have
665 not universally found a measurable impact (e.g., Ramachandran et al. 2000; Robock et al. 2007;
666 Driscoll et al. 2012; Marshall et al. 2009).

667 While the idealization of our models allows us to identify the key dynamical pathways, and
668 assess the robustness of the response, one must always be cautious in applying the results to the real

669 atmosphere. In particular, our approximation of the shortwave effect as an overall reduction of the
670 solar constant neglects the meridional structure of the response and other impacts in the shortwave.
671 Proposed multi-model intercomparison projects such as VolMIP will provide an opportunity to
672 compare the responses to shortwave and longwave effects in a comprehensive modeling context.
673 We believe that our comparatively inexpensive model runs provide further justification for the
674 commitment of substantial modeling and computational resources to investigate the circulation
675 response to volcanic eruptions within the CMIP6.

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858 root-mean-square amplitude of zonally anomalous geopotential height at 60° N
859 during DJF. MiMA values are based on a 100 year climatology, ERA–Interim,
860 on years 1979–2016. 40

861 **Table 2.** A list of the model experiments shown in this study. The last column lists all
862 Figs. based on results from each integration, including plots illustrating a differ-
863 ence; e.g., Figs. 2a–d show the difference between integrations 2 and 1. Integra-
864 tions 1–11 are equilibrated runs, where the integration has reached a statistical
865 equilibrium (which evolves with the annual cycle in MiMA) after an appropriate
866 spin up period. Integrations 12–14 are “switch on” experiments, branched
867 from the corresponding control integration with an instantaneous application
868 of stratospheric warming. In MiMA, integrations 12–13 were branched from
869 Jan. 1 of each year of the equilibrated control run. All integrations were com-
870 pleted with pseudo-spectral models run with triangular truncation at wavenum-
871 ber 42 (T42). This provides isotropic (uniform) resolution of the planet on a
872 grid roughly equivalent to 2.8° along the equator. Additional integrations were
873 conducted to established the robustness of our results to resolution and other
874 features, as discussed within the text. 41

875 **Table 3.** Parameter values for the temperature tendency used as warming forcing. 42

876 **Table 4.** A comparison of the zonal wind response to stratospheric warming with natu-
877 ral variability, as represented by the annular modes, for different experiments
878 (as listed in Table 2), seasons, and hemispheres. The columns Variance_X indi-
879 cate the fraction of total variance captured by the annular mode at pressure
880 level X (35 and 850 hPa, indicative of stratospheric and tropospheric condi-
881 tions, respectively); a large fraction here indicates that the natural variability
882 is dominated by the annular mode, which is nearly always the case. Columns
883 ρ_X indicate the spatial correlation between the annular mode and the response
884 at pressure level X ; a value near unity indicates that the structure of the re-
885 sponse to stratospheric warming is nearly identical to that of the annular mode.
886 Columns A_X show the relative amplitude of the response compared to a 1 stan-
887 dard deviation amplitude of the annular mode; a value of unity indicates that
888 the response is as large as a typical anomaly of the annular mode on daily time
889 scales. 43

890 TABLE 1. Stationary wave amplitude in the stratosphere for the MiMA model configuration with zonal asym-
 891 metries and ERA–Interim reanalysis, quantified as the root-mean-square amplitude of zonally anomalous geopo-
 892 tential height at 60° N during DJF. MiMA values are based on a 100 year climatology, ERA–Interim, on years
 893 1979–2016.

Level (hPa)	MiMA (m)	ERA–Interim (m)
100	152	152
70	178	179
50	208	216
30	262	292

894 TABLE 2. A list of the model experiments shown in this study. The last column lists all Figs. based on results
895 from each integration, including plots illustrating a difference; e.g., Figs. 2a–d show the difference between
896 integrations 2 and 1. Integrations 1–11 are equilibrated runs, where the integration has reached a statistical
897 equilibrium (which evolves with the annual cycle in MiMA) after an appropriate spin up period. Integrations
898 12–14 are “switch on” experiments, branched from the corresponding control integration with an instantaneous
899 application of stratospheric warming. In MiMA, integrations 12–13 were branched from Jan. 1 of each year of
900 the equilibrated control run. All integrations were completed with pseudo-spectral models run with triangular
901 truncation at wavenumber 42 (T42). This provides isotropic (uniform) resolution of the planet on a grid roughly
902 equivalent to 2.8° along the equator. Additional integrations were conducted to established the robustness of our
903 results to resolution and other features, as discussed within the text.

	Model	Description	length (yr)	spin up	ensemble size	Shown in Figs.
1	MiMA	zonal asymmetries, control	100	30 y	n.a.	1a, 2, 5, 6a,c; 9, 10a
2	MiMA	zonal asymmetries, darkening	100	30 y	n.a.	2a–d
3	MiMA	zonal asymmetries, $0.5\times$ strat. heating	100	30 y	n.a.	5
4	MiMA	zonal asymmetries, strat. heating	100	30 y	n.a.	2e–h, 5
5	MiMA	zonal asymmetries, $2\times$ strat. heating	100	30 y	n.a.	5
6	MiMA	flat, control	100	30 y	n.a.	3c,d; 10b
7	MiMA	flat, stratospheric heating	100	30 y	n.a.	3c,d
8	Dyn. Core	flat, control	100	1000 d	n.a.	3e,f; 4b, 6b,d; 7, 8
9	Dyn. Core	flat, stratospheric heating	100	1000 d	n.a.	3e,f; 4b
10	Dyn. Core	axisymmetric, control	100	1000 d	n.a.	3g,h; 4a
11	Dyn. Core	axisymmetric, strat. heating	100	1000 d	n.a.	3g,h; 4a
12	MiMA	zonal asymmetries, strat. heating	2	n.a.	100	6a,c
13	MiMA	flat, stratospheric heating	2	n.a.	100	9
14	Dyn. Core	flat, stratospheric heating	2	n.a.	100	6b,d; 7, 8

TABLE 3. Parameter values for the temperature tendency used as warming forcing.

	Amplitude	Latitude	Height	Gaussian width	Gaussian height
i	a_i (K day ⁻¹)	$\tilde{\phi}_i$ (deg)	\tilde{z}_i (km)	σ_i (deg)	ζ_i (km)
1	0.5	0	24.5	26	4
2	0.08	-36	21	17	3.6
3	0.08	36	21	17	3.6

904 TABLE 4. A comparison of the zonal wind response to stratospheric warming with natural variability, as
905 represented by the annular modes, for different experiments (as listed in Table 2), seasons, and hemispheres.
906 The columns Variance_X indicate the fraction of total variance captured by the annular mode at pressure level
907 X (35 and 850 hPa, indicative of stratospheric and tropospheric conditions, respectively); a large fraction here
908 indicates that the natural variability is dominated by the annular mode, which is nearly always the case. Columns
909 ρ_X indicate the spatial correlation between the annular mode and the response at pressure level X ; a value near
910 unity indicates that the structure of the response to stratospheric warming is nearly identical to that of the annular
911 mode. Columns A_X show the relative amplitude of the response compared to a 1 standard deviation amplitude
912 of the annular mode; a value of unity indicates that the response is as large as a typical anomaly of the annular
913 mode on daily time scales.

Experiments	Season	Hemisphere	Variance ₃₅	ρ_{35}	A_{35}	Variance ₈₅₀	ρ_{850}	A_{850}
4 vs. 1 (MiMA w/ zonal asymmetries)	DJF	SH	0.66	0.50	0.89	0.53	0.99	0.66
4 vs. 1 (MiMA w/ zonal asymmetries)	DJF	NH	0.70	0.98	0.47	0.51	0.99	0.23
4 vs. 1 (MiMA w/ zonal asymmetries)	JJA	SH	0.62	0.54	1.4	0.47	0.98	1.2
4 vs. 1 (MiMA w/ zonal asymmetries)	JJA	NH	0.43	0.52	1.2	0.37	0.66	0.13
7 vs. 6 (MiMA, flat)	DJF	SH	0.81	0.92	1.3	0.69	0.99	0.83
7 vs. 6 (MiMA, flat)	DJF	NH	0.56	0.77	1.7	0.61	0.99	0.61
9 vs. 8 (Dynamical core, flat)	DJF	SH	0.53	0.97	2.0	0.81	0.96	0.42
9 vs. 8 (Dynamical core, flat)	DJF	NH	0.73	0.96	1.2	0.72	0.99	0.26

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915 **Fig. 1.** (a) Volcanic aerosol induced heating rates computed by the MPI-ESM model forced with
 916 Mt. Pinatubo aerosols based on the SAGE-4λ reconstruction, (b) an analytic approximation
 917 of the MPI-ESM heating rates, approximated by a sum of fitted Gaussian profiles (see text),
 918 and (c) the residual error between our approximation and model heating rates. Note the
 919 reduced contour interval in (c). 46

920 **Fig. 2.** Equilibrium zonally-averaged temperature and zonal wind responses to surface darkening
 921 and stratospheric warming in MiMA integrations with zonally asymmetric lower boundary
 922 conditions. Shading indicates a lack of significance at the 95 % confidence level, controlling
 923 for false discovery rate (Wilks 2006). Shown for reference are the model’s climatological
 924 winds (in isotachs of 10 m s⁻¹, with easterly isotachs dashed and the zero isotach bolded)
 925 and temperatures (in isotherms of 20 K, with the 200 K isotherm bolded). 47

926 **Fig. 3.** Equilibrium zonally-averaged temperature and zonal wind responses to stratospheric warm-
 927 ing in the simplified models. As further discussed in the text, (a,b) show the balanced re-
 928 sponse to warming assuming fixed dynamical heating, (c,d) show the response of MiMA
 929 in a flat configuration with no zonal asymmetries at the surface, (e,f) show the response of
 930 the dry dynamical core, also with a flat lower boundary, and (g,h) show the response of an
 931 axisymmetric version of the dynamical core, where the eddy forcing is held fixed and only
 932 the zonally symmetric circulation can evolve. Shading indicates a lack of significance at the
 933 95 % confidence level, controlling for false discovery rate. Shown for reference are the mod-
 934 els’ climatological winds (in isotachs of 10 m s⁻¹, with easterly isotachs dashed and the zero
 935 isotach bolded) and temperatures (in isotherms of 20 K, with the 200 K isotherm bolded). . . . 48

936 **Fig. 4.** The overturning circulation response to warming in the (a) axisymmetric and (b) three-
 937 dimensional dynamical core. The circulation is quantified by the residual mean streamfunc-
 938 tion, which is equivalent to the Eulerian mean streamfunction in the axisymmetric model,
 939 where there is no contribution from eddies by construction. The models’ climatological
 940 streamlines are selectively shown in logarithmic spacing for reference purposes, with nega-
 941 tive streamlines dashed. A quantitative assessment of the overturning circulation in the dry
 942 dynamical core is provided in Gerber (2012). The logarithmic contour intervals are necessi-
 943 tated by the fact that the overturning circulation and its response decay roughly exponentially
 944 with height, spanning ~3 orders of magnitude from the surface to 1 hPa. 49

945 **Fig. 5.** Equilibrium DJF zonally-averaged zonal wind responses to unit, doubled, and halved warm-
 946 ing in MiMA integrations with zonal asymmetries. The response at 850 hPa is characteristic
 947 of the response throughout the troposphere. Dashed lines show 2× and 1/2× multiples
 948 of the unit forcing response; an overlap between the solid and dashed contours would thus
 949 indicate that the response scales linearly with the forcing amplitude. 50

950 **Fig. 6.** Temporal evolution of the zonally-averaged zonal wind response to warming, following a
 951 January 1 abrupt initiation of stratospheric warming in (a,c) MiMA w/ zonal asymmetries
 952 and (b,d) the dynamical core with a flat boundary. The response is defined as the difference
 953 between the ensemble mean of the switch on experiments less the mean of control integra-
 954 tion, which evolves with the annual cycle in the case of MiMA. The levels 35 (850) hPa are
 955 characteristic of the response of the stratospheric (tropospheric) winds. Pairs (a,b) and (c,d)
 956 each share a color scale, but a finer contour interval was used to show additional detail in
 957 the dynamical core integrations where the response was weaker. 51

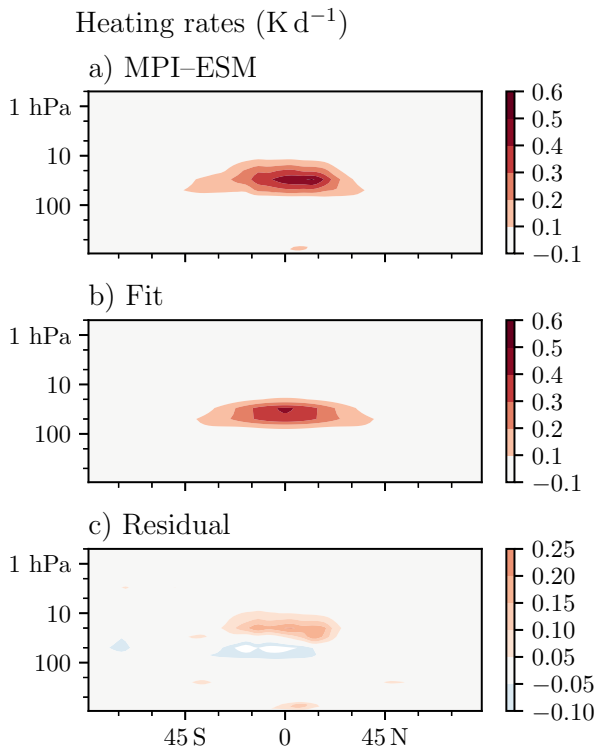
958 **Fig. 7.** The response of the zonal wind relative to the equilibrium (time mean) response, as a func-
 959 tion of time, in the switch on stratospheric warming experiments with the dynamical core,

960 computed over specific regions as indicated in the legend. The relative response is deter-
961 mined by the coefficient of projection of the ensemble mean zonally-averaged zonal wind
962 response, projected onto the equilibrium response and averaged over the specified regions;
963 a value of 1 indicates the ensemble mean response of the switch on integrations has reached
964 the equilibrium value at this level and latitudinal range. Projections are smoothed using a
965 30-day low-pass Butterworth filter and corrected for group delay to reduce the influence of
966 natural variability. 52

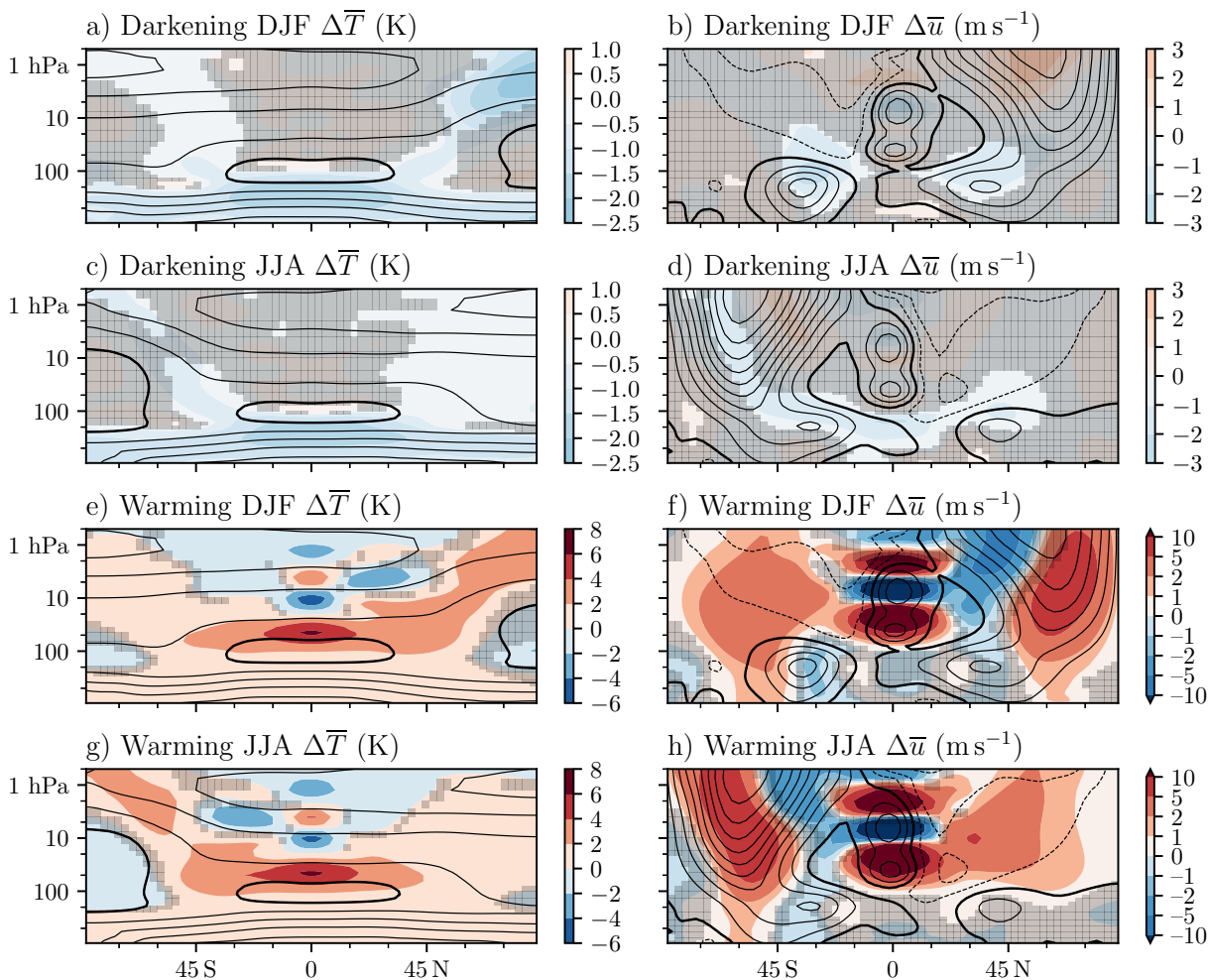
967 **Fig. 8.** Comparison of the equilibrium and second year (ensemble mean) response of the zonally-
968 averaged zonal wind to warming in the three-dimensional dynamical core. The equilibrium
969 response is the difference between means of 100 year steady integrations (stratospheric heat-
970 ing minus the control), while the year 2 response is based on the ensemble mean of the
971 second year in 100 switch on experiments, less the control. Shaded regions indicate 1σ of
972 uncertainty. 53

973 **Fig. 9.** Monthly evolution of the zonally-averaged zonal wind responses to warming in MiMA with
974 a flat lower boundary, following a January 1 abrupt initiation of heating rate anomalies.
975 Shown for reference are the model’s climatological winds (in isotachs of 10 ms^{-1} , with
976 easterly isotachs dashed and the zero isotach bolded). 54

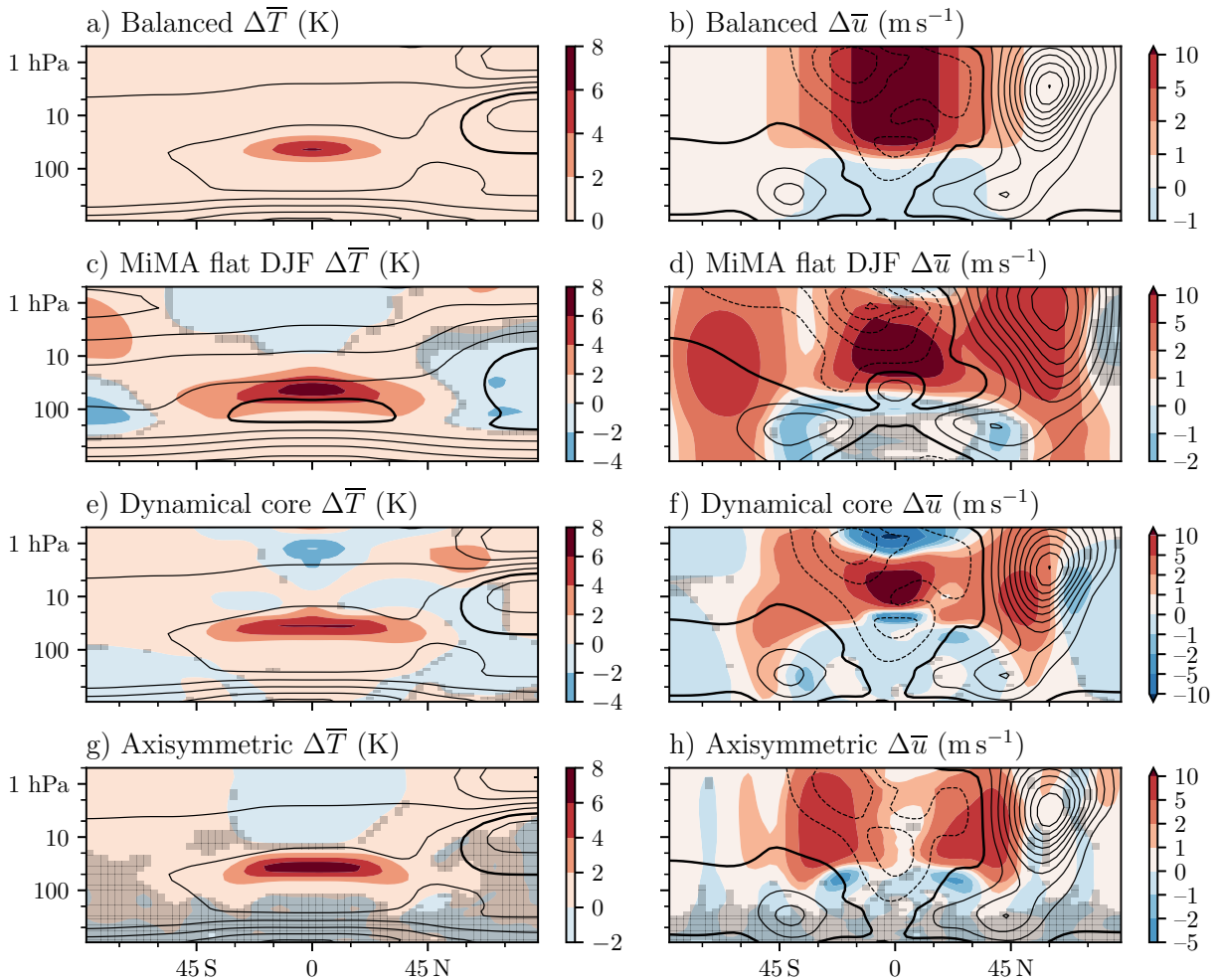
977 **Fig. 10.** The extratropical zonally-averaged zonal wind responses to warming (shaded) and corre-
978 sponding annular modes for Northern Hemisphere DJF in MiMA (a) with and (b) without
979 zonal asymmetries in the lower boundary. The annular modes are contoured in isotachs of
980 1 ms^{-1} per unit variance, with easterly isotachs dashed and the zero isotach bolded. Note
981 that the change in the model’s boundary conditions shifts both the zonal wind response and
982 the annular mode, particularly in the troposphere, and similarly modifies their vertical struc-
983 ture. 55



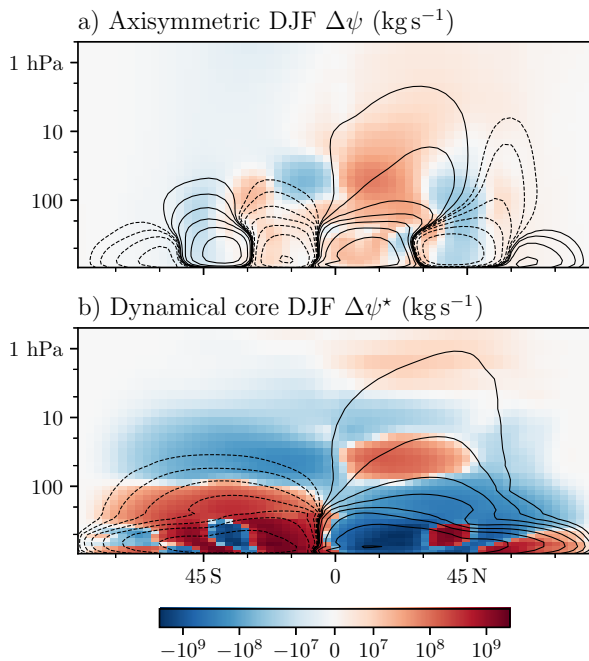
984 FIG. 1. (a) Volcanic aerosol induced heating rates computed by the MPI-ESM model forced with Mt. Pinatubo
 985 aerosols based on the SAGE-4 λ reconstruction, (b) an analytic approximation of the MPI-ESM heating rates,
 986 approximated by a sum of fitted Gaussian profiles (see text), and (c) the residual error between our approximation
 987 and model heating rates. Note the reduced contour interval in (c).



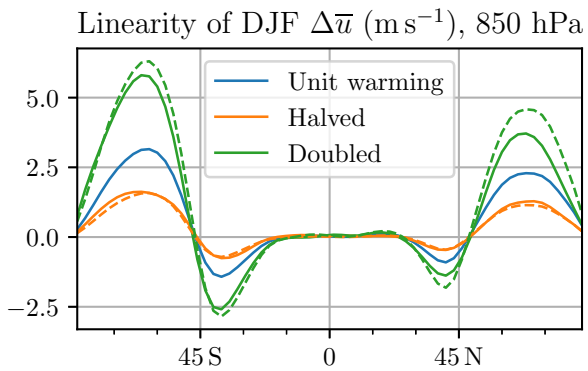
988 FIG. 2. Equilibrium zonally-averaged temperature and zonal wind responses to surface darkening and strato-
 989 spheric warming in MiMA integrations with zonally asymmetric lower boundary conditions. Shading indicates
 990 a lack of significance at the 95 % confidence level, controlling for false discovery rate (Wilks 2006). Shown for
 991 reference are the model’s climatological winds (in isotachs of 10 m s^{-1} , with easterly isotachs dashed and the
 992 zero isotach bolded) and temperatures (in isotherms of 20 K, with the 200 K isotherm bolded).



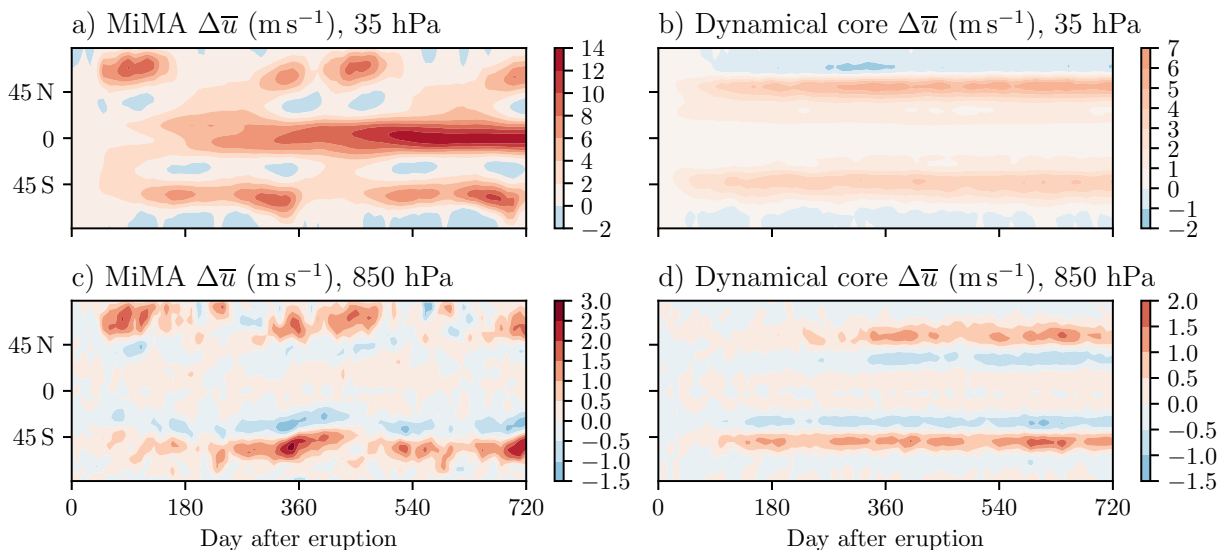
993 FIG. 3. Equilibrium zonally-averaged temperature and zonal wind responses to stratospheric warming in the
 994 simplified models. As further discussed in the text, (a,b) show the balanced response to warming assuming fixed
 995 dynamical heating, (c,d) show the response of MiMA in a flat configuration with no zonal asymmetries at the
 996 surface, (e,f) show the response of the dry dynamical core, also with a flat lower boundary, and (g,h) show the
 997 response of an axisymmetric version of the dynamical core, where the eddy forcing is held fixed and only the
 998 zonally symmetric circulation can evolve. Shading indicates a lack of significance at the 95 % confidence level,
 999 controlling for false discovery rate. Shown for reference are the models' climatological winds (in isotachs of
 1000 10 m s^{-1} , with easterly isotachs dashed and the zero isotach bolded) and temperatures (in isotherms of
 1001 20 K , with the 200 K isotherm bolded).



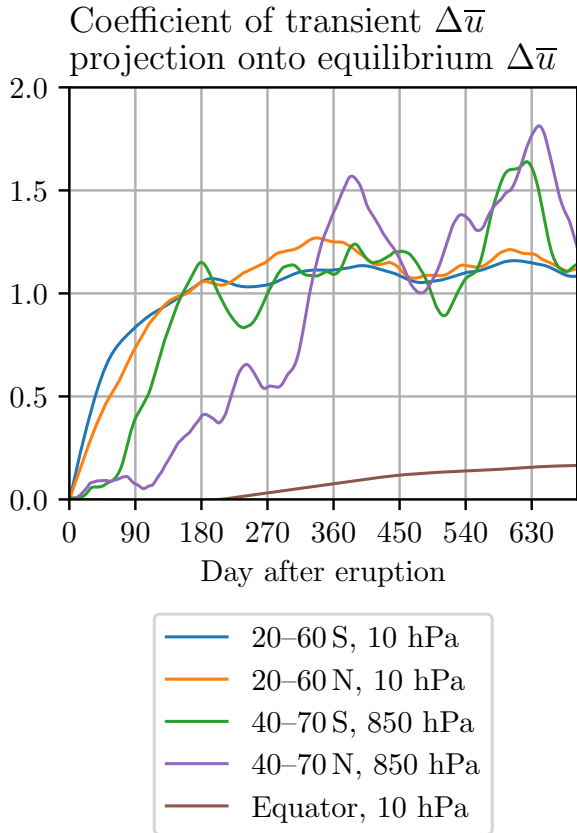
1002 FIG. 4. The overturning circulation response to warming in the (a) axisymmetric and (b) three-dimensional
 1003 dynamical core. The circulation is quantified by the residual mean streamfunction, which is equivalent to the
 1004 Eulerian mean streamfunction in the axisymmetric model, where there is no contribution from eddies by con-
 1005 struction. The models' climatological streamlines are selectively shown in logarithmic spacing for reference
 1006 purposes, with negative streamlines dashed. A quantitative assessment of the overturning circulation in the dry
 1007 dynamical core is provided in Gerber (2012). The logarithmic contour intervals are necessitated by the fact that
 1008 the overturning circulation and its response decay roughly exponentially with height, spanning ~ 3 orders of
 1009 magnitude from the surface to 1 hPa.



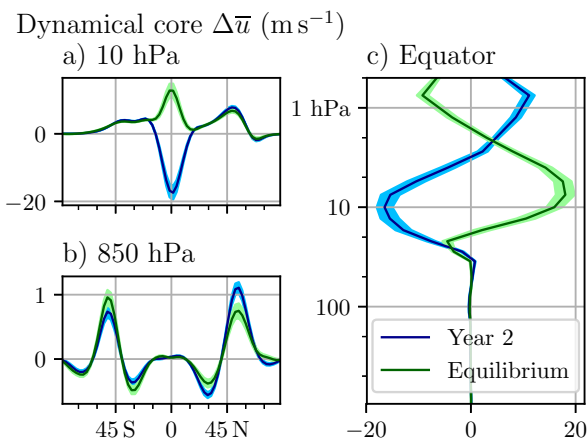
1010 FIG. 5. Equilibrium DJF zonally-averaged zonal wind responses to unit, doubled, and halved warming in
 1011 MiMA integrations with zonal asymmetries. The response at 850 hPa is characteristic of the response throughout
 1012 the troposphere. Dashed lines show $2\times$ and $1/2\times$ multiples of the unit forcing response; an overlap between the
 1013 solid and dashed contours would thus indicate that the response scales linearly with the forcing amplitude.



1014 FIG. 6. Temporal evolution of the zonally-averaged zonal wind response to warming, following a January 1
 1015 abrupt initiation of stratospheric warming in (a,c) MiMA w/ zonal asymmetries and (b,d) the dynamical core
 1016 with a flat boundary. The response is defined as the difference between the ensemble mean of the switch on
 1017 experiments less the mean of control integration, which evolves with the annual cycle in the case of MiMA. The
 1018 levels 35 (850) hPa are characteristic of the response of the stratospheric (tropospheric) winds. Pairs (a,b) and
 1019 (c,d) each share a color scale, but a finer contour interval was used to show additional detail in the dynamical
 1020 core integrations where the response was weaker.

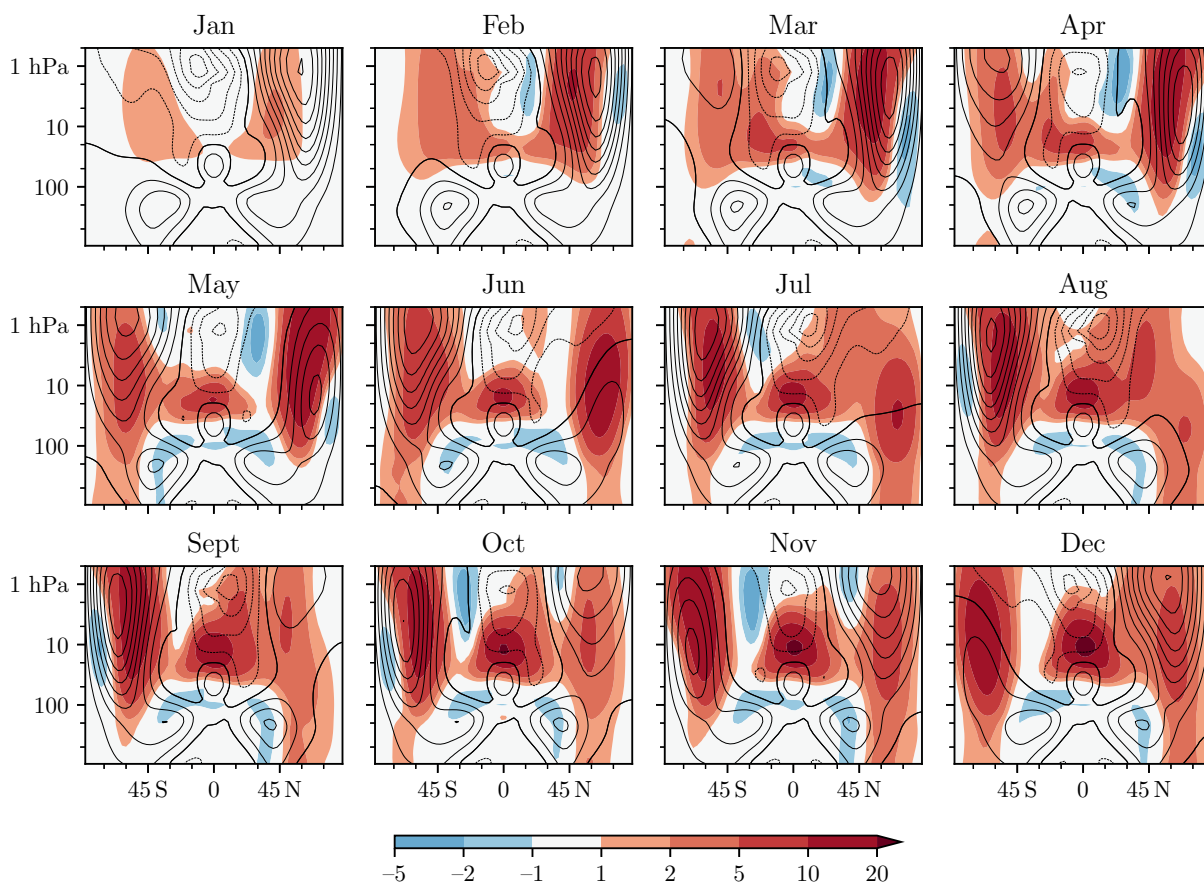


1021 FIG. 7. The response of the zonal wind relative to the equilibrium (time mean) response, as a function of time,
 1022 in the switch on stratospheric warming experiments with the dynamical core, computed over specific regions
 1023 as indicated in the legend. The relative response is determined by the coefficient of projection of the ensemble
 1024 mean zonally-averaged zonal wind response, projected onto the equilibrium response and averaged over the
 1025 specified regions; a value of 1 indicates the ensemble mean response of the switch on integrations has reached
 1026 the equilibrium value at this level and latitudinal range. Projections are smoothed using a 30-day low-pass
 1027 Butterworth filter and corrected for group delay to reduce the influence of natural variability.

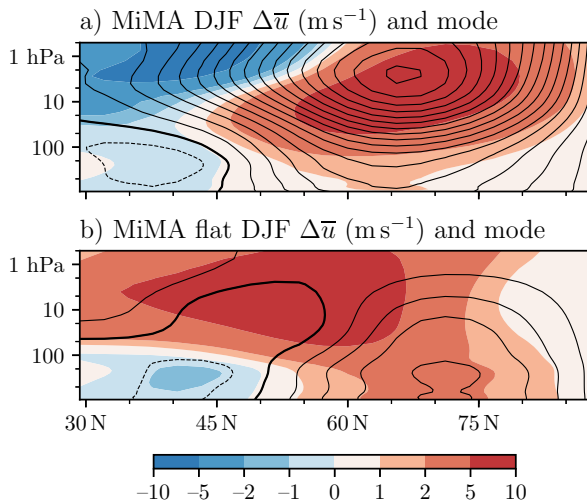


1028 FIG. 8. Comparison of the equilibrium and second year (ensemble mean) response of the zonally-averaged
 1029 zonal wind to warming in the three-dimensional dynamical core. The equilibrium response is the difference be-
 1030 tween means of 100 year steady integrations (stratospheric heating minus the control), while the year 2 response
 1031 is based on the ensemble mean of the second year in 100 switch on experiments, less the control. Shaded regions
 1032 indicate 1σ of uncertainty.

MiMA flat $\Delta\bar{u}$ evolution (m s^{-1})



1033 FIG. 9. Monthly evolution of the zonally-averaged zonal wind responses to warming in MiMA with a flat
 1034 lower boundary, following a January 1 abrupt initiation of heating rate anomalies. Shown for reference are the
 1035 model's climatological winds (in isotachs of 10 m s^{-1} , with easterly isotachs dashed and the zero isotach bolded).



1036 FIG. 10. The extratropical zonally-averaged zonal wind responses to warming (shaded) and corresponding
 1037 annular modes for Northern Hemisphere DJF in MiMA (a) with and (b) without zonal asymmetries in the lower
 1038 boundary. The annular modes are contoured in isotachs of 1 m s^{-1} per unit variance, with easterly isotachs
 1039 dashed and the zero isotach bolded. Note that the change in the model's boundary conditions shifts both the
 1040 zonal wind response and the annular mode, particularly in the troposphere, and similarly modifies their vertical
 1041 structure.